

#### Friday & March 12



Remember those board games from childhood?



Wasn't it fun moving your game piece around the game board?



What if you and your child became the game piece and the board LIFE-SIZE??



As St Patrick's Day approaches, enjoy a magical maze, life-size board game filled with elusive magical leprechauns, pots of gold and shamrocks! Bring your wee folks to this special event to learn about Leprechauns and perhaps even catch one of their own in a Leprechaun Trap! Discover GOLD and have fun playing fairy, elfin, pixie and Leprechaun Games while enjoying Lucky Shamrock snacks! Each participant will leave with a smile and a bag full of Leprechaun goodies! \*The average time needed to complete all the activities is approximately. 11/2 hours. If we are not sold out, 'At-the-Door' fee will be \$15.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
127076	2-7	TNC	Mar12	6:00PM-8:00PM	1	F	\$9 in advance/
FAC 12 DVO							\$15 at the door (if available)
125776				5:00PM-7:00PM	1		\$ 9in advance/
1300-mil 6							\$15 at the door (if available)

Teen Center in Central Park, 39770 Paseo Padre Parkway (off Sailway Drive) Info: (510) 494-4349 (Register @ www.regerec.com, barcode #111390)



# Fishing in the City Ages 3-15 For more information, call (510) 790-5541

Back by popular demand! Once again the City of Fremont and the California Department of Fish and Game, in conjunction with the Environment Services Department and the Dawn Breakers Lions Club, will be offering 'Fishing in the City'. This program teaches children the fundamentals of fishing and allows them to practice their skills catching fish in a netted stocked area. Participants receive a starter tackle box to keep as a reminder of the day and as an inspiration to return on another day. This event is FREE, but you do need to preregister. Space is limited to the first 150 registrants, so sign up early! Children under 8 must be accompanied by an adult.

AGE LOC **DATES** 8:00AM-12:00PM 131940 3-15 CPVSC



#### Western Swing Dance Party Ages 21 & up

#### For more information, call (510) 494-4322

Beat the Income Tax Blues at the Western Swing Dance Night. Come out and enjoy a night of great music by the Sandbar Band. Cost of admission includes a special buffet dinner prepared by our own Vivien Buhain, instructor of many of our great culinary classes and graduate of the California Culinary Academy. Registration fee includes dance night favor, food and music. Fee is per person.

BAR AGE LOC DATES TIME DAY FEE 132726 21 & up NVMH 7:00PM-11:00PM 1 \$29

#### Wizard of Oz Performance

#### For more information, call (510) 494-4322

Come watch the Children's Repertory Theatre perform an adaptation of 'Wizard of Oz'. Doors open 1/2 hour before show time. Snacks are available for purchase. These shows are for all ages. Performances: Friday, May 14, 7:00 p.m. and Saturday, May 15, 7:00 p.m. Group tickets available for groups of 10 or more.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
129169	5 & up	NVMH	May14	7:00PM-9:00PM	1	F	Schmidt	\$15
129170	5 & up	NVMH	May15	7:00PM-9:00PM	1	Sa	Schmidt	\$15

#### **Summer's Coming 6th Grade Dance Party**

#### For more information, call (510) 494-4344

This End-of-School Dance Party is for graduating 6th graders. Get your tickets in advance online-we may sell out like last time! First 50 participants get a FREE cotton candy or popcorn. There is lots to do besides dance! DJs spinnin' discs- Goofy Competitions-Dance contests-Movies-Snacks/drinks for \$1 or less-Ping Pong-Billiards (pool)-Air Hockey-Foosball -Photo booth-Win Prizes! School dress codes must be followed. 'At Door' tickets, if we have not sold out, will be \$12 and available when the door opens at 6:30 p.m. Friday, May 21. This event is for current 6th graders ONLY! Your parent will need to sign in as proof you are in 6th grade and live in or attend a school in Fremont. Advance tickets are \$10 and are available until 4:45 p.m. Thursday, May 20.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
127978	6th graders only	TNC	May21	7:00PM-9:30PM	1	F	\$10

#### **NEW Location**

#### Goofy Games and Twilight Egg Hunt at Ardenwood Farm 3rd & 4th and 5th & 6th graders only

#### For more information, call (510) 494-4344

GET READY FOR MESSY FUN! Whipped cream relays, upside down egg toss contests and rubber chicken races are just a few of the activities happening on a school holiday! We'll end the event with an outdoor egg hunt and door prize drawing. Get your tickets in advance-we may sell out like last time! If we have not sold out. 'At-the-Door' tickets will be



\$15 and available ½ hour before start time at Ardenwood Farm. (Advance ticket price is only good until 4:30 pm at the main office or on-line until midnight, Thursday, April 1. (If it rains, activities will be held at the Teen Center at Central Park).

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
129099	3rd & 4th graders only	AHF	Apr2	4:00PM-6:00PM	1	F	\$9 in advance/
							\$15 at the door
							(if available)
129098	5th & 6th graders only	AHF	Apr2	6:30PM-8:30PM	1	F	\$9 in advance/
							\$15 at the door
							(if available)

#### **Table of Contents**

#### **TOTS** (1½-5 Years)

YOUTH (6-12 Years)		
Gymnastics 27	Rock Climbing 23	Visual Arts 42,43
Enrichment 4,5,7,39,40	Music/Theatre 19,20,21	Tiny Tots 39
Dance 14,39	Magic 18	Tennis 30
Cooking 13,39	Ice Skating 28	Swim Lessons 32-35
Camps 11,12	Horsemanship 17	Sports 24,25,28,41

Camps 6,10,11,12,21	Horsemanship 17	Rock Climbing 23
Cooking	Ice Skating 28	Sports 24,25,28,29
Enrichment 4,5,7	Martial Arts 16	Swim Lessons 34,35
Fencing 16	Magic 18	Tennis 30,31
Golf 26	Music/Theatre 19,20,21	Visual Arts 42,43
Gymnastics 27	Photography 43	

#### **TEENS (13-17 Years)**

Camps 6,10,11,12	Golf 26	Photography 44
Cooking 13,14	Horsemanship 17	Rock Climbing 23
CP4U 8,9	Ice Skating 28	Sports 24-27,29
Dance 14,15	Martial Arts 18	Swim Lessons 35
Enrichment 5-9,36-38	Music/Theatre/	Tennis 30,31
Fencing 16	Voice 19,20,21,22	Visual Arts 42,43

#### **ADULTS**

Dance	Gymnastics	Special Interests
Fencing	Music/ Theatre 17-22	Tennis 30,31 Visual Arts 42,43,44

#### **GENERAL**

Try-It Pass 46	Council and Commission . 46	Locations 45
Facility Rentals 46	Financial Assistance 47	Registration Information 47



**FREE** kites to first 2500 kids! **Interactive Games Live Stage Performances** 

American Swim Academy presents the City of Fremont's

# Kids 'n Kites a **FESTIVA**

Saturday, May 15, 2010 10 a.m.-3 p.m.

Central Park (the meadow between Lake Elizabeth and Aqua Adventure)



Center at (510) 790-5541

#### THANK YOU TO OUR TITLE, GOLD, AND SILVER SPONSORS:

Title Sponsor: American Swim Academy; Gold Sponsor: Dale Hardware and The Fremont Automall Silver Sponsors: Walmart



Spring 2010 **Creating Community Through** People, Parks & Programs

> For ways to register, see page 47.

For general registration information call (510) 494-4300

The program listings and fees in this publication are subject to change.

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Mary Lou Gardner

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> **Layout and Design** Donaghu Graphic Designs



**Cover Photo** 

Len Cook LensVisions Studio

#### Register online NOW!

www.RegeRec.com Spring 2010 registration information on page 47.

The City of Fremont does not discriminate on the basis of disability. Reasonable auxiliary aids are provided upon request to persons with disabilities to afford equal opportunity to services, programs, and activities.

Inquiries may be forwarded to PO Box 5006, Fremont, CA 94537, (510) 494-4862

#### **Enrichment**

#### Science

#### Tyke Hikes Ages 2-5

#### For more information, call (510) 791-5541

Introduce your tyke to nature on a hike with a Park Ranger around beautiful Lake Elizabeth and Stivers Lagoon! These outings encourage learning while allowing your tyke to play and make new friends. A different location and experience will be explored on each outing...the trees, lake, grass, animals, plants, OH MY! Itineraries will be available at the first class. Bring a snack. Fee is per parent/child pair.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
132882	2-5	CPVSC	May14	10:30AM-12:00PM	1	F	\$15
132883	2-5	CPVSC	Apr16	10:30AM-12:00PM	1	F	\$15
132884	2-5	CPVSC	Jun11	10:30AM-12:00PM	1	F	\$15

#### **Bodyworks! Ages 3-5**

#### For more information, call (510) 791-4318

Discover your body and senses in this series of workshops. Meet Mr. Bones and learn about the major organs and muscles in your body. Learn why some things are safe to touch and others are not. Experiment with magnifying glasses, kaleidoscopes and binoculars. Play with a wave motion model and twirling tubes to learn how sound travels in waves and can be heard in a variety of pitches. Join us on a journey through your nose and taste buds, and learn about primary colors and the rainbow. No class April 23.

 BAR
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 DATES
 TIME
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 FEE

 131629
 3-5
 CCC
 Apr16-May28
 1:00PM-1:45PM
 5
 F
 Mad Science
 \$99



# Earthworks! Ages 3-5 For more information,

# For more information call (510) 791-4318

Discover the earth in this series of workshops. Get up close and personal with worms, and take one home for your garden! Become a Jr. Paleontologist as you go on your own dinosaur dig. Learn about animals and

their habitats. Find out why opposites attract as you learn all about magnets. Play with water as you learn about floating, sinking and density, and experiment with bubbles and different bubble makers.

 BAR
 AGE
 LOC
 DATES
 TIME
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 FEE

 131628
 3-5
 WSCC
 Apr16-May21
 1:00PM-1:45PM
 6
 F
 Mad Science
 \$99

#### **Budding Biologists Ages 3-6**

#### For more information, call (510) 790-5541

If animals fascinate you, this is your class. Earthworms, Ladybugs, Squid, and Hamsters-OH MY! Are lady bugs really bugs? What is a male lady bug called? What color is the squid's blood? Learn the habitat, explore the habits, study different parts and functions of these animals. Take home earthworms and lady bugs. This hands-on class is packed with information and satisfies even the most curious animal-loving kid! All students receive a worksheet with full details of the experiments. \$5 lab fee due at first class.

#### BAR AGE LOC DATES TIME # DAY FEE 131282 3-6 CCC May5-26 1:00PM-2:00PM 4 W \$69

#### It's A Colorful World! Ages 3-6

#### For more information, call (510) 790-5541

Topics: Light, Color Wheel, Sharpie Science, & Kaleidoscopes! These exciting experiment-based classes will increase your child's curiosity about light and colors. Simple scientific concepts are introduced through easy, fun, and stimulating experiments. Children create a color wheel with primary, secondary, and tertiary colors; learn about UV rays and make a bracelet with UV beads; explore Sharpie science and make their own kaleidoscope with beautiful changing patterns. They will explore reflection and refraction, then home their experiments and a worksheet that explains the science behind each experiment. \$5 lab fee due at first class.

 BAR
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 FEE

 131878
 3-6
 CCC
 Apr7-28
 1:00PM-2:00PM
 4
 W
 \$69

#### Crazy Chemworks Course Ages 6-12

#### For more information, call (510) 791-4318

Hop on board the 'Chemistry Express' for this high speed series of classes to explore and learn about what happens in the lab. Snap on some safety goggles to study split second reactions, learn about glow-in-the-dark technology and spend an 'adhesive' hour learning about things that cling. Discover amazing things that glow in the dark; participate in the slime Olympics; freeze water in seconds and slide down the colorful pH scale! This whirlwind series will take your breath away!

 BAR
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 131630
 6-12
 LCCC
 Apr14-Jun2
 3:30PM-4:30PM
 8
 W Mad Science
 \$139

#### Energy, Forces, & Flight Ages 6-12

#### For more information, call (510) 791-4318

Hold on to your hats, because Mad Science is back! Take a tour on the electron freeway, as we study 'current' events. Grow your very own crystal garden as we eliminate the mystery in Che-Mystery. Learn about the incredible 'Fun'-damental Forces as we study gravity, inertia and centripetal force, and then discover what shapes make the world's strongest buildings. Explore aerodynamics and the properties of air, and make your very own loop-flying stunt plane.

 BAR
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 LOC
 DATES
 TIME
 # DAY
 INST
 FEE

 131626
 6-12
 WSCC
 Apr13-Jun1
 3:30PM-4:30PM
 8
 Tu
 Mad Science
 \$139



#### **Enrichment** – cont'd

#### After School Care and Homework Grades K-6th

#### For more information, call (510) 791-4318

Worried that your child is not getting enough academic support in after school care? Here is your solution! SchoolReady Learning's enthusiastic and experienced staff provide students quality care and homework support. This unique program's low student/tutor ratio provides personal academic attention, well-structured daily curriculum, and exciting fun activities at the Warm Springs Community Center. Free pick up from James Leitch Elementary School and Warm Springs Elementary School (Early days are included and special pick-up arrangement for after school activities is available)! \$120 supply fee due at the first class of each session. This program does not meet on school holidays.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
128828	Grades K-6th	WSCC	Apr22-May19	3:00PM-6:00PM	20	Th-F,M-Th	\$229
128829	Grades K-6th	WSCC	May20-Jun17	3:00PM-6:00PM	20	Th-F,M-Th	\$229

#### Homework Club Ages 5-12

#### For more information, call (510) 494-4371

Is your student struggling to find time to finish their homework? Help your student stay ahead of the curve. The Homework Club (HC) is offered at Forest Park and Ardenwood Elementary schools. It provides a structured environment for students to study and finish their homework. HC is staffed with City of Fremont Recreation Staff (College Students and Graduates). Students who finish their homework early play indoor and outdoor structured education based games. A daily snack is provided. \$15 material fee due at the first class. Note: At Forest Park Elementary School, the program is in Room 304. This program does not meet on school holidays.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE	
132176	5-12	<b>FPES</b>	Apr13-May6	3:00PM-6:00PM	8	Tu,Th	\$79	
132178	5-12	AES	Apr13-May6	3:00PM-6:00PM	8	Tu,Th	\$79	
132177	5-12	<b>FPES</b>	May11-Jun3	3:00PM-6:00PM	8	Tu,Th	\$79	
132180	5-12	AES	May11-Jun3	3:00PM-6:00PM	8	Tu,Th	\$79	

#### Board Games 4 Brains! Ages 5-13

# For more information, call (510) 791-4318

Boys and girls experience the fun of Board Games 4
Brains! Get back to the basics with fun classic games. Learn how to play Mancala, Backgammon, Checkers, Chess (basics), Connect 4 and More! Just bring yourself and a smile! No supplies or experience required.

rience	rience required.										
BAR	AGE	LOC	DATES	TIME	#	DAY	FEE				
132283	5-13	WSCC	Apr16	5:00PM-8:00PM	1	F	\$28				
132284	5-13	WSCC	May14	5:00PM-8:00PM	1	F	\$28				



### Chess Fun! Ages 5-13

#### For more information, call (510) 791-4318

Come and enjoy the fun with US Chess Mates! Learn new tactics, tricks, and traps! Expand their options and style - play Bughouse, Sacrifice City, and Tournament Games. Come join the chess community! All supplies are provided.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
132280	5-13	WSCC	Apr30	5:00PM-8:00PM	1	F	\$29
132281	5-13	WSCC	May28	5:00PM-8:00PM	1	F	\$29

#### Chess Ages 5-13

#### For more information, call (510) 791-4318

New Location Added! Chess teaches critical and abstract thinking, planning, logic and patience. This class is suited for all levels, from beginner to advanced. Each class will include 25 minutes of instruction and 25 minutes of tournament games. Learn the game of chess and develop life skills that will help you now and in the future. All supplies are provided. No class April 7 and 9.

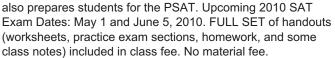
BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
132277	5-13	CPVSC	May12-Jun9	4:15PM-5:15PM	5	W	\$69
132276	5-13	LCCC	May21-Jun18	3:45PM-4:45PM	5	F	\$69

# 45

# SAT Preparation-Critical Reading and Writing Ages 13 & up

# For more information, call (510) 791-4318

Tips + practice + personalized feedback = a higher score on one of the most important exams of a student's life. Students will learn the basic concepts of and strategies for the Critical Reading & Writing sections. Each session includes practice exam sections graded with personalized feedback from the instructor. This class



BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132044	13 & up	WSCC	Apr7-28	3:45PM-5:45PM	4	W	Wang	\$109
132043	13 & up	WSCC	May1-22	10:00AM-12:00PM	4	Sa	Wang	\$109



#### SAT Preparation-Math Ages 13 & up For more information, call (510) 791-4318

An in-depth review of all 4 math topics covered by the SAT. This class can also help students review/re-learn all the important math topics that should be mastered for future math classes. Sample problems—both multiple choice and grid-ins—will be demonstrated in class. Practice exam sections will be given and graded in class—and personalized feedback will be given to the students. This class also prepares students for the PSAT. Upcoming 2010 SAT Exam Dates: March 13, May 1 and June 5, 2010. FULL SET of handouts (worksheets, mini-practice exam, homework, and some class notes) included in class fee. No material fee.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132045	13 & up	WSCC	Apr3-24	10:00AM-12:00PM	4	Sa	Wang	\$109
132127	13 & up	WSCC	May12-Jun2	3:45PM-5:45PM	4	W	Wang	\$109
132046	13 & up	WSCC	May29-Jun19	10:00AM-12:00PM	4	Sa	Wang	\$109

#### Enrichment - cont'd



#### ESL Part I 12 & up

For more information, call (510) 791-4318



Excel your English skills in this new, exciting course! Topics covered include basic reading comprehension and speed reading techniques, academic writing, basic grammar, and oral

skills development. Students in the course will take home valuable English skills that can be immediately applied in the school, at the office, or in your home. There's no entry or exit exam, so everyone can join in and study without stress or worry. Enroll today and see what you've been missing out on!

 BAR
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 134977
 12 & up
 WSCC
 Apr12-May12
 9:00AM-10:00AM
 10
 M,W
 Taguchi
 \$109



#### ESL Part II Ages 12 & up

For more information, call (510) 791-4318

Ready to boost up your English skills to the next level? This course picks up where ESL Part 1 left off. Students will learn more sophisticated writing skills including preparing for timed writing exams; increased knowledge of grammar; more refined reading techniques that include vocabulary acquisition and speed reading techniques, and a more diverse array of conversational patterns that will enable you to deal with multiple scenarios without problems. ESL Part 2 builds on the materials studied in ESL Part 1 and is designed for students with a strong understanding of Basic English skills, but you do not need to finish ESL Part 1 to attend this course. In fact, there are no entry or exit exams, so feel free to join in! Power up your English skills today

 BAR
 AGE
 LOC
 DATES
 TIME
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 DAY
 INST
 FEE

 134978
 12 & up
 WSCC
 Apr12-May12
 10:30AM-12:30PM
 10
 M,W
 Taguchi
 \$109

#### **Spring Break Enrichment Camps**

Small class, detailed feedback, and professional coaches! For registration information, call (510) 494-4371.

For curriculum information, go to www.communicationacademy.com or call (408) 777-8876.



#### **Junior Rangers Ages 6-10**

For more information, call (510) 790-5541

Back by popular demand...and NEW this Spring & Summer! Instructed and designed by our very own 'Ranger Sandy', students will participate in a variety of hands on activities developed to encourage environmental appreciation and safety during any outdoor experience. This camp will highlight the three themed Junior Ranger Summer Camps-1) Where the Wild Things Are, 2) ECO Rangers, 3) Nature, Natives, & Nifty Sciences. Curriculum is based on the California State Education Standards, with an emphasis on natural science, local history, ecology, bio-diversity, and general outdoor concepts. A must for young, inquiring minds! Campers may also be registered for Central Park Extended Care from 8-9 a.m. and/or 3-6 p.m. for longer day options. Bring a lunch.

 BAR
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 FEE

 128833
 6-10
 CPVSC
 Apr5-9
 9:00AM-3:00PM
 5
 M-F
 Ranger Sandy
 \$159

# Creative Writing: Writing for Publication Ages 8-9 & 10-11

Let the world see your creativity! In Writing for Publication, students focus on the revision, editing, and publication process. Students discover their own creative voice, learn the importance of revision, gain valuable editing skills that apply to both creative and academic writing, and submit final work to online publications. This creative encounter with writing helps students develop a positive relationship with language arts. Watch your student's love of writing blossom! Students must have a story or poem already written to enroll. \$25 material fee due at first class.

 BAR
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 LOC
 DATES
 TIME
 # DAY
 INST
 FEE

 132204
 8-9
 WSCC
 Apr5-9
 9:30AM-12:00PM
 5 M-F
 CA
 \$295

 132205
 10-11
 WSCC
 Apr5-9
 9:30AM-12:00PM
 5 M-F
 CA
 \$295

# Public Speaking Camp for Youth Ages 8-9 and 10-11

What is crucial to success in school and personal life? Good communication! Communication Academy has taken the curriculum for its Public Speaking Class and put it in a one week camp format. Impromptu Speech teaches student to organize and deliver a speech with



little preparation time. It emphasizes the use of gestures, emotion, facial expression, and body language in addition to the basic public speaking skills. \$15 material fee due at first class. Sign up for the combo Creative Writing & Public Speaking Camp (below) for a discount and free supervised care during the lunch hour.

 BAR
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 LOC
 DATES
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 FEE

 130426
 8-9
 WSCC
 Apr5-9
 1:00PM-3:00PM
 5
 M-F
 CA
 \$235

 130427
 10-11
 WSCC
 Apr5-9
 1:00PM-3:00PM
 5
 M-F
 CA
 \$235

# Creative Writing & Public Speaking Full Day Camp Ages 8-9 & 10-11

Enroll for a full day of learning! Our full day camp combines the two 1/2 day camps listed above. Practice writing skills in the morning, and increase confidence through public speaking in the afternoon. It's a fun and exciting way to spend the day while increasing your confidence and self-esteem. Enroll in the full day camp and save \$55. Free supervised care during the lunch hour-bring a lunch. \$35 (\$5 savings) material fee is due at first class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132201	8-9	WSCC	Apr5-9	9:30AM-3:00PM	5	M-F	CA	\$475
132202	10-11	WSCC	Apr5-9	9:30AM-3:00PM	5	M-F	CA	\$475

#### **Communication Academy**

Small Classes, detailed feedback, and professional coaches!

For curriculum information, go to www.communicationacademy.com or call (408) 777-8876.

For registration information, call (510) 494-4371. No class May 29

# Parents—want to learn more about what Communication Academy offers to your children? Come to the Free Open House!

Hear about our innovative curriculum. Participate in sample activities from our public speaking, debate, reading, and writing courses. Meet our professional instructors. All questions welcome! Parents and students are invited to join us for an hour of fun and learning!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
Open Ho	use for	Spring Clas	nps					
132018	5-17	CCC	Mar27	4:00PM-5:00PM	1	Sa	CA	FREE
132019	5-17	CPVSC	Apr3	4:00PM-5:00PM	1	Sa	CA	FREE
Open Ho	use for	Summer CI	asses & C	amps				
132020	5-17	CPVSC	Apr24	4:00PM-5:00PM	1	Sa	CA	FREE
132021	5-17	CPVSC	May22	4:00PM-5:00PM	1	Sa	CA	FREE

#### Pre-Public Speaking Ages 5-6 & 7-8

Apr17-Jun12

Apr17-Jun12

successful public speaker? Confidence is the key!
Spring 2010: The Confident Communication module emphasizes skills critical to communicating effectively with others.

Want your child to be an effective class participant and

Students learn how to think about and connect to their audience, engage their audience with effective and clear speech, utilize nonverbal communication, and overcome speaking anxiety. At the end of the course, students highlight their skills in a final group performance. \$15 material fee due at first class.

INST BAR AGE LOC DATES DAY 5-6 Apr14-Jun2 4:00PM-5:00PM 132189 TNC W CA \$195 132190 TNC 5:15PM-6:15PM W CA \$195 7-8 Apr14-Jun2

#### Public Speaking Ages 9-11 and 11-14

1:00PM-2:00PM

2:15PM-3:15PM

What is crucial to success in school and personal life? Good communication!



132191 5-6

132192

CCC

CCC

Spring 2010: Many of us are asked to give impromptu speeches at school, work or social engagements. The Impromptu Speech module teaches skills critical to speaking effectively on the spot. Students learn how to manage public speaking anxiety, analyze their audience quickly, organize ideas quickly and clearly, present themselves with confi-

CA

Sa

\$195

\$195

dence, deliver their speech effectively and use engaging nonverbal communication. Final speeches will be recorded on DVD. \$25 material fee due at first class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132199	9-11	TNC	Apr16-Jun4	4:00PM-5:00PM	8	F	CA	\$195
132200	11-14	TNC	Apr16-Jun4	5:15PM-6:15PM	8	F	CA	\$195

#### Academic Writing and STAR Prep Ages 7, 8-9 & 10-11

Tackle the STAR test with confidence! The Response to Literature module is designed to prepare students for the STAR test by strengthening their writing skills. It instructs students how to write clear and effective responses to readings by focusing on six skills: organization, voice, content, clarity, sentence fluency, and grammar/mechanics. The curriculum features directed writing strategies, examples from past STAR tests, and a strong grammar component. \$25 material fee due at first class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132208	7 yr old only	CPVSC	Apr13-Jun1	5:15PM-6:15PM	8	Tu	CA	\$195
132206	8-9	CCC	Apr17-Jun12	3:30PM-4:30PM	8	Sa	CA	\$195
132207	10-11	CCC	Apr17-Jun12	4:45PM-5:45PM	8	Sa	CA	\$195

#### Pre-Algebra Ages 10-12

Our ongoing Pre-Algebra Series offers challenging enrichment for students looking to get ahead in school, preview pre-algebra, or improve grades in math. Students get intensive practice with the fundamentals of pre-algebra and develop a solid foundation for future math success. Topics may include variables, integers/expressions, order of operations, exponents, factorization, and ratios. Students exercise critical thinking skills by analyzing word problems. Different topics covered each session. Courses can be taken in any order. \$15 material fee (includes textbook) due at first class.

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#### Math Olympiads Ages 9-11

Succeed in the Math Olympiads Contest and boost your math grades! Featuring problems from previous competitions, our ongoing Math Olympiads Series is designed to strengthen math intuition and master strategies in creative problem solving. Topics may include sequences, series, principles of divisibility, geometric configurations, and logic. Students discover the fun of math and the chance to shine in challenging competitions. Different topics covered each session. Courses can be taken in any order. \$25 material fee due at first class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132209	9-11	CCC	Apr17-Jun12	1:00PM-2:30PM	8	Sa	CA	\$295

# COLLEGE PREP 4U!

This spring, the City of Fremont is launching College Prep 4U!, A program designed to get you ready for the college experience—whether you are going to live your life away from home or go to a school nearby. Find out what to expect and be ready to change what you think you know about life after high school.

College Prep 4U is a certificate program whereby you earn credit for school activities, extra curricular activities, your job, community services and a variety of classes designed specifically to prepare you for what lies ahead. There are six learning components to be fulfilled:



Look for the small graduation cap. These City activities are eligible for CP4U credit.

#### AREA A—APPLYING STEP BY STEP

College Application Job Applications and job Skills Financial Aid Application Scholarships

# Area B—Thriving in the Real World

Life Away from Home Time Management/Organization What Else College Offers

#### AREA C-PROTECTING YOUR MIND

Stress Management/Burn Out; Self treatment; Sleep

#### AREA D—HEALTH AND YOU

Eating/Nutrition; Fitness, Cooking

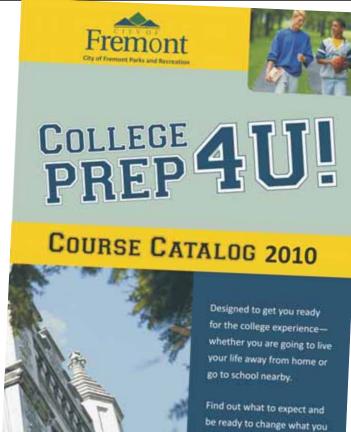
#### ► AREA E—GAINING RESPECT IN COLLEGE

Emails and Internet College and Professors Professional Communication

# AREA F—ESSENTIALS OF SOCIAL INTERACTION

Social Life and Recreation
Dealing with Alcohol, Tobacco or Other Drugs (ATOD)

SEMINAR FORMAT: Part I of the seminar can be signed up for separately or combined with Part II. Part I involves a lecture/discussion presentation style, whereas Part II goes more in depth to the subject matter and involves specific followup projects—writing sample applications, problem solving, practice sessions and much more. There will be handouts for each workshop to help you in the future.



#### INSTRUCTORS

thought you knew about life

after high school!

www.RegeRec.com

**SARAH HENRY** is a recent graduate of Boston University, cum laude in Biology and Psychology and currently works at Stanford University's School of Medicine.

NYSSA BACA is a Fremont native and is a recent graduate of the University of Arizona's School of Journalism. She also served as the Director of Programming at her residence hall and is currently a tutor for elementary and high school students.

VANESSA TORRES is a recent college graduate from Cal State East Bay with a B.S. in Health Sciences, a minor in Psychology and an emphasis in Community Education. She is a Certified Nurse's Assistant and has served as a Peer Advocate in CSUEB's Wellness program.

For complete details, visit www.fremont.gov/teens. For a catalog, email rdein@fremont.gov or call (510) 494-4344.

#### JOB SEARCH AND INTERVIEWING SKILLS SEMINAR

So if a soon-to-be college student wants some extra spending money, chances are that Mom and Dad won't always give it to you. This is where a job comes in! In Part I, seminar students will learn how to fill out job applications and how to showcase themselves in an interview. Internships and other volunteer opportunities will also be shared. Part II will include a mock interview practice session. Instructor: Nyssa Baca (This helps fulfill the Area A requirement for College Prep 4U).

	BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
Part I	132391	13-17	CPVSC	Apr17	1:00PM-2:30PM	1	Sa	Baca	\$19
Part II	132392	13-17	CPVSC	Apr17	2:40PM-3:50PM	1	Su	Baca	\$12

#### College Beginnings Seminar

In Part I, the application process for college, financial aid, grants, and scholarships is reviewed There will be some activities to help students gain a better understanding of how to do these tasks in Part II. Instructor: Sarah Henry (This helps fulfill the Area A requirement for College Prep 4U).

	BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
Part I	132388	13-17	CPVSC	April 25	1:00PM-2:30PM	1	Su	Henry	\$19
Part II	132389	13-17	CPVSC	April 25	2:40PM-3:50PM	1	Su	Henry	\$12



# HOME ALONE IN YOUR DORM SEMINAR

The question to ask is 'Do you have what it takes to live on your own?' Many think it's a simple transition. This class will illustrate the many decisions you now need to make and will cover the basics of living alone or with roommates—such as creating a healthy home and proper budgeting and banking skills. In Part II, students gain a better understanding of how to do these tasks through some specific activities. Instructor: Nyssa Baca (This helps fulfill the Area B requirement for College Prep 4U).

	BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
Part I	134128	13-17	CPVSC	May1	1:00PM-2:30PM	1	Sa	Baca	\$19
Part II	134129	13-17	CPVSC	May1	2:40PM-3:50PM	1	Sa	Raca	\$12

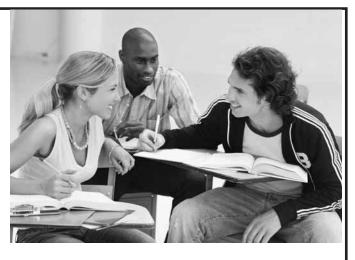




#### ORGANIZING YOUR TIME AND COLLEGE LIFE SEMINAR

Part I shows students how to balance a wildly busy life. Whether it's using a planner or getting cell phone updates, this class is designed to help students discover what works for them. Part II will go more in depth with prioritizing skills involving time and organization of schedules and your physical 'stuff' as well. Instructor: Vanessa Torres (This helps fulfill the Area A requirement for College Prep 4U).

	BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
Part I	132395	13-17	CPVSC	May8	1:00PM-2:30PM	1	Sa	Torres	\$19
Part II	132396	13-17	CPVSC	May8	2:40PM-3:50PM	1	Sa	Torres	\$12





#### VERBAL AND ELECTRONIC COMMUNICATION SEMINAR

Many students are unaware of how offensive it can be for some professors to receive an e-mail that is not written with proper grammar or punctuation. They may also believe that they are explaining something clearly when really they are not getting their point across. Part I reviews these skills and teaches students respectful, effective communication skills. Part II will include a practice writing session getting your point across to professors and fellow students. Instructor: Nyssa Baca (This helps fulfill the Area E requirement for College Prep 4U).

	BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
Part I	132397	13-17	CPVSC	May15	1:00PM-2:30PM	1	Sa	Baca	\$19
Part II	132398	13-17	CPVSC	May15	2:40PM-3:50PM	1	Sa	Baca	\$12

#### COLLEGE INSIDER INFO SEMINAR

College might be new to you but there is much more to it than classes. Things like college freebies. The differences between high school and college, and Greek life will be highlighted in Part I. Part II will cover specific colleges and their special focuses and popular majors. Instructor: Nyssa Baca (This helps fulfill the Area B and F requirements for College Prep 4U).

	BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
Part I	132393	13-17	CPVSC	May22	1:00PM-2:30PM	1	Sa	Baca	\$19
Part II	132394	13-17	CPVSC	May22	2:40PM-3:50PM	1	Sa	Baca	\$12



# GETTING THE MOST OUT OF EAST COAST COLLEGES

Considering College on the East Coast? Not sure how to prepare for the weather change? Overwhelmed by the logistics of moving? Wondering if it's affordable? Get the insiders scoop on what to expect, how to prepare for the culture shock, and how to be successful in college while living so far away from home. Come find out what it's really like to attend college across the country. A Fremont native shares her experiences of going to school in Boston for 4 years. The instructor's mother will be available during part II for parents join the group and ask any questions they may have. Instructor Sarah Henry (This helps fulfill the Area B requirement for College Prep 4U).

	BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
Part I	133781	13-17	CPVSC	June6	1:00PM-2:30PM	1	Su	Henry	\$19
Part II	133782	13-17	CPVSC	June6	2:40PM-3:50PM	1	Su	Henry	\$12

#### **Spring Break Camps**

#### **North Fremont**

#### Daring and Dangerous Kids!-Spring Ages 7-11

#### For more information, call (510) 791-4196

Kids, you have read the fun-filled books-now, come join us and try out some exciting activities of your own. Oh, the adventures we will have and the places we will go! This unique camp is at a very special place: the turn-of-the-last-century Patterson House in Ardenwood Historic Farm. There will be indoor and outdoor fun, games, and skill building all around the farm. Campers will keep track of all their accomplishments in a personal journal. Make a lemon-powered clock and a secret code using the Navajo Code talker's language. Learn how to tie knots as well as basic navigation and map making skills. Find out about the United States Constitution, the seven wonders of the ancient world, and famous inventors. Wow, what a week! Bring your lunch.

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#### **Central Fremont**

#### Sewing & Stitchery Camp Ages 8-14

For more information, call (510) 494-4322

We will be learning basic hand sewing and stitchery skills, creating sock puppets, quilting samples, counted cross stitch projects (X shaped stitches to form images) AND MORE! Boys and girls , join the fun and bring some socks! \$6 material fee due at first class.

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#### **Central Park**



Summer Camp Sampler Ages 6-12 For more information, call (510) 790-5520





A well-balanced diet of camp activities = a well-balanced child! No veging out on the couch during Spring Break! For the first time, we have put together generous servings of our award-winning summer camp cut into bite-size pieces to be sampled by your child. This over-flowing menu of appetizing activities guarantees you will make healthy choices for your child so they can have a happy and fruitful summer! Campers may also be registered for Central Park Extended Care from 8-9 a.m. and/or 3-6 p.m. for longer day options. Bring a lunch.

9:00AM-3:00PM

#### **Shinn Historical Park**

# Young Artists Go Around the World Camp Ages 6-10

#### For more information, call (510) 494-4322

Join us for a trip around the world with Young Artists. Geography, history, and current events all contribute to the development of a culture and their art. These classes provide a colorful background for understanding our world's multicultural societies. Students will enjoy various projects focusing on different parts of the world. Instructor Alison Kieft is an In-School Art Appreciation teacher during the school year. Combine with 'Shinn Mid-day/Extended Care' and 'Dreams and Fairytales' for longer day options.

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#### **Shinn Mid-Day/Extended Care Ages 6-10**

#### For more information, call (510) 494-4322

This lunch time and extended care is for parents who need care for their children between and after the camps at Shinn. Caring and qualified staff will provide supervision and activities. If signing up for the Mid-Day, bring a lunch.

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#### **Dreams & Fairytales Camp Ages 6-13**

#### For more information, call (510) 494-4322

We will celebrate all things colorful as we decorate, decoupage, design and delight! In this camp, we'll make jewelry boxes and the jewels to go in them; create fairy sculptures and magic wands! Learn about fairytales from around the world and create artwork based on the stories including an origami object. Join us for fantasy and adventure. Combine with 'Shinn Mid-day/Extended Care', and 'Young Rembrandts Go Around the World' for longer day options. Bring water and a snack.

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#### **Junior Rangers Ages 6-10**

#### For more information, call (510) 790-5541

Back by popular demand...and NEW this Spring & Summer! Instructed and designed by our very own 'Ranger Sandy', students will participate in a variety of hands on activities developed to encourage environmental appreciation and safety during any outdoor experience. This camp will highlight the three themed Junior Ranger Summer Camps: 1) Where the Wild Things Are, 2) ECO Rangers, 3) Nature, Natives, & Nifty Sciences. Curriculum is based on the California State Education Standards, with an emphasis on natural science, local history, ecology, bio-diversity, and general outdoor concepts. A must for young, inquiring minds! Campers may also be registered for Central Park Extended Care from 8-9 a.m. and/or 3-6 p.m. for longer day options. Bring a lunch.

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#### Spring Break Camps (cont'd)



#### Iron Chef Camp Ages 9-13

#### For more information, call (510) 494-4322

Campers will use their creative talents to create cooking projects. They will learn grilling, baking, knife skills, etc. The week will culminate on Friday with an Iron Chef Cook-off! Dress for messy fun.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132010	9-13	TNC	Apr5-9	1:00PM-4:00PM	5	M-F	Buhain	\$165

#### Multi-Sports Extravaganza Ages 4-7

#### For more information, call (510) 790-5520

Come join us for sports fun! We'll touch on a number of sports and start teaching the fundamentals. Sports may include soccer, t-ball, baseball, softball, football, lacrosse, hockey, basketball, and playground games. Wear tennis shoes and dress for sports.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
129679	4-7	CPSBC	Apr5-9	8:00AM-12:00PM	5	M-F	\$105

#### Half Day Sports Camp Ages 8-12

#### For more information, call (510) 790-5520

We'll play a wide variety of sports including football, soccer, basketball, baseball, softball, lacrosse, street hockey, frisbee golf and more! Dress for play, bring water and a snack.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
129680	8-12	CPSBC	Apr5-9	8:00AM-12:00PM	5	M-F	\$105

#### Tennis Spring Break Full and Half Day Camps Ages 5-13

#### For more information, call (510) 790-5510

Days full of tennis, cross training skills and activities! In addition to fun stuff, there will be drills and games to enhance your child's hand-eye coordination, footwork and balance. Our creative stroke of the day will keep the learning process fun and stimulating while enabling us to accommodate a variety of skill levels. Kids are placed into groups based on age, ability and friendships. Campers must be pre-registered. Fee includes instruction, certificate of completion and camp photograph. Campers should bring a racquet and wear sturdy tennis shoes. Full day campers should bring a lunch. Central Park Extended Care from 8-9 a.m. and/or 3-6 p.m. is available for longer day options (see right column).

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
128991	5-13	TC	Apr5-9	9:00AM-12:00PM	5	M-F	\$135
128988	5-13	TC	Apr5-9	9:00AM-3:00PM	5	M-F	\$199



#### **✓ Junior Golf Camp Ages 7-17**

#### For more information, call (510) 494-4371

With years of experience in Junior Golf Camps, our instructors and assistants provide a fun atmosphere for learning the golf swing fundamentals, sportsmanship, rules and etiquette. By the end of camp, your child will know how to play golf safely and with noticeable improvement. Registration includes NCGA membership for all students into the YOUTH ON COURSE program. Club rentals are available for \$25 per week. Full day campers play the course every day from 1-3 p.m. and should bring lunch. Campers may also be registered for Central Park Extended Care from 8-9 a.m. and/or 3-6 p.m. for longer day options. Bring water and wear sunscreen.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131876	7-17	FPGPC	Apr5-9	9:00AM-12:00PM	5	M-F	Chang	\$299
131877	7-17	FPGPC	Apr5-9	9:00AM-3:00PM	5	M-F	Chang	\$399

#### Central Park Extended Care Ages 5-14

#### For more information, call (510) 790-5520

These early morning/late afternoon extended care options are for parents who need care for their children from 8-9 a.m. and/or 3-6 p.m. Responsible staff will either walk or drive children to/from any City of Fremont camp in Central Park that starts at 9 a.m. or ends at 3 p.m. A variety of activities will be provided.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
129676	5-14	TNC	Apr5-9	8:00AM-9:00AM	5	M-F	\$29
129677	5-14	TNC	Anr5-9	3:00PM-6:00PM	5	M-F	\$65

#### **South Fremont**

#### Cook 'n' Art Camp Ages 6-10

#### For more information, call (510) 494-4322

Calling all young artists and chefs! Use your creative talents to explore art and create cooking projects all in one camp! Each day participants complete a wonderful art project and bring home culinary surprises (unless they eat them at camp, which they probably will!) The week culminates on Friday with an art show and homemade refreshments! Dress for messy fun. Combine with 'Olive Hyde Mid-Day/Extended Care' and Magic Wizard Camp for a longer day. Fee includes all supplies and ingredients.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
128977	6-10	OHAC	Apr5-9	9:00AM-12:00PM	5	M-F	Shultz	\$165

#### Olive Hyde Mid-Day/Extended Care Ages 6-10

#### For more information, call (510) 494-4322

This lunch time and extended care is for parents who need care for their children between and after the camps at Olive Hyde. Caring and qualified staff will provide supervision and activities. If signing up for the Mid-Day, bring a lunch.

BAR	AGE	LOC	<b>DATES</b>	TIME	#	DAY	INST	FEE
129204	6-10	OHAC	Apr5-9	12:00PM-1:30PM	5	M-F	Shultz	FREE
133626	6-10	OHAC	Apr5-9	4:30PM-6:00PM	5	M-F	Shultz	\$35

#### Magic Wizard Camp Ages 6-10

#### For more information, call (510) 494-4322

Get ready for afternoons full of magic! Discover how to make an object appear or disappear and 'how to read a mind'. Magic Camp will teach you the basics! Future magicians will gain skills through an encouraging step-by-step approach. Have fun while learning from a qualified magician who has a credential to teach and a Master of Arts in Theater Arts. Each camper will receive



his/her very own box of tricks, wand and Wizard's Hat to keep after camp is over. Combine with 'Olive Hyde Mid-Day/Extended Care' and 'Cook 'n' Art' Camp' for longer day options. Bring a snack. \$20 lab fee due at first class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
128976	6-10	OHAC	Apr5-9	1:30PM-4:00PM	5	M-F	Wertman	\$135

#### Spring Break Camps (cont'd)



#### Spring Break Rock Climbing Camp Ages 6-15

#### For more information, call (510) 791-4318

Enjoy a week of climbing during Spring Break. Rock climb, play ping-pong, Foose-ball, and billiards with your friends! Kids that spend the full week in camp have the opportunity to become certified climbers in our Rock Club. Bring a lunch or money for lunch at City Beach.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
129576	6-15	CB	Apr5-9	9:00AM-12:30PM	5	M-F	\$189
129577	6-15	CB	Apr5-9	1:00PM-4:30PM	5	M-F	\$189
129578	6-15	CB	Apr5-9	9:00AM-4:30PM	5	M-F	\$315



#### **Spring Break Basketball Elite Clinics** Ages 4-7, 8-10, 11-14 and 14-18

Elite Basketball Clinics are for players of all levels. Clinics will cover all basketball fundamentals and will target areas of improvement. These Elite Clinics are run by the Boys Varsity Head Coach at Mission San Jose High School, Pete Vaz, and staff. They are open to boys and girls.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE	
129180	4-7	IRCC	Apr5-9	8:30AM-10:00AM	5	M-F	\$99	
129181	8-10	IRCC	Apr5-9	10:00AM-12:00PM	5	M-F	\$99	
129182	11-14	IRCC	Apr5-9	12:30PM-2:30PM	5	M-F	\$99	
129183	14-18	IRCC	Apr5-9	2:30PM-4:30PM	5	M-F	\$99	

#### Young Riders I Ages 8-14

For more information, call (510) 791-4318

Young Riders is an introductory course to horsemanship. Topics to be covered include: horse safety, horse care, grooming, saddling and use of tack, as well as an introduction to Western and English style riding. No prior riding experience is required. A packet of camp information, including a map, will be mailed to you prior to camp. There is no aftercare. This is a working ranch. Campers must be picked up on time. Bring your lunch.

BAR AGE LOC DATES TIME DAY INST 9:00AM-2:00PM 131677 8-14 ΗF Apr5-9 M-F Mott \$395



#### **Communication Academy**

Small class, detailed feedback, and professional coaches! For registration information, call (510) 494-4371.

For curriculum information, go to www.communicationacademy.com or call (408) 777-8876.

#### **Creative Writing: Writing for Publication** Ages 8-9 & 10-11

Let the world see your creativity! In Writing for Publication, students focus on the revision, editing, and publication process. Students discover their own creative voice, learn the importance of revision, gain valuable editing skills that apply to both creative and academic writing, and submit final work to online publications. This creative encounter with writing helps students develop a positive relationship with language arts. Watch your student's love of writing blossom! Students must have a story or poem already written to enroll. \$25 material fee due at first class. Sign up for combo Creative Writing & Public Speaking Camp (below) for a discount and free supervised care during the lunch hour.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132204	8-9	WSCC	Apr5-9	9:30AM-12:00PM	5	M-F	CA	\$295
132205	10-11	WSCC	Apr5-9	9:30AM-12:00PM	5	M-F	CA	\$295

#### Public Speaking Camp for Youth Ages 8-9 and 10-11

What is crucial to success in school and personal life? Good communication! Communication Academy has taken the curriculum for its Public Speaking Class and put it in a one week camp format. Impromptu Speech teaches student to organize and deliver a speech with little preparation time. It emphasizes the use of gestures, emotion, facial expression, and body language in addition to the basic public speaking skills. \$15 material fee due at first class. Sign up for the combo Creative Writing & Public Speaking Camp (below) for a discount and free supervised care during the lunch hour.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
130426	8-9	WSCC	Apr5-9	1:00PM-3:00PM	5	M-F	CA	\$235
130427	10-11	WSCC	Apr5-9	1:00PM-3:00PM	5	M-F	CA	\$235

#### Creative Writing & Public Speaking Full Day Camp Ages 8-9 & 10-11

Enroll for a full day of learning! Our full day camp combines the two 1/2 day camps listed above. Practice writing skills in the morning, and increase confidence through public speaking in the afternoon. It's a fun and exciting way to spend the day while increasing your confidence and self-esteem. Enroll in the full day camp and save \$55. Free supervised care during the lunch hour-bring a lunch. \$35 (\$5 savings) material fee is due at first class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132201	8-9	WSCC	Apr5-9	9:30AM-3:00PM	5	M-F	CA	\$475
132202	10-11	WSCC	Apr5-9	9:30AM-3:00PM	5	M-F	CA	\$475

#### Cooking

For more information, call (510) 494-4322

#### Cooking-A-Z Cooking for Small Chefs Ages 3-5



This ABC cooking class will allow your child to discover cooking while learning their ABC's. Simple, nutritious and delicious projects will focus on 'special' letters of the alphabet. Letter identification, sound recognition and letter writing will be part of the fun! Additional skills include following directions. measuring, eye-hand coordination, kitchen safety, manners and etiquette. Each Small Chef receives their own cookbook at the end of the session. Please let instructor know of any

food allergies. Fee includes all cooking ingredients and supplies. Parents do not participate in this class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131816	3-5	OHAC	Apr20-May18	12:30PM-2:00PM	5	Tu	Shultz	\$99
131817	3-5	OHAC	Apr20-May18	4:00PM-5:30PM	5	Tu	Shultz	\$99

#### Storybook Cooking for Small Chefs Ages 3-5

This Storybook cooking class will focus on a favorite book from children's literature. In a small, intimate setting in a cozy cottage kitchen, the stories we read will inspire the recipes the kids learn to cook. Through hands on cooking, participants will learn how to follow directions, measure, mix and learn kitchen safety, manners and etiquette. Please let instructor know of any food allergies. Each Small Chef receives their own cookbook at the end of the session. Fee includes all cooking ingredients and supplies. Parents do not participate in this class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131822	3-5	SHP	Apr21-May19	10:00AM-11:30AM	5	W	Shultz	\$99
131823	3-5	SHP	Apr21-May19	12:30PM-2:00PM	5	W	Shultz	\$99

#### Young Chefs Ages 6-8

In this NEW cooking class, children will learn how to read and follow a recipe. They will also learn basic cooking terms, and skills, such as measuring, mixing, cutting techniques, safety and sanitation. Please let instructor know of any food allergies. All Chefs will receive their very own cookbook at the end of the session. Fee includes all ingredients and supplies.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131826	6-8	SHP	Apr21-May19	4:00PM-5:30PM	5	W	Shultz	\$99

#### Foods of the World Ages 8-13

Learn how to cook a meal from a different country each week! Through hands on cooking, participants will enjoy experiencing new cultures through food. Students are encouraged to share their world food stories and experiences. Please let the instructor know of any food allergies. Fee includes all ingredients and supplies.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132196	8-13	SHP	Apr20-May25	4:00PM-6:00PM	6	Tu	Barker	\$129

# Creative Chefs Ages 8-14

In this hands-on cooking class, participants learn about food and cooking safety while developing their cooking skills. Student chefs will participate in planning recipes for the session. Participants learn to write grocery lists, organize inventory and preparation of their workspace. They will end the session with recipes and the knowledge to prepare a full meal for family and friends. The small group setting allows for complex projects, more individualized attention and hands-on opportunities. Please let the instructor know of any food allergies. All participants receive their very own recipe book. Fee includes all ingredients and supplies.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131820	8-14	SHP	Apr22-May13	4:00PM-6:00PM	4	Th	Shultz	\$129

#### Party Pastries for Parent/Child Ages 8 & up

Impress your family, friends, and guests by presenting them with show-stopping bite sized pastries at your next party or event. Each week students will learn variations on different basic recipes, and how they can be combined in creative ways. At the end of the session students will present their peers and families with a unique creation of their own. \$30 supply fee per parent/child pair due at first class.

 BAR
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 # DAY
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 FEE

 132834
 8 & up
 SHP
 May1-29
 10:00AM-12:00PM
 5
 Sa
 Foti
 \$99

#### See page 11 for the Spring Break cooking camp

#### Baking Basics Ages 15 & up

Have you never baked before or always wonder why your recipes don't turn out? Do you ever feel frantic or confused trying to follow baking recipes at home? In this six-week course, you will learn the how to and whys of basic baking. We will cover traditional baking methods and time management in the kitchen. Students will learn how to bake cookies, pies, cakes, breads, and other assorted pastries. \$30 supply fee due at first class.

 BAR
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 DATES
 TIME
 # DAY
 INST
 FEE

 132831
 15 & up TNC
 Apr18-May23 5:00PM-7:00PM
 6 Su
 Foti
 \$99

# Cake Baking Ages 15 & up Learn how to

make a different cake and filling every week! You will learn how to make traditional cakes and fillings of all kinds, and the basics of assembling a professional looking finished product. The class will culminate with each student making a unique cake creation of their own. Each student will be asked to purchase two 6" cake pans, cake comb, and piping-bag with tip (to be discussed on first day of class.) \$30 supply fee for ingredients and supplies due at first class.

 BAR
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 DATES
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 132835
 10 & up TNC
 Apr25-May23 7:00PM-9:00PM



5 Su Foti \$99

# Cooking (cont'd)

# The Art and Joy of Healthy Bread Making Ages 14 & up

Enjoy the wonderful yeasty aroma wafting from the oven as you await the first bite of your warm, fresh, nutritious loaf of bread! You will learn the steps of working with yeast and other ingredients while baking traditional favorites, ethnic breads, braided loaves, cinnamon rolls and holiday breads. Learn to incorporate whole grains and whole grain flours to create healthy, delicious, low calorie, low fat, and high complex carbohydrates for better health. You will impress yourself and your family! Supply list will be mailed prior to class.

BAR	AGE LOC	DATES	TIME	#	DAY	INST	FEE
132332	14 & up OHAC	Apr22-May6	5:00PM-9:00PM	3	Th	Benoit	\$139
132333	14 & up OHAC	May20-Jun3	5:00PM-9:00PM	3	Th	Benoit	\$139

#### Sushi Workshop Ages 17 & up

Do you wonder, 'How do they make the sushi stay together?' Learn to prepare sushi for family and friends. It's not as hard as it looks. Ingredients will be vegetarian and fish. \$25 material fee.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132885	17 & up	TNC	May22	9:00AM-12:00PM	1	Sa	Buhain	\$59

#### Candy, Candy, Candy Ages 18 & up

In this class you will learn the basics of working with chocolate, sugar, and other gourmet ingredients to make artisan candies you can replicate at home. You will learn easy recipes for making everything from truffles, to hard candies and marzipan fruit. Each student will be asked to bring a digital cooking thermometer. \$25 supply fee due at first class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132832	18 & up	SHP	Apr24	1:00PM-4:00PM	1	Sa	Foti	\$59
132833	18 & up	SHP	May21	6:00PM-9:00PM	1	F	Foti	\$59

#### Dance

#### For more information, call (510) 791-4351

Please note: Both males and females are encouraged to participate in our dance classes. However, the majority of our dancers are female. We do not give refunds based on a limited number of males in a class.

#### **Creative Dance Ages 2-4**

Come join the fun in Creative Dance. It is playful exploration of the art of movement. This class will enhance your child's self-expression, confidence, and coordination skills. Wear comfortable clothing.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
130235	2-4	CCC	Apr12-May24	4:15PM-5:00PM	7	M	Martin	\$75

#### **Dancing Darlings Ages 2-3**

Does your little one have energy and likes to dance and twirl around the house? This class is just for them! We'll direct that rhythmic energy in fun and social ways as we teach them the fundamentals of tap and ballet! Tap and ballet shoes are required. Parents are asked to participate with their child during the class. No class May 8.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
130240	2-3	CCC	Apr13-May25	5:45PM-6:30PM	7	Tu	Gentry	\$79
130241	2-3	CCC	Apr10-May22	9:30AM-10:15AM	6	Sa	Becker	\$69
130242	2-3	WSCC	Apr17-May22	10:00AM-10:45AM	5	Sa	Womack	\$59

#### Dance I Ages 3-4

A fun & social introduction to basic tap and ballet for both boys and girls. Tumbling may be included for flexibility. Come join the fun, build motor skills, and enhance self-esteem and confidence. Tap and ballet shoes are required.

 BAR
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 DATES
 TIME
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 130239
 3-4
 CCC
 Apr12-May24
 3:30PM-4:15PM
 7
 M
 Martin
 \$75

#### Wahine Hula for Ladies Ages 13 & up

It's for women only! Reminiscing about your Hawaiian Vacation? Missing the sweet fragrance of flowers and the warm tropical air? Let us take you back to the land of Aloha as you learn a graceful auana (Contemporary dance). This class will include warm-ups with basic Hula steps and a choreographed dance. Build body awareness, coordination and posture. Enhance self-esteem and confidence to perform in front of others. This is great exercise and helps develop muscle tone. A Hula pau or a sarong is required. We will dance with bare feet or in socks.

 BAR
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 DATES
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 DAY
 INST
 FEE

 130247
 13 & up
 TNC
 Apr12-May24
 7:00PM-8:00PM
 7
 M
 Ohana
 \$85

# Hip Hop for Teens and Adults Ages 14 & up

Come join this fun and fresh Hip Hop dance class, taught by our Hip Hop Queen, Emerald Templeton. It will energize and motivate your expression of dance movement. This class is designed for the beginner to intermediate dancer. There will be movements taught that will



require floor contact. Knee pads and supported Jazz sneakers are recommended. Bring water and get ready to get your groove on!

BARAGELOCDATESTIME#DAYINSTFEE13224014 & upLCCCApr10-May2912:00PM-1:00PM7SaTempleton\$79

#### Country Line Dance for Adults Ages 16 & up

It's time to giddy-up and get in line! You will learn line dances that are great for any party. Come join the fun! Singles and couples are welcome! No experience needed. Wear comfortable clothing, street shoes or your favorite boots!

 BAR
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 130233
 16 & up
 LCCC
 Apr15-May27
 8:05PM-9:05PM
 7
 Th
 Ingram
 \$75

#### Soulful Line Dancing for Adults Ages 18 & up

Soulful line dancing is popular across the nation at social events and night clubs. Come learn this fun style of line dancing similar to country line dancing, but danced to R & B, Hip-Hop, or Jazz music. It is fun, exciting, and a great way to get your exercise. It's easy to learn by following the instructor. No partners or experience needed! Participants should wear comfortable clothing and street shoes.

 BAR
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 DAY
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 FEE

 130245
 18 & up
 WSCC
 Apr13-May25
 7:00PM-8:00PM
 7
 Tu
 Wilhite
 \$79

#### Dance (cont'd)



#### For more information, call (510) 494-4322

Beat the Income Tax Blues at the Western Swing Dance Night. Come out and enjoy a night of good music with the Sandbar Band and BBQ dinner. Registration fee includes food and music. Fee is per person.

BAR **AGE** DATES TIME 6:30PM-11:00PM 132726 21 & up TNC Apr17 1 \$29



#### Salsa Dance for Adults Ages 18 & up

A Salsa dance class just for YOU. Come join the fun and learn the basic motion of dance with Latin rhythm. Salsa dance with a combination of New York Latin Hustle with

flavor may be included! In this exciting class participants will learn how to perform basic patterns with leading and following techniques. The last class is a Dance Party! Singles and couples are welcome. No experience necessary. Fee is per person. LOC DATES TIME # DAY INST 130243 18 & up CCC Apr13-May25 7:30PM-8:30PM 7 Tu \$85

#### Tap Beginning for Senior Ages 50 & up

A Tap Dance Class just for seniors! This class is designed for beginners. Learn Tap routines that will enhance your mobility and increase your exercise. Come join the fun! Tap shoes are required.

BAR **AGE** DATES 132529 50 & up CCC Apr14-May26 1:00PM-2:00PM 7 W Basso \$75

#### Belly Dance for Beginners Ages 18 & up

Come discover the ancient art of Egyptian Belly Dance. Learn the sensuous and beautiful movements while building coordination, grace, strength and flexibility. Classes will include warm ups, basic Egyptian style technique, combinations, and free dance time. You will learn a short and easy choreography. Wear comfortable clothing such as a unitard, leotard with tights, or a t-shirt with yoga or sweat pants, something to tie around your hips, and bare feet, ballet slippers or hermies sandals.

RΔR LOC DAY INST Apr12-May24 8:30PM-9:30PM 7 M

#### Belly Dance Performance Class Ages 18 & up

This class is for students that have attended the beginner's course for 1 or 2 sessions. This is a performance class that will dance in our annual recital in June. This class includes a short warm up, more advance Egyptian style technique, advance combinations, layering and the use of props such as veil, cane, and finger cymbals. Students will also be taught a choreography and have the opportunity to perform.

BAR AGE LOC DATES TIME DAY INST FEE 132239 18 & up LCCC Apr14-May26 8:00PM-9:00PM 7 W Baradar \$79

#### **Ballroom**



#### Ballroom West Coast Swing for Beginners Ages 16 & up

American street dance evolved over the last half-century from the commonly known retro style Swing. West Coast Swing is a living dance, still evolving. It adopts the music, fashion and movement trends of each decade and adjusts to accommodate new dance styles. It can be done slow and sexy, smooth and sophisticated, or fast and rhythmically to most types of music including Top 40's, R and B, Jazz, Funk Blues, Country and Western, and Hip Hop. Come have fun and learn this energetic ballroom class! It is great way for couples to get their exercise. Wear comfortable clothing and shoes. The last day of class is a Dance Party! Fee is per couple.

BAR AGE LOC DATES TIME DAY INST FEE Tu Ante \$99

#### **Ballroom Dance for Weddings** Ages 18 & up

Do you have a wedding or a special occasion that you want to learn how to Ballroom dance and make a memorable impression? Whether you are the bride and groom or guests attending, this special class will help get you prepared for your event. Come join-it will be fun in a relaxed environment! Participants should wear comfortable street shoes. Must have a dance partner. Fee is per couple.



BAR AGE LOC DATES DAY INST 

#### Ballroom Rhythm Dance Ages 18 & up

Rhythm dances are for those energetic fun songs like 'Hollywood Nights, Crazy Little Thing Called Love, Venus, Dance With Me Tonight, Smooth, and Black Magic Woman'. Come learn to dance Swing and Cha Cha to your favorite songs. No experience needed. Dance styles taught will be up to the instructor. It will be a blast! Wear comfortable clothing and street or ballroom shoes. Fee is per couple.

BAR AGE LOC DATES 

#### Ballroom Smooth Dances Ages 18 & up

Never be a wallflower again! Learn to dance the 'Ballroom Smooth Dances' such as American Waltz, Fox Trot, and Rumba. Great for weddings, reunions, business events and for just having fun! Designed for the beginner-no experience needed. Wear comfortable clothing and closed toe shoes you can dance in. Must have a dance partner. Fee is per couple.

AGE LOC DATES DAY INST 130230 18 & up LCCC Apr13-May25 8:00PM-9:00PM 7

# FINCING

#### Dance (cont'd)

For more information, call (510) 791-4351



#### Bollywood Performance Class-Spring Recital Ages 18 & up

This Bollywood performance class taught by Sharmi Mukherjee is for the intermediate to advance dancers who will perform Bollywood dance in our June 2010 recital. Costume information will be given out by the instructor on the first day of class. Participants will need to purchase costumes through the instructor. Come excited and ready to DANCE!!!

 BAR
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 130076
 18 & up
 LCCC
 Apr14-Jun2
 6:00PM-7:00PM
 8
 W
 Mukherjee
 \$99

#### **Bollywood Dance Aerobics Ages 18 & up**

Not only are you learning to dance but also exercising in the process! Get in sync and get in shape! This is a combination of Bollywood dance moves and aerobics. No dance experience needed! Taught by Sharmi Mukherjee who has a Masters degree in Indian Classical Dance and is a professional Physical Therapist. Wear comfortable clothing and tennis shoes. It's going to be FUN so sign up TODAY!

 BAR
 AGE
 LOC
 DATES
 TIME
 # DAY INST
 FEE

 130226
 18 & up
 LCCC
 Apr15-May27
 7:00PM-8:00PM
 7
 Th
 Mukherjee
 \$79

#### Cardio and Pilates Exercise Ages 18 & up

Combine fat burning Cardio exercise with calorie burning Pilates. You will multiply your results by integrating the Cardio with Pilates abdominal floor work. With every routine, you will feel stronger and healthier. This class is for ALL LEVELS.

Wear comfortable clothes and tennis shoes. Bring a mat.

BAR AGE LOC DATES TIME # DAY INST FEE

130232 18 & up CCC Apr12-May24 7:20PM-8:20PM 7 M Bermudez \$85

#### Zumba Dance Work-Out Ages 18 & up

This 45 minute class is a fun high energy, fast pace, upbeat, fat-burning Zumba dance class is going to be a blast! This class is designed to burn calories. The more you move, the more calories you burn. Participants should bring a water bottle and sweat towel. Wear comfortable clothing and tennis shoes. No experience needed. Don't give up! Stick with it and see results!

 BAR
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 DATES
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 # DAY INST
 FEE

 132022
 18 & up
 CCC
 Apr14-May26
 8:05PM-8:50PM
 7
 W
 Bermudez
 \$75



#### **Zumba Performance Recital Class Ages 18 & up**

This high energy, fast paced, upbeat, Zumba Dance Performance class will perform in our June 2010 recital show. This is for the intermediate dancer who has taken prior dance classes. Jazz may be incorporated in the choreography for recital. Jazz shoes are required. Come have fun with us and dance on stage!

 BAR
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 DAY
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 132023
 18 & up
 CCC
 Apr14-May26
 7:20PM-8:00PM
 7
 W
 Bermudez
 \$79

#### Zumba for 50 & Over

50 or Over? This class is for you! Get your exercise while dancing in this Latin inspired Zumba dance class. It is sure to be a winner and it's going to be a blast! No experience is needed. Just come to have Fun! Wear tennis shoes, comfortable clothing, and bring water.

 BAR
 AGE
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 DATES
 TIME
 # DAY
 INST
 FEE

 132530
 50 & up
 CCC
 Apr14-May26
 12:00PM-12:45PM
 7
 W Basso
 \$75

#### Dog Obedience

For more information, call (510) 494-4371

#### Perfect Puppies Dog Age: up to 5 months, Human Age: 14 & up

Give your puppy the best start at life during this critical learning stage through socialization, beginning obedience, gentling exercises and behavior problem solving. Puppies and their humans will be introduced to the basicobedience commands: come when called, sit, down, stay loose, leash and more. All puppies are required to have current vaccinations (the first 2 sets in the series) by the second day of class. Junior handlers must be over the age of 14 and accompanied by a legal guardian. The first class is orientation-do not bring your dog.

 BAR
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 131728
 1-5
 TNC
 Apr14-May19
 7:00PM-7:45PM
 6
 W
 Collett
 \$125

#### Family Dog I Dogs of All Ages, Human Age: 14 & up

Give your dog the best chance at being a good member of your family by starting beginning obedience, and behavior problem-solving using positive reinforcement. You and your dog will be introduced to the basic obedience and good manners commands. All dogs are required to have current vaccinations by the second day of class. Families are welcome to attend. Junior handlers must be over the age of 14 and accompanied by a legal guardian. The first class is orientation-do not bring your dog.

 BAR
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 DATES
 TIME
 # DAY
 FEE

 131726
 1 & up
 TNC
 Apr14-May19
 8:00PM-8:45PM
 6
 W \$125

#### Fencing

For more information, call (510) 790-5541 All supplies are provided by the instructor.

#### Intro for Youth Ages 7-12

This class is designed for youth fencers. Various games and activities are used to learn and refine technique, increase repertoire of fencing actions (footwork and blade work), develop better understanding of rules, and continue physical conditioning. Students may be moved into different age or ability classes with instructor's approval.

**AGE** LOC **DATES** DAY **INST** FEE 3:30PM-4:30PM 131262 7-12 CCC Apr13-May6 Tu,Th Brown \$99 131263 7-12 CCC May11-Jun3 3:30PM-4:30PM Tu,Th Brown \$99

#### Intro for Teens Ages 13-17

Students with no fencing experience are introduced to basic technique, movement, tactics and rules of modern sport fencing in a fun and friendly atmosphere.

BAR AGE LOC **DATES** TIME DAY **INST** FEE 4:30PM-5:30PM Apr13-Mav6 Brown \$99 13-17 4:30PM-5:30PM 131265 CCC May11-Jun3 8 Brown Tu.Th

#### Fencing for Teens Ages 13-19

Refine your technique, increase your repertoire of fencing actions (footwork and blade work), develop a better understanding of the rules, and continue your physical conditioning. You will be encouraged to participate in local junior tournaments.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131266	13-19	CCC	Apr13-May6	5:30PM-7:30PM	8	Tu,Th	Brown	\$135
131267	13-19	CCC	May11-Jun3	5:30PM-7:30PM	8	Tu,Th	Brown	\$135

#### Horsemanship

For more information, call (510) 791-4318

#### Basic Horsemanship Ages 8 & up

The country is so close to the city-come out and learn to ride at Hillcrest Farms! This introductory course includes three class-room sessions and one basic riding lesson. Topics include safety, horse care, ownership, tack, horse psychology, and riding techniques. Adults need to register if they want to participate in the class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132042	8 & up	HF	Apr1-22	6:00PM-7:00PM	4	Th	Mott	\$95

The following classes take place in Sunol Regional Park. \$5.00 Park entrance fee is required. Arrive 20 minutes early to sign in and be assigned your horse. Registration for the weekend rides closes at 4:00 p.m. the Wednesday before. Any refund or transfer requests must be made by the Wednesday before the class.

#### Parent & Me Class Ages 4-7

Give your child an early start in riding balance and body position. This is a special class for young children and their mom or dad. Kids need to wear long pants. Fee is per parent/child pair.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132034	4-7	WTRS	Apr18	10:00AM-10:45AM	1	Su	WTRS	\$55
132035	4-7	WTRS	May2	10:00AM-10:45AM	1	Su	WTRS	\$55
132036	4-7	WTRS	Jun5	10:00AM-10:45AM	1	Sa	WTRS	\$55

#### Valley Loop Ride Ages 5 & up

This mini-horseback riding experience provides a beginner with a ride around the valley floor. Parents may be required to walk next to their child for the duration of the trail ride should the manager deem it necessary. Approximately 25-30 minute trail ride.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132006	5 & up	WTRS	Apr4	9:00AM-9:30AM	1	Su	WTRS	\$35
132007	5 & up	WTRS	May1	9:00AM-9:30AM	1	Sa	WTRS	\$35
132008	5 & up	WTRS	Jun6	9:00AM-9:30AM	1	Su	WTRS	\$35

#### **Explore Sunol Ages 8 & up**

Six hours of fun in the park! Explore Sunol Regional Wilderness via horseback and on foot. Enjoy a fun filled day learning about horses and the area. Class includes training in horsemanship, a 1-hour trail ride, a hike with a Park Interpreter and a western craft project. Class size is limited to 12 participants, so sign up early! Children must wear long pants and closed toe shoes. Height requirement: 54 inches-no exceptions. Bring your lunch.

•								
BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132041	8 & up	WTRS	Apr2	9:00AM-3:00PM	1	F	WTRS	\$75

#### Breakfast Ride Ages 9 & up

Bring the family out for an early morning trail ride to Little Yosemite. You will ride through the beautiful Sunol Regional Wilderness. A continental breakfast will await you upon your return. This 1hour trail ride is great for novice riders and those with no riding experience. Height requirement: 54 inches-no exceptions.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132038	9 & up	WTRS	Apr25	10:00AM-11:45AM	1	Su	WTRS	\$55
132039	9 & up	WTRS	May29	10:00AM-11:45AM	1	Sa	WTRS	\$55
132040	9 & up	WTRS	Jun27	10:00AM-11:45AM	1	Su	WTRS	\$55

#### Little Yosemite Ride Ages 9 & up

Follow the trail alongside the Alameda Creek about 2 miles upstream from our Pack Station to visit the scenic gorge known as Little Yosemite! Approximately 1-hour trail ride. Height requirement: 54 inches-no exceptions.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132024	9 & up	WTRS	Apr3	10:00AM-11:00AM	1	Sa	WTRS	\$45
132025	9 & up	WTRS	May16	10:00AM-11:00AM	1	Su	WTRS	\$45
132026	9 & up	WTRS	Jun19	10:00AM-11:00AM	1	Sa	WTRS	\$45

#### Cerro Este Ride Ages 12 & up

After crossing the Alameda Creek and heading to High Valley Barn this trail loops the Hayfield Road to the summit of Cerro Este where we rest for a few minutes before winding through open cattle range to Little Yosemite. Approximately 2 1/2-hour trail ride.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132030	12 & up	WTRS	Apr18	1:00PM-3:30PM	1	Su	WTRS	\$65
132031	12 & up	WTRS	May15	1:00PM-3:30PM	1	Sa	WTRS	\$65
132032	12 & up	WTRS	Jun20	1:00PM-3:30PM	1	Su	WTRS	\$65

#### W Tree Ride Ages 12 & up

Follow the trail alongside the Alameda Creek past scenic Little Yosemite to the infamous 'W' tree. Approximately 2-hour trail ride. Riders under the age of 18 required to wear a riding helmet, provided at Pack Station.

BAR	AGE	LOC DATES	TIME	#	DAY	INST	FEE
132027	12 & up	WTRS Apr11	2:00PM-4:00PM	1	Su	WTRS	\$59
132028	12 & up	WTRS May8	2:00PM-4:00PM	1	Sa	WTRS	\$59
132029	12 & up	WTRS Jun13	2:00PM-4:00PM	1	Su	WTRS	\$59

#### Moonlight Ride Ages 12 & up

Enjoy a 2-hour trail ride in the moonlight at the Sunol Wilderness Park! On this night of the full moon, we will ride up through the hills of the park, guided only by the light of the moon and our experienced and knowledgeable Trail Guides. Appropriate for intermediate riders or those who have previously ridden with the Pack Station.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132037	12 & up	WTRS	May27	7:00PM-9:00PM	1	Th	WTRS	\$65



#### Magic

For more information, call (510) 494-4322

#### My First Magic Class Ages 4-6

Hocus pocus-Abracadabra! Students are introduced to magic through simple 'self working' magic tricks that the junior magicians take home to dazzle their family. This class is an introduction to simple magic tricks that will develop fine motor skills, self-confidence and encourage creativity. Between learning tricks and having fun, the instructor will entertain the children with magic tricks. Each child receives a magic wand, Magician's Assistant Certificate and the simple tricks they have learned. This is a parent participation class. Fee is per parent/child pair. \$4 material fee due at class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132826	4-6	SHP	Apr14	6:30PM-7:30PM	1	W	Wertman	\$19

#### Parent/Child Evening of Magic Ages 7-11

April Fool's Day Special!! Enjoy an evening of discovering the art of magic with your child! Learn how to make something disappear or how to read a mind. Learning magic tricks develops self-confidence, ignites creativity, may further develop fine motor skills and can spark an interest in reading. This class is for students and parents with little or no previous conjuring experience. Potential magicians explore the art of magic through a variety of simple magic tricks in an encouraging and enjoyable environment. Each registrant receives a magic wand, Magician's Assistant Award, several manufactured basic magic tricks and materials to perform the tricks that can be done with household items. Fee is per parent/child pair. \$6 material fee due at class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132829	7-11	CCC	Apr1	6:45PM-8:45PM	1	Th	Wertman	\$29

#### Wizards Magic Workshop Ages 7-11

April Fool's Day Special!! Explore and discover the art of magic through simple tricks in an enjoyable environment. Discover how to make something appear, 'read a mind' or suspend a magic wand. Designed for students without experience in magic. Junior magicians leave with a 'bag of tricks' containing a magic wand, the magic booklet '102 Easy Magic Tricks', a Magician's Assistant Award, and



materials to perform class tricks that can be done with household items. \$5 material fee due at class.

noid home. To material too ado at class.									
BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE	
132828	7-11	CCC	Anr1	3:30PM-5:00PM	1	Th	Wertman	\$19	

#### **Martial Arts**

For more information, call (510) 791-4351

#### Beginning Aikido-Kids Ages 6-12

Aikido is a traditional Japanese martial discipline that incorporates exercise, awareness, cooperation, respect, and self-discipline. Children increase their self-confidence and personal safety without learning violence or aggression. Loose fitting clothing which covers arms and legs or a training uniform (preferably a judo gi) is recommended. No class May 31.

 BAR
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 FEE

 132476
 6-12
 FCC
 Apr12-Jun7
 6:15PM-7:15PM
 8 M
 Pajdowski
 \$79

#### Karate for Kids Ages 7-11

The Karate for Kids program is the most popular in the USA. Everyone participates and has a great time. The Karate 4 Kids Foundation has helped over 50.000 children improve their self-esteem, confidence, physical fitness, and attention span. Our main rule is that all students try their absolute best at everything they do. We teach life skills and self- discipline that will last a lifetime. A MAA School Uniform is required and can be purchased at the school for \$49.



BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
127440	7-11	MAA	Apr5-Jun10	7:00PM-7:45PM	19	M,Th	\$219
127441	7-11	MAA	Apr3-Jun12	10:45AM-11:30AM	10	Sa	\$159

#### **Tiny Tigers Taekwondo Ages 4-6**

Designed by a pre-school physical education teacher, we focus on fine motor skills, listening, following directions, physical fitness and coordination. A local parent called this, 'The most enjoyable and informative class they ever signed up for!' Come see why this is a sold out program! A MAA School Uniform is required and can be purchased at the school for \$49.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
127446	4-6	MAA	Apr3-Jun12	9:45AM-10:15AM	10	Sa	\$189
127443	4-6	MAA	Apr5-Jun7	6:00PM-6:30PM	9	M	\$169
127444	4-6	MAA	Apr6-Jun8	4:00PM-4:30PM	10	Tu	\$189
127445	4-6	MAA	Apr8-Jun10	4:45PM-5:15PM	10	Th	\$189

#### Krav Maga Ages 16 & up

Krav Maga is based on simple principles and instinctive movements. This reality based self defense class is designed to teach self-defense in the shortest possible time. Learn to defend against common chokes, grabs and bear hugs, along with weapon defense from knives, guns and sticks. Just as important, we teach you to function during the stress and shock of a sudden attack. You will learn takedown defenses like sprawl, one-fourth Nelson hold, triangles, and leg throws. This class is for the working professional, security personnel, and fitness seekers. Please Note: Krav Maga is for those in good physical health. We do offer a free evaluation at our center before you attend the first class. Call to set up an evaluation two weeks prior to the start of session. Krava gloves are required for this class and can be purchased the first day for \$49.

 BAR
 AGE
 LOC
 DATES
 TIME
 #
 DAY
 FEE

 127442
 16 & up MAA
 Apr3-Jun12
 9:00AM-9:45AM
 10
 Sa
 \$149

#### Music & Voice

For more information, call (510) 494-4322

#### **Kids in Tune**

The Kodaly method is taught by Kids in Tune Staff. www.kidsintune.org

#### Kids in Tune Babies Ages 6-18 months

Join us for a parent participation class focusing on music and fun! Circle time will be introduced to your baby in a fun-filled way. Each baby has a chance to feel and explore music through hand puppets and movement. A lot of parent and child interaction will help babies get used to basic music concepts.

 BAR
 AGE
 LOC
 DATES
 TIME
 # DAY
 INST
 FEE

 132193
 6-18
 IRCC
 Apr22-Jun24
 6:00PM-6:30PM
 10
 Th
 Kids in Tune
 \$125

#### Kids in Tune Level 1 Ages 18 months-3 years

This is a parent participation class focusing on music and fun away from home. We work hard in a fun-filled way to gradually get your child to play with us to music. First listening, then moving, then singing! You'll be amazed at how attentive your child can be. Finally, 'Feeding the Pelican (puppet)' is a whole new experience for your little one.

 BAR
 AGE
 LOC
 DATES
 TIME
 #
 DAY
 INST
 FEE

 132194
 18-3
 IRCC
 Apr22-Jun24
 6:40PM-7:10PM
 10
 Th
 Kids in Tune
 \$125

#### Kids in Tune Level II Age 3-5 years

Join us in age appropriate folk songs, chants, rhymes, circle games, movement and musical stories that assist with development. Your child will explore a progressive range of musical concepts through the use of hand puppets, musical drawings, movement and dramatic play.

 BAR
 AGE
 LOC
 DATES
 TIME
 # DAY
 INST
 FEE

 132195
 3-5
 IRCC
 Apr22-Jun24
 7:20PM-7:50PM
 10
 Th
 Kids in Tune
 \$125

#### **Little Panda Ages 1-4**

Ni hao means hello in Chinese. Little Panda is a developmentally appropriate music and movement program that nurtures young children's ability to use Mandarin and to participate in dramatic play within a musical context, including singing, chanting, moving, dancing, focused listening, and playing simple instruments. This parent-participation class is fun and informal, providing stimulating experience for both children and caregivers, regardless of one's musical and Mandarin language abilities. Instructor Jill Yeh grew up in Taiwan and received her BA in English, Chung-Hsing University and MA in Education, San Jose State University and Music Teacher Certificate from Early Childhood Music and Movement Association (ECMMA). No previous language experience is necessary. Fee is per parent/child pair. \$20 material fee is due at first class for songbook and CD. No class April 27, 28, 30, May 4, 5 and 7.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
133140	1-4	WSCC	Apr6-Jun22	5:45PM-6:30PM	10	Tu	Yeh	\$139
131976	1-4	WSCC	Apr7-Jun23	9:30AM-10:15AM	10	W	Yeh	\$139
131977	1-4	WSCC	Apr7-Jun23	10:30AM-11:15AM	10	W	Yeh	\$139
131978	1-4	WSCC	Apr9-Jun25	9:30AM-10:15AM	10	F	Yeh	\$139
131979	1-4	WSCC	Apr9-Jun25	10:30AM-11:15AM	10	F	Yeh	\$139

#### Beginning/Continuing Keyboard Ages 4 & up

Beginners who have never played before will enjoy a fun introduction to keyboard through learning of finger positions, note reading and familiar songs. Experienced players will have lessons tailored to their skill level. We will play piano music on keyboards. Bring any type of battery-operated keyboard.

BAR AGE LOC DATES TIME DAY INST 131028 4 & up WSCC Apr3-May1 10:00AM-10:50AM Thomas \$119 5 Sa 131029 4 & up WSCC May8-Jun5 10:00AM-10:50AM 5 Sa Thomas \$119

#### **Beginning/Continuing Guitar Ages 6-16**

This is a group guitar class for kids of any age!
Bring your guitar and pick. Beginners will learn the basics of guitar playing including melodies, chords and reading music.
Experienced players will have lessons tailored to their skill level.

BAR LOC **DATES** INST 131030 6-16 WSCC 9:00AM-9:50AM Apr3-May1 Thomas \$119 5 Sa May8-Jun5 9:00AM-9:50AM 131031 6-16 WSCC Thomas \$119

#### Beginning Acoustic Guitar for Adults Ages 17 & up

This is a group guitar class for beginning adults. Bring your guitar and pick. Participants will learn the basics of guitar playing including melodies, chords and reading music.

RΔR AGE LOC **DATES** DAY FFF INST 131026 17 & up WSCC Apr3-May1 11:00AM-11:50AM Thomas \$119 May8-Jun5 11:00AM-11:50AM 17 & up WSCC Thomas \$119



#### Voice for Youth I Ages 8-15

This is a singing class designed for those who like to sing but have never taken a singing class.

You will learn the principles of breath support, as well as basic music theory. All exercises will be done as a group with some individual attention for those who need it. Music will be assigned to each student based on their individual abilities and with the purpose of improving their singing technique. Students will sing their pieces with their assigned groups. This is a TRY-IT Pass class. Only two spots available in each class. \$5.00 each. Must register for the TRY-IT Pass through the Main Recreation Office, 3300 Capitol Ave, Bldg B.

 BAR
 AGE
 LOC
 DATES
 TIME
 # DAY
 FEE

 133690
 8-15
 CCC
 Apr20-Jun8
 4:30PM-5:30PM
 7
 Tu
 \$119

#### Voice for Youth II Ages 8-15

This is a singing class designed for those who have sung before and are interested in improving their singing skills. It is also for those students currently singing or interested in singing in school and/or community theater productions. Students will learn about breath support, and more. Musical theater pieces will be assigned to each student based on their individual abilities with the purpose of improving their singing technique and to build their audition repertoire. This class focuses on solo singing and students are encouraged to practice their individual pieces in the safe, nurturing environment of the class to build their confidence and performance skills. Instructor approval or recommendation is required.

 BAR
 AGE
 LOC
 DATES
 TIME
 # DAY
 FEE

 133692
 8-15
 CCC
 Apr20-Jun8
 5:30PM-6:30PM
 7
 Tu
 \$119

#### Music & Voice (cont'd)

For more information, call (510) 494-4322



# Beginning/Intermediate Voice for Adults Ages 15 & up

This is a singing class designed for those who like to sing but have never taken a singing class. You will learn the principles of breath support and phonation, as well as basic music theory and solfege. You will build a song repertoire focused on musical theater pieces.

 BAR
 AGE
 LOC
 DATES
 TIME
 # DAY
 FEE

 133686
 15 & up
 CCC
 Apr20-Jun8
 8:00PM-9:30PM
 7 Tu
 \$149

#### Adult Advanced Ages 15 & up

This class is designed for those who have sung before and those interested in improving their skills. Students will do breathing exercises designed to improve their singing technique. All exercises will be done as a group combined. Students will learn music theory and basic sight-reading skills. Assignments of music be based on individual abilities. Students may perform in a recital at the end of the session.

 BAR
 AGE
 LOC
 DATES
 TIME
 # DAY
 FEE

 133684
 15 & up
 CCC
 Apr20-Jun8
 6:30PM-8:00PM
 7
 Tu
 \$149



#### Kindermusik

Kindermusik is the number one choice for families looking for a developmental program for their child that uses music and movement. In Kindermusik, we work on a child's whole development (musical, cognitive, physical, social, emotional, and language) through play. The classes are processed-based, meaning there are no performance outcomes, and your child is free to experience the lessons in the way that best suits his personality. With the exception of Family Time which is designed to be participated in by many different developmental levels at a time, our classes are divided into developmental age groups. Kindermusik grows with the child. Parent participation required in all classes, optional for ABC MUSIC and ME Ages 4-5.

# Kindermusik Family Time: We're a Musical Family! Ages Newborn-5

Bringing children of all ages together provides a dynamic and integrated learning experience for everyone. So we took favorite Kindermusik songs and activities like "Shake, Shake the Apple Tree" and "hammocking" and rolled them into a fun, family class where each child is welcomed and valued and family "together time" is celebrated and cherished (babies up to 4 months are free with the registered sibling.) \$75 material fee due at first class.

 BAR
 AGE
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 DATES
 TIME
 # DAY
 FEE

 132450
 newborn-5
 LCCC
 Apr15-Jun3
 9:30AM-10:15AM
 8
 Th
 \$125

#### Village: Crawlers and Lap Babies Ages 6-18 mos

Zoom Buggy!—Swoosh, vroom, and clickety-clack your way through this delightful unit. Babies and adults will dance, sing, and play instruments to the theme of being on the go. Chug around the room to the song "Little Red Caboose," hold on tightly while "Riding in the Buggy," and dance your way to "Zoom-e-oh!" Engage in rituals and playful activities such as infant massage, lap bounces, exercise, and quiet time. \$47 material fee (for kit) due at first class. sibling kits: \$25 (\$72 for a family with 2 kids). 10% sibling discount.

132451 6-18 LCCC Apr15-Jun3 10:25AM-11:10AM 8 Th \$125

#### Our Time: Toddlers Ages 18 months-3 years

Our Time encourages toddlers to uncover an engaging musical world while building confidence, self-control, and communications skills. Singing, imitating sounds, rhyming, and object identification foster language skills, while creative movement to various musical "moods" develops a sense of balance, timing, and spatial awareness. Listening and turn-taking encourage blossoming social skills. \$57 material fee (for kit) due at first class, sibling kits: \$35 (\$92 for a family with 2 kids).

 BAR
 AGE
 LOC
 DATES
 TIME
 # DAY
 FEE

 132452
 18-3
 LCCC
 Apr15-Jun3
 11:20AM-12:05AM
 8
 Th
 \$125

#### ABC MUSIC and ME: Ages 2-3

**Part I.** In "Down On the Ground" class, we'll take a Listening Walk, and read about a girl who takes a silent walk with her father listening for sounds along the way. When you play the music CD, share the activities, and take a listening walk of your own at home, you'll help your child learn to love to observe and learn from the world around her. \$40 material fee due at first class.

Part II. In the second half of the program, we focus on Splash! We'll think and talk in patterns of 3s. In class we'll sing songs that help your child seek and find that pattern, such as singing Row, Row, Row Your Boat. Even the things in your Home Kit this month comes in 3s—when you listen to the music, share the activities, and splash around with this blow-up beach ball

 BAR
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 132453
 2-3
 LCCC
 Apr15-Jun3
 12:15AM-1:00PM
 8
 Th
 \$125

#### ABC MUSIC and ME: Ages 4-5

**Part I**. In "Drums, Drums, Drums," your child will experience the concept of fractions through hearing and playing quarter and eighth notes. In class we'll do "call and response" activities to the rhythmic sounds of African music. Meanwhile, your child will sharpen listening and attention skills, as well as fine tune her ear to finding patterns. \$40 material fee due at first class.

Part II. In "Feel the Music," participants learn they will need to express thoughts, ideas, and needs to teachers and friends in school. In this class we'll help your child learn more about the words that help describe feelings, while learning more about the emotions of others. Your Home Kit includes the same music and stories we'll be talking about in class to help you open the door to the emotions your preschooler is learning to express. Home Kit: One mini maraca instrument, Home CD, and magazine-style Family Guide (includes class story The Duel.)

 BAR
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 DATES
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 FEE

 133708
 4-5
 LCCC
 Apr15-Jun3
 3:15PM-4:00PM
 8
 Th
 \$125

# Music & Voice (cont'd)

For more information, call (510) 494-4322

#### **Academy of Music**

1972 Driscoll Road Suite #5 (inside Mission Ranch Center), Fremont

#### Melody's Piano Beginners Ages 4-5

This course enriches children who have never studied music through a variety of activities. It teaches various music skills such as singing, ear-training, keyboard playing, rhythm ensemble and reading music. Each student has their own piano in class. Parents are required to attend. The last class is a piano recital for family and friends.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131934	4-5	AM	Apr5-May10	4:30PM-5:20PM	6	M	\$145
131935	4-5	AM	Apr11-May16	1:00PM-1:50PM	6	Su	\$145
131936	4-5	AM	Apr24-May29	12:00PM-12:50PM	6	Sa	\$145

#### Melody's Piano Beginners Ages 5-6

This beginning class features music theory, keyboard skills/techniques, composition, ear training and sight singing. Each student has their own piano in class. Parents are required to attend. The last class is a recital for family and friends.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131937	5-6	AM	Apr5-May10	5:30PM-6:20PM	6	M	\$145
131938	5-6	AM	Apr11-May16	3:00PM-3:50PM	6	Su	\$145
131939	5-6	AM	Anr24-May29	5:00PM-5:50PM	6	Sa	\$145

#### Melody's Piano Beginners Ages 7-8

This beginning class emphasizes composition techniques and keyboard skills. Each student has their own piano in class. Parents are required to attend. The last class is an exciting musical performance for family and friends.

BAR	<b>AGE</b>	LOC	DATES	TIME	#	DAY	FEE
131987	7-8	AM	Apr5-May10	6:30PM-7:20PM	6	M	\$145
131988	7-8	AM	Apr11-May16	4:00PM-4:50PM	6	Su	\$145



#### Melody's Group Clarinet Ages 8-13

This class is for clarinet beginners to learn to read notes, develop rhythm and music theory. It combines the traditional Western Europe and new US modern music teaching methods. By the end, students will be able to use this wind instrument to play some small songs, long notes and basic music scales. Material fee includes Clarinet rental.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131963	8-13	AM	Apr6-May11	7:30PM-8:20PM	6	Tu	\$145

#### Melody's Group Violin Class Ages 6-10

This is a beginning class to learn to read notes and get to know the rhythm and theory of music. It combines the Suzuki method with traditional Western teaching methods. The last class is a recital for family and friends. Material fee includes book, name badge and violin rental.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE	
131960	6-10	AM	Apr10-May15	5:00PM-5:50PM	6	Sa	\$145	
131961	6-10	AM	Apr6-May11	6:30PM-7:20PM	6	Tu	\$145	

#### **Patterson House**

The Patterson House is a 16-room Queen Anne Victorian Home, operated as a museum of local history, and Victorian life. It is located on the grounds of Ardenwood Historic Farm.



We will be opening for

our 2010 season on Thursday, April 1. House tours will be offered Thursday through Sunday, plus Labor Day and Memorial Day. Tours are lead by docents, dressed in 19th century clothing, and take about 45 minutes.

For information on the Patterson House and its collections, house tours, or volunteer opportunities, please call the Patterson House office at (510) 791 4196, or go to www.fremont.gov and look under "Recreation."

For information on Ardenwood farm and its events, or to make a reservation for a school program, call East Bay Regional Park District at (510) 544-2797 or check their website at www.ebparks.org.

#### Upcoming special events are

- Gathering of the Scottish Clans, Saturday, April 10
- Sheep Shearing Day, Sunday, April 18

#### **Patterson House Volunteers**

The Patterson House relies on its volunteers to operate the museum Volunteers do a wide variety of jobs including giving tours, helping during open houses, cataloging our collections, working in the garden, creating fresh flower arrangenments, cleaning and caring for our old house, or assisting with events which includes Teas, Camps, Murder Mysteries and Christmas activities. Volunteers range in age from 12 to 80. Benefits include free admission to the park for the volunteer and their family as well as invitations to special events. For information about volunteer opportunities, call the Patterson House office at (510) 791-4196.

#### Daring and Dangerous Kids!-Spring Ages 7-11

#### For more information, call (510) 791-4196

Kids, you have read the fun-filled books-now, come join us and try out some exciting activities of your own. Oh, the adventures we will have and the places we will go! This unique camp is at a very special place: the turn-of-the-last-century Patterson House in Ardenwood Historic Farm. There will be indoor and outdoor fun, games, and skill building all around the farm. Campers will keep track of all their accomplishments in a personal journal. Make a lemon-powered clock and a secret code using the Navajo Code talker's language. Learn how to tie knots as well as basic navigation and map making skills. Find out about the United States Constitution, the seven wonders of the ancient world, and famous inventors. Wow, what a week! Bring your lunch.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
129191	7-11	AHF	Apr5-9	8:30AM-5:30PM	5	M-F	\$219

#### **Parenting**

For more information, call (510) 574-2100 or 574-2148
Sponsored by the City of Fremont
Human Services Department.
For the couple discount,

For the couple discount, contact (510) 494-4300, M-F 8:30-5:00 p.m

# Parenting the Explosive (out of control) Child Ages 18 & up

Explosive children are different from other kids, and common techniques like 'time out' don't work. This class will teach you how to develop your child's ability to manage frustrations without the angry explosions or meltdowns. Learn how to recognize what triggers the explosions, what to do while they're happening, and how to significantly reduce their frequency. While this class is geared for parents of children with more extreme behaviors, these strategies will also benefit any parent whose child is having trouble managing



frustrations. Recommended reading: The Explosive Child by Ross W. Greene, Ph.D. (ISBN: 0-06-093102-7) Classes are in the Pacific Room.

 BAR
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 DATES
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 132185
 18 & up
 FRC
 Apr17-24
 9:00AM-1:00PM
 2
 Sa
 Culverwell
 \$95 per person/\$170 per couple

#### Parent Project Ages 21 & up

Kids face unprecedented pressures and problems. While this may explain their difficult, defiant or destructive behavior, it doesn't excuse it. Parent Project is a 13 week parenting series that delivers results: effective prevention and intervention techniques parents can use to help their out of control children/teen grow into safe and competent adults. Stop parent-child arguments forever! Learn how to out-will a strong willed child! Improve school performance and attendance. Recognize and prevent high risk behaviors such as drug use. Fee includes books and materials. Classes are in the Millennium Room. No class April 7.

 BAR
 AGE
 LOC
 DATES
 TIME
 # DAY
 FEE

 132293
 21 & up
 FRC
 Mar3-Jun2
 6:00PM-9:00PM
 14
 W
 \$175 per person/

 \$250 per couple

#### Transitioning to Junior High Ages 21 & up

The move to junior high is perhaps the most crucial transition that students (and parents) make. This workshop is designed for parents whose children are making that move. Changes in school structure and expectations will be discussed, as well as how parents can help their children successfully make this transition. The presenter will also address developmental changes that occur at this age, and how parents can successfully adjust parenting strategies and maintain a positive relationship with their child. Class is in the Pacific Room.

 BAR
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 DATES
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 INST
 FEE

 132128
 21 & up
 FRC
 Apr23
 6:30PM-8:30PM
 1
 F
 Watt
 \$20 per person/

 \$35 per couple

#### **Performing Arts**

For more information, call (510) 494-4322



# Children's Repertory Little Theatre Ages 5-8

Little Theatre is a production of the City of Fremont Parks and Recreation Children's Repertory Theatre. Little Theatre is an opportunity for 5 to 8 year olds to have a live stage experience like the big kids. Younger actors will spend class time learning lines, stage direction, and stage voice, all to combine into the next opening act for the Children's Repertory Theatre.

 BAR
 AGE
 LOC
 DATES
 TIME
 # DAY
 INST
 FEE

 132448
 5-8
 FCC
 Apr15-May12
 4:30PM-5:30PM
 5
 W
 Schmidt
 \$89

#### Repertory Theater Crew Ages 12 & up

Become a part of the Fremont Parks and Recreation Repertory Theatre CREW for one week! This is a unique opportunity for high school students needing to fulfill community service hours and to adults wanting to use their time for a fun, worthy endeavor. Opportunities include tech work such as lighting, sound and curtain, as well as 'house' duties such as refreshments, facility management, stage support, and usher. Enrollment is limited.

 BAR
 AGE
 LOC
 DATES
 TIME
 # DAY
 INST
 FEE

 132186
 12 & up
 NVMH
 May10-15
 5:00PM-9:00PM
 5
 M-W,F-Sa
 Schmidt
 \$9



#### Wizard of Oz Performance Ages 5 & up

Come watch the Parks and Recreation's Children's Repertory Theatre perform an adaptation of 'Wizard of Oz'. Doors open 1/2 hour before show time. Snacks are available for purchase. These shows are for all ages. Performances: Friday, May 14, 7:00 p.m. and Saturday, May 15-7:00 p.m. Group tickets available for groups of 10 or more.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
129169	5 & up	NVMH	May14	7:00PM-9:00PM	1	F	Schmidt	\$15
129170	5 & up	NVMH	May15	7:00PM-9:00PM	1	Sa	Schmidt	\$15

#### **Rock Climbing**

For more information, call (510) 791-4318

#### Mini Pebble Rock Climbing Program Ages 3-6

Youngsters with a little extra energy will be overjoyed to hear about this class! Each class is taught by our trained climbing instructors who specialize in working with children. One parent will participate with their child and work as a team in a fun, safe and exciting environment. Each session is designed to build confidence while trying to climb to new heights! 4 week classes include Rock Gym membership during the month of class. Fee is per parent/child pair.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE	
132059	3-6	CB	Apr3-24	9:30AM-11:00AM	4	Sa	\$85	
132060	3-6	CB	Apr3	9:30AM-11:00AM	1	Sa	\$29	
132061	3-6	CB	May1-22	9:30AM-11:00AM	4	Sa	\$85	
132062	3-6	CB	May1	9:30AM-11:00AM	1	Sa	\$29	
132063	3-6	CB	Jun5-26	9:30AM-11:00AM	4	Sa	\$85	
132064	3-6	CB	Jun5	9:30AM-11:00AM	1	Sa	\$29	

#### Parent Child Belay Lesson Ages 3-11

The goal of this class is to teach parents how to belay their children while rock climbing at City Beach's indoor rock climbing gym. Under the supervision of professional climbing instructors, parents will learn to tie knots, put on harnesses and communicate with their climbing partner in addition to safe rope handling techniques. Parents will then belay children while climbing and learn to monitor their safety. After the class, parents and children are invited to climb the rest of the day. Fee is per parent/child pair.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
132065	3-11	CB	Apr11	1:30PM-3:30PM	1	Su	\$35
132066	3-11	CB	Apr25	1:30PM-3:30PM	1	Su	\$35
132067	3-11	CB	May9	1:30PM-3:30PM	1	Su	\$35
132068	3-11	CB	May23	1:30PM-3:30PM	1	Su	\$35
132069	3-11	CB	Jun13	1:30PM-3:30PM	1	Su	\$35

#### Pebble Program Ages 7-11

The child with a little extra energy will be excited to hear about what happens on Saturday mornings. Each class is taught by our experienced instructors who specialize in working with children. Students learn about safety, tying knots, belaying and working as a team in a fun and exciting environment. Each session is designed to build upon the last, but to work within each child's natural ability. 4 week session includes Rock Gym membership during the month of class.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
132071	7-11	CB	Apr3-24	9:00AM-11:00AM	4	Sa	\$85
132072	7-11	CB	Apr3	9:00AM-11:00AM	1	Sa	\$29
132073	7-11	CB	May1-22	9:00AM-11:00AM	4	Sa	\$85
132074	7-11	CB	May1	9:00AM-11:00AM	1	Sa	\$29
132075	7-11	CB	Jun5-26	9:00AM-11:00AM	4	Sa	\$85
132076	7-11	CB	Jun5	9:00AM-11:00AM	1	Sa	\$29

# After School Rock Climbing Ages 7-14 Kids love to climb, so let'em! Join City Beach Rock

Club staff for supervised indoor rock climbing, interactive entertainment, tons of fun and more. Similar to our seasonal camps, your child will have the opportunity to try all that is offered at City Beach.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
132050	7-14	CB	Apr16-May7	4:00PM-6:00PM	4	F	\$99
132051	7-14	CB	Apr16	4:00PM-6:00PM	1	F	\$29
132053	7-14	CB	May14-Jun4	4:00PM-6:00PM	4	F	\$99
132054	7-14	CB	May14	4:00PM-6:00PM	1	F	\$29
132055	7-14	CB	Jun11	4:00PM-6:00PM	1	F	\$29
132057	7-14	CB	Jun18	4:00PM-6:00PM	1	F	\$29

# Wine Tasting 101

# Spring into Summer

Vida Y Vino Wine Bistro 43808 Christy Street, Fremont For information, call (510) 790-5541

Experience the lighter side of wine as we get ready to 'Spring' into 'Summer'! Take a trip north of the border to taste some of the finer wines that Oregon and Washington have to offer. Next, grab a ringside seat as you experience the 'Battle of the Zins'. Finally, get ready to plan your entire Summer of wine tasting as we 'Spring into Summer', with palate trips to 'Local Wine Finds' ranging from Napa to Livermore Valley, Santa Cruz Mountains, Lodi, and Gilroy. You will surely be impressed by the list of wines and places we will take you through these three unique courses.



#### Neighbors to the North: Oregon & Washington Wines!

Pinots from Portland, Walla Walla and Willamette Darn it! See what the rave is all about! If you love the "Burgundian" style you'll love the Pinots from Oregon & Washington - the new land of Pinots!

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131931	21 & up	Vida Y Vino Wine Bistro	Apr19	7:00PM-8:30PM	1	M	\$25

#### Battle of the Zins!

Journey the Zins from Paso Robles to Napa, Sonoma, Amador County & more! Sample Zins from different regions and you be the judge! This class will also feature food pairings specially designed to enhance your entire 'Zin'ful experience!

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131932	21 & up	Vida Y Vino Wine Bistro	May17	7:00PM-8:30PM	1	M	\$29

#### **Spring into Summer: Local Wine Finds!**

Plan your entire Summer of wine tasting as you take this course and explore "wine finds" in the little niche wineries throughout the Napa and Livermore Valleys, Santa Cruz Mountains, and Gilroy.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131933	21 & up	Vida Y Vino Wine Bistro	Jun21	7:00PM-8:30PM	1	M	\$25

#### **Sports**

#### **Badminton**

For more information, call (510) 791-4334

#### **Badminton Intro Level 0 Ages 5-8**

Introduce your child to the fun and popular sport of badminton. We provide junior size racquets just right for little hands. This class is taught by a high school coach, and former all-league player!

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131226	5-8	IRCC	Apr18-May30	10:15AM-11:15AM	7	Su	\$85

#### Badminton Level I Ages 8 & up

Join in the fun learning the fastest growing sport around! This is for the beginning badminton player who wants to learn the basics from a knowledgeable and skilled coach! This class will prepare you for advancing to our Level II class. Bring a racquet.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131227	8 & up	IRCC	Apr18-May30	9:00AM-10:00AM	7	Su	\$85
131228	8 & up	IRCC	Apr18-May30	10:15AM-11:15AM	7	Su	\$85

#### Badminton Level II Ages 8 & up

Badminton instruction, from a coach, for the player who has mastered serving and would like to learn more techniques. This class will surely advance your skill level and prepare you for the Level III class. Bring a racquet. Instructor approval required to advance from Level I.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131229	8 & up	IRCC	Apr18-May30	9:00AM-10:00AM	7	Su	\$85
131230	8 & up	IRCC	Apr18-May30	11:30AM-12:30PM	7	Su	\$85

#### Badminton Level III Ages 11 & up

This class fills very quickly! Enjoy playing the game of badminton by learning how to play singles, doubles, and mixed doubles from a coach! You will learn rules, technique and strategy to help advance your skill level. You must know how to serve and rally with some level of consistency. Ideally, you have completed Level II or have played for more the 3 months. Instructor approval required to advance from Level II.

 BAR
 AGE
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 DATES
 TIME
 # DAY
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 131231
 11 & up
 IRCC
 Apr18-May30
 11:30AM-12:30PM
 7
 Su
 \$85



# Badminton Personal Training Ages 14-18

Just what you have been asking for-Badminton Personal Training! Highly recommended for those already in high school. The instructor is Alex Dinh, the current Piedmont Hills High School Head Coach, who received the Most Valuable Player award and Team Captain position in 2007. Alex has been playing for more than six years and has taught for more than two years. He will be teaching advanced drills to improve your footwork, hitting style and hitting techniques. This is for the more advanced player who is highly familiar with the sport. Sign up today, as there are only 4 total spots per training session. Each session is one day.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131232	14-18	IRCC	Apr18	9:00AM-10:00AM	1	Su	Dinh \$35
131233	14-18	IRCC	Apr18	11:30AM-12:30PM	1	Su	Dinh \$35
131234	14-18	IRCC	Apr25	9:00AM-10:00AM	1	Su	Dinh \$35
131235	14-18	IRCC	Apr25	11:30AM-12:30PM	1	Su	Dinh \$35
131236	14-18	IRCC	May2	9:00AM-10:00AM	1	Su	Dinh \$35
131237	14-18	IRCC	May2	11:30AM-12:30PM	1	Su	Dinh \$35
131238	14-18	IRCC	May9	9:00AM-10:00AM	1	Su	Dinh \$35
131239	14-18	IRCC	May9	11:30AM-12:30PM	1	Su	Dinh \$35
131240	14-18	IRCC	May16	9:00AM-10:00AM	1	Su	Dinh \$35
131241	14-18	IRCC	May16	11:30AM-12:30PM	1	Su	Dinh \$35
131242	14-18	IRCC	May23	9:00AM-10:00AM	1	Su	Dinh \$35
131243	14-18	IRCC	May23	11:30AM-12:30PM	1	Su	Dinh \$35
131244	14-18	IRCC	May30	9:00AM-10:00AM	1	Su	Dinh \$35
131245	14-18	IRCC	May30	11:30AM-12:30PM	1	Su	Dinh \$35

#### **Basketball**

For more information, call (510) 791-4334

#### Little Dribblers Basketball Ages 3-5

Lay-ups, free throws and dribbling Oh My! It's never too early to begin developing a basketball star! Kids will develop basic skills in passing, ball handling and team play. No class April 23.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131252	3-5	CCC	Apr9-May14	12:15PM-1:00PM	5	F	\$55
131253	3-5	CCC	May21-Jun18	12:15PM-1:00PM	5	F	\$55

#### Little Dribblers Basketball II Ages 5-7

This class is a continuation of Little Dribblers Basketball. If you want to advance the basic skills learned in Little Dribblers with NEW techniques and develop NEW skills, this is it! It is recommended for children who have taken Little Dribblers Basketball.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131254	5-7	CCC	Apr10-May8	9:00AM-9:45AM	5	Sa	\$55
131255	5-7	CCC	May22-Jun19	9:00AM-9:45AM	5	Sa	\$55

# Wednesday Basketball Clinic Ages 4-7 and 8-10

Come join us for a fun-filled night of basketball. Get a jumpstart on learning the game of basketball before the summer camps start! Boys and girls will be divided into age groups to work on fundamentals such as dribbling, passing, and shooting; then participate in lots of fun games. This clinic will benefit all skills levels and we added an extra day of learning—now a 6-week session!

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131250	4-7	IRCC	Apr14-May19	5:30PM-6:30PM	6	W	\$79
131251	8-10	IRCC	Apr14-May19	6:30PM-8:00PM	6	W	\$89

#### **Sports** (cont'd)

#### **Spring Break Basketball Elite Clinics** Ages 4-7, 8-10, 11-14 and 14-18

Elite Basketball Clinics are for players of all levels. Clinics will cover all basketball fundamentals and will target areas of improvement. These Elite Clinics are run by the Boys Varsity Head Coach at Mission San Jose High School, Pete Vaz, and staff. They are open to boys and girls.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
129180	4-7	IRCC	Apr5-9	8:30AM-10:00AM	5	M-F	\$99
129181	8-10	IRCC	Apr5-9	10:00AM-12:00PM	5	M-F	\$99
129182	11-14	IRCC	Apr5-9	12:30PM-2:30PM	5	M-F	\$99
129183	14-18	IRCC	Apr5-9	2:30PM-4:30PM	5	M-F	\$99

#### Field Hockey Clinic Ages 7-13

#### For more info contact (510) 790-5520

Field Hockey clinic for boys and girls. Come learn the sport of Field Hockey from the staff at the USA field Hockey Training Center. Boys and Girls will learn the fundamentals of the sport while having fun. This International coaching staff will train players at a level that could place them on a National Championship winning team. Mouth Guards and Shin guards will be provided. Stick rental will be available.

			DATES				
1311/8	7-13	IRCC	Mar28-Apr25	11:00AM-12:00PM	5	Su	\$89
131179	7-13	IRCC	May9-Jun6	11:00AM-12:00PM	5	Su	\$89

#### **Fitness**



#### Boot Camp Ages 18 & up

#### For more information, call (510) 791-4334

Many of our students are losing inches and dropping dress sizes-come find out how! Suitable for both men and women, Boot Camp is a mixture of athletic drills and strength training. We utilize bands, tubes, weighted balls, agility ladders, jump ropes and more. Some class sessions may be held outdoors, so dress in layered clothing and wear supportive athletic shoes. Instructor Cannon with Physique Complete, LLC. This is a TRY-IT Pass class. Only two spots are available in each class. \$5.00 each. You must register for the TRY-IT Pass through the Main Recreation Office, 3300 Capitol Ave, Bldg B. Bring a pair of hand weights, water and a mat. No class May 19.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131376	18 & up	NVMH	Apr12-26	6:40PM-7:40PM	5	M,W	Cannon	\$89
131377	18 & up	NVMH	May3-26	6:40PM-7:40PM	7	M,W	Cannon	\$125
131378	18 & un	NI\/MH	lun1/1-30	6:40PM_7:40PM	6	M M	Cannon	\$100

#### Bollywood Dance Aerobics Ages 18 & up

#### For more information, call (510) 791-4351

Not only are you learning to dance but also exercising in the process! Get in sync and get in shape! This is a combination of Bollywood dance moves and aerobics. No dance experience needed! Taught by Sharmi Mukherjee who has a Masters degree in Indian Classical Dance and is a professional Physical Therapist. Wear comfortable clothing and tennis shoes. It's going to be FUN so sign up TODAY!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
130226	18 & up	LCCC	Apr15-May27	7:00PM-8:00PM	7	Th	Mukherjee	\$79

#### Cardio and Pilates Exercise Ages 18 & up

#### For more information, call (510) 791-435

Combine fat burning Cardio exercise with calorie burning Pilates. You will multiply your results by integrating the Cardio with Pilates abdominal floor work. With every routine, you will feel stronger and healthier. This class is for ALL LEVELS. Wear comfortable clothes and tennis shoes. Bring a mat.

BAR AGE LOC DATES TIME Apr12-May24 7:20PM-8:20PM 7 130232 18 & up CCC M Bermudez

#### **Jazzercise**

#### For more information call (510) 791-4334

A powerfully fun and effective workout that will lift your spirits and strengthen your heart, muscles, and core. A combination of cardio, strength, and stretch will leave you feeling energized and refreshed. Students under the age of 18 may attend with a permission slip from a parent or legal guardian. For complete class and fee information, contact the instructor listed below. Not available for Internet registration. Registration is taken at the door only.

No class April 4 and May 31.

Warm Springs Community Center, 47300 Fernald Street Instructor Anitha Ramareddy, (408) 230-4166

M/W 7:00 p.m., Th 6:30 p.m., Sa/Su 8:30 a.m.

**INTRODUCTORY OFFER!** First month FREE when you sign up for Easy Fitness Ticket (EFT)!

#### jazzercise. It shows!

Redeem this coupon for your unlimited classes

\$25 off first month payment (for new students only) \$45/month EFT / \$118/8-week pass \$70 **joining fee** (one time only)

tap into your natural energy source





fresh moves. new music. pure motivation.

Jazzercise located at 47300 Fernald Street in Fremont.

#### Turbo Kick® Ages 18 & up

#### For more information, call (510) 791-4334

Are you ready for a great workout? Want to kick, punch, and groove your way into better shape? Sign up for Turbo Kick®. Turbo Kick® combines shadow boxing, kickboxing, sports drills, dancing, yoga, and simple dance moves into one fun and challenging work out. Turbo Kick® is an interval based class that allows participants of any fitness level to participate and custom tailor their workouts. Brought to you by Physique Complete, LLC with Certified Turbo Kick.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131580	18 & up	TNC	Apr3-24	9:00AM-10:00AM	4	Sa	Palafox	\$75
131581	18 & up	TNC	May1-29	9:00AM-10:00AM	5	Sa	Palafox	\$89
131582	18 & up	TNC	Jun5-26	9:00AM-10:00AM	4	Sa	Palafox	\$75

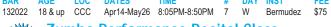
#### Fitness (cont'd)

For more information, call (510) 791-4351

#### Zumba Dance Work-Out Ages 18 & up

This 45 minute class is a fun high energy, fast pace, upbeat, fat-burning Zumba dance class is going to be a blast! This class is designed to burn calories. The more you move, the more calories you burn. Participants should bring a water bottle and sweat towel. Wear comfortable clothing and tennis shoes. No experience needed. Don't give up! Stick with it and see results!

BAR AGE LOC DATES TIME # DAY INST FEE



# Zumba Performance Recital Class Ages 18 & up

This high energy, fast paced, upbeat, Zumba Dance Performance class will perform in our June 2010 recital show. This is for the intermediate dancer who has taken prior dance classes. Jazz may be incorporated in the choreography for recital. Jazz shoes are required. Come have fun with us and dance on Stage!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132023	18 & up	CCC	Apr14-May26	7:20PM-8:00PM	7	W	Bermudez	\$79

#### Zumba for 50 & Over

50 or Over? This class is for you! Get your exercise while dancing in this Latin inspired Zumba dance class. It is sure to be a winner and it's going to be a blast! No experience is needed. Just come to have Fun! Wear tennis shoes, comfortable clothing and bring water.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132530	50 & up	CCC	Apr14-May26	12:00PM-12:45PM	7	W	Basso	\$75

#### Golf

For more information, call (510) 494-4371

#### Junior Golf Ages 8-17

Learn the fundamentals of the full swing, the short game, rules of golf and etiquette. Have fun learning golf through numerous activities, games, and skills contests. \$12 lab fee due at first class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131790	8-17	<b>FPGPC</b>	Apr3-24	10:30AM-11:30AM	4	Sa	Chang	\$85
132231	8-17	<b>FPGPC</b>	Apr4-25	12:00PM-1:00PM	4	Su	Mulhearn	\$85
131791	8-17	<b>FPGPC</b>	May1-22	10:30AM-11:30AM	4	Sa	Chang	\$85
132233	8-17	<b>FPGPC</b>	May2-23	12:00PM-1:00PM	4	Su	Mulhearn	\$85
131792	8-17	FPGPC	Jun5-26	10:30AM-11:30AM	4	Sa	Chang	\$85
132234	8-17	FPGPC	Jun6-27	12:00PM-1:00PM	4	Su	Mulhearn	\$85

# Junior Golf League & Tournament Play Ages 7-17

This program is designed for intermediate players with some golf course experience. The format is designed to have players play weekly with the last Friday of every month being a tournament. The golfers compete with other players with the hopes of improving their game and taking it to the next level. To be eligible, you must have participated in at least one golf camp/clinic or have taken at least three private lessons at FPGC. You must have a Youth on Course Card. A parent must also be able to chaperone at least once per month.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131802	7-17	<b>FPGPC</b>	Apr2-23	3:30PM-6:00PM	4	F	Chang	\$99
131805	7-17	<b>FPGPC</b>	May7-28	3:30PM-6:00PM	4	F	Chang	\$99
131806	7-17	FPGPC	Jun4-25	3:30PM-6:00PM	4	F	Chang	\$99

# Fundamentals of Golf Ages 18 & up

Focus on the classic fundamentals of golf! You will review the various shots you face while playing: putting, chipping, pitching, full swing, and driving. This class is aimed at those who need a refresher-are familiar with the game, enjoy going out and playing and do not have questions regarding scoring, etiquette, etc. Discover the intricate details of the golf swing, become familiar with the 'laws of ball flight' and strive to shave 10 strokes off your average! By the end of this class, you should be able to self diagnose many of your basic swing flaws and apply the necessary drills to remedy them. \$12 lab fee due at first class.

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BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131778	18 & up	<b>FPGPC</b>	Apr1-22	7:00PM-8:00PM	4	Th	Chang	\$109
131781	18 & up	<b>FPGPC</b>	Apr3-24	12:00PM-1:00PM	4	Sa	Chang	\$109
132226	18 & up	<b>FPGPC</b>	Apr4-25	4:00PM-5:00PM	4	Su	Mulhearn	\$109
131782	18 & up	<b>FPGPC</b>	May1-22	12:00PM-1:00PM	4	Sa	Chang	\$109
132227	18 & up	<b>FPGPC</b>	May2-23	4:00PM-5:00PM	4	Su	Mulhearn	\$109
131779	18 & up	<b>FPGPC</b>	May6-27	7:00PM-8:00PM	4	Th	Chang	\$109
131780	18 & up	<b>FPGPC</b>	Jun3-24	7:00PM-8:00PM	4	Th	Chang	\$109
131783	18 & up	<b>FPGPC</b>	Jun5-26	12:00PM-1:00PM	4	Sa	Chang	\$109
132228	18 & up	<b>FPGPC</b>	Jun6-27	4:00PM-5:00PM	4	Su	Mulhearn	\$109

#### Learn to Play the Course Ages 18 & up

After you learn to swing, it's time to learn to play the course. Where do I go? Where do I stand? What should I say? Most new players know a little bit about the swing, but not much about golf etiquette and how to play with others. In this series, we continue to work on the basics of the full swing and short game while learning to play responsibly. The first three classes will be on the driving range and short game area. The last class will be on the golf course.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131796	18 & up	<b>FPGPC</b>	Apr3-24	1:30PM-2:30PM	4	Sa	Chang	\$105
131797	18 & up	<b>FPGPC</b>	May1-22	1:30PM-2:30PM	4	Sa	Chang	\$105
131798	18 & up	<b>FPGPC</b>	Jun5-26	1:30PM-2:30PM	4	Sa	Chang	\$105



#### **Gymnastics**

For more information, call (510) 791-4351 Demaray's Gymnastics Academy 40511 Albrae Street. Fremont

Wear comfortable clothing.

Please note: There are no make up classes for missed or late arrivals. Students arriving later than 10 minutes after the class start are not allowed to participate.

No refunds on or after class start date. Kids must be potty trained. No class May 31.

#### Parent and Me Gymnastics Ages 3-5

Come join the fun with your child! Little tumblers will be introduced to floor exercises, movement and basic use of equipment including obstacle course, trampolines, bars and balance beam. Parent participation is required.

Session I			Session II		
BAR TIME	#	DAY	BAR TIME	#	DAY
Apr7-May12 \$75			May18-Jun15 \$65		
127428 4:15PM-5:15PM	6	W	127434 4:15PM-5:15PM	5	Tu
Apr8-May13 \$75			May20-Jun17 \$65		
127429 4:15PM-5:15PM	6	Th	127436 4:15PM-5:15PM	5	Th
Apr10-May15 \$75			May22-Jun19 \$65		
127431 9:00AM-10:00AM	6	Sa	127438 9:00AM-10:00AM	5	Sa
Apr10-May15 \$75			127439 10:00AM-11:00AM	5	Sa
127432 10:00AM-11:00AM	6	Sa			

#### **Tumble Tots Ages 3-5**

Tots will learn advanced motor development through the use of an obstacle courses, floor movements and balance beam walking. In addition, bridges, advanced cartwheels, basic skills on bars and the trampoline will be introduced.

Sessi	on I			Session II
BAR	TIME	#	DAY	BAR TIME # DAY
Apr5-May	y10 \$75			May17-Jun14 \$55
127364	4:15PM-5:15PM	6	M	127382 4:15PM-5:15PM 4 M
Apr6-May	y11 \$75			May18-Jun15 \$65
127402	10:00AM-11:00AM	6	Tu	127410 10:00AM-11:00AM 5 Tu
127369	6:15PM-7:15PM	6	Tu	127387 6:15PM-7:15PM 5 Tu
Apr7-May	Apr7-May12 \$75			May19-Jun16 \$65
127370	4:15PM-5:15PM	6	W	127388 4:15PM-5:15PM 5 W
127371	5:15PM-6:15PM	6	W	127389 5:15PM-6:15PM 5 W
Apr9-May	y14 \$75			May21-Jun18 \$65
127377	5:15PM-6:15PM	6	F	127395 5:15PM-6:15PM 5 F
Apr10-Ma	ay15 \$75			May22-Jun19 \$65
127379	9:00AM-10:00AM	6	Sa	127397 9:00AM-10:00AM 5 Sa
127380	10:00AM-11:00AM	6	Sa	127398 10:00AM-11:00AM 5 Sa
127381	11:00AM-12:00PM	6	Sa	127399 11:00AM-12:00PM 5 Sa



# TOPS Advanced Boys only Ages 4-5

This advanced TOPS class will build on previously learned skills. Participants must be able to perform cartwheels, round-offs, and forward/backward rolls. Students will learn a variety of tumbling techniques that may include backbends handstands, Level I balance beam, uneven bars, and trampoline.

BAR	TIME	#	DAY							
Apr10-M	Apr10-May15 \$75									
127362	9:00AM-10:00AM	6	Sa							
May22-Jun19 \$65										
127363	9:00AM-10:00AM	5	Sa							





#### Boys & Girls Beg/Adv L1-2 Ages 5 & up

Participants will learn basic moves on the floor, uneven bars, balance beam and vault, along with conditioning and flexibility. Great class for both beginners and advanced participants.

Sessi	on I			Sessi	on II				
BAR	TIME	#	DAY	BAR	TIME	#	DAY		
Apr5-Ma	y10 \$75			May17-Jun14 \$55					
128807	2:00PM-3:00PM	6	M	128810	3:00PM-4:00PM	4	M		
128808	3:00PM-4:00PM	6	M	127344	4:15PM-5:15PM	4	M		
127326	4:15PM-5:15PM	6	M	May18-J	un15 \$65				
Apr6-Ma	y11 \$75			127347	4:15PM-5:15PM	5	Tu		
127329	4:15PM-5:15PM	6	Tu	127349	6:15PM-7:15PM	5	Tu		
127331	6:15PM-7:15PM	6	Tu	May20-J	un17 \$75				
Apr8-Ma	y13 \$75			127353	4:15PM-5:15PM	5	Th		
127335	4:15PM-5:15PM	6	Th	May21-J	un18 \$65				
Apr9-Ma	y14 \$75			127356	4:15PM-5:15PM	5	F		
127338	4:15PM-5:15PM	6	F	127358	6:15PM-7:15PM	5	F		
127340	6:15PM-7:15PM	6	F	May22-J	un19 \$65				
Apr10-M	ay15 \$75			127360	10:00AM-11:00AM	5	Sa		
127342	10:00AM-11:00AM	6	Sa						

#### Tumble and Trampoline Classes 5 & up

In this tumbling and trampoline program, youth will learn basic to advanced skills along with conditioning and flexibility training. This is a perfect compliment for those students focused on competitive martial arts, cheerleading, and dance.

Sessi	on I			Session II			
BAR	TIME	#	DAY	BAR TIME	#	DAY	
Apr6-May	/11 \$75			May18-Jun15 \$65			
127418	5:15PM-6:15PM	6	Tu	127420 5:15PM-6:15PM	5	Tu	
Apr8-May	/13 \$75			May20-Jun17 \$65			
127419	5:15PM-6:15PM	6	Th	127421 5:15PM-6:15PM	5	Th	

#### **Ice Skating**

#### For more information, call (510) 791-4318 Sharks Ice at Fremont 44388 Old Warm Springs Boulevard, Fremont

Learn to skate with Professional Skating Instructors! Classes include a 30 minute lesson, skate rental, and a free public session the day of the class. Arrive early to allow time to put on skates before class. The ice rink temperature is 42-48 degrees—wear clothing that is warm, comfortable, and easy to move in. A jacket, hat, gloves or mittens are recommended. Protective gear is optional.

#### Parent & Me Ages 2-5

Children and parents will learn the basics of ice skating on the ice at the same time. The class will cover the proper way to fall down, get up, skate forward and balance on those thin blades! Glides and stops will be introduced. A second child per parent may be added for \$25. To obtain the discount, the second child must be registered by fax, mail or in person with a reference to child #1. The second child cannot be registered online.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
132294	2-5	SIF	Apr8-May13	3:45PM-4:15PM	6	Th	\$109
132295	2-5	SIF	May20-Jun24	3:45PM-4:15PM	6	Th	\$109

#### Ice Skating for Tots Ages 3-6

Tots will develop confidence on the ice while learning the proper way to fall down, get up, forward skate and balance on the skate. Glides and stops will be introduced.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
132296	3-6	SIF	Apr9-May14	3:45PM-4:15PM	6	F	\$79
132297	3-6	SIF	May21-Jun25	3:45PM-4:15PM	6	F	\$79

#### Ice Skating for Youth Ages 6-17

Youth learn the proper way to fall down, get up, stop, skate the two foot glide, one foot glide, forward swizzles, forward stroking and backward swizzles. They even try an introductory spin!

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
132298	6-17	SIF	Apr7-May12	3:45PM-4:15PM	6	W	\$79
132299	6-17	SIF	May19-Jun23	3:45PM-4:15PM	6	W	\$79



#### Sailing

For more information, call (510) 790-5541

#### Basic Sailing Ages 12 & up

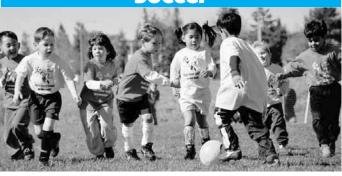
Fifteen hours of classroom lecture and on-water training in El Toros covers water safety, sailing terminology, theory, points of sail, boat handling and rights of way. This course is being taught by the Fremont Sailing Club. BEWARE Sailing is a wet sport in an outdoor setting. Bring a change of clothes, towel, sunscreen, water, food and necessary medications. NEW THIS SUMMER: We will be



offering an Intermediate Sailing Program. You must successfully complete the Basic Sailing Program in order to qualify for the Intermediate Sailing Program.

			·				
BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131279	12 & up	CPVSC	May1-15	9:00AM-3:00PM	3	Sa	\$109

#### Soccer



#### **Munchkin Soccer Ages 3-5**

#### For more information, call (510) 791-4334

Parents do you have the next David Beckham or Mia Hamm? Find out in this fun introduction to soccer skills class! Make new friends while learning about the game. No class April 23.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131260	3-5	CCC	Apr7-May5	6:00PM-6:45PM	5	W	\$55
131256	3-5	CCC	Apr9-May14	1:15PM-2:00PM	5	F	\$55
131257	3-5	CCC	Apr9-May14	5:30PM-6:15PM	5	F	\$55
131261	3-5	CCC	May19-Jun16	5:00PM-5:45PM	5	W	\$55
131259	3-5	CCC	May21-Jun18	1:15PM-2:00PM	5	F	\$55
131258	3-5	CCC	May21-Jun18	6:30PM-7:15PM	5	F	\$55

#### **Munchkin Soccer II Ages 5-7**

#### For more information, call (510) 791-4334

This class is a continuation to Munchkin Soccer. Advance the basic skills learned in Munchkin Soccer with NEW techniques and develop NEW skills. It is recommended for children who have taken Munchkin Soccer.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131268	5-7	CCC	Apr10-May8	10:00AM-10:45AM	5	Sa	\$55
131269	5-7	CCC	May22-Jun19	10:00AM-10:45AM	5	Sa	\$55

#### Soccer Clinics Ages 3-4, 5-6 and 7-8

#### For more information, call (510) 790-5520

The Fremont Youth Soccer League provides expert soccer coaching to develop youth soccer players while having considerable amounts of fun! Youth will be coached on age appropriate soccer skills. Shin guards are required. Bring water.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
132428	3-4	CPSC	Apr17-May22	8:00AM-9:00AM	6	Sa	\$129
132429	5-6	CPSC	Apr17-May22	9:00AM-10:00AM	6	Sa	\$129
132430	7-8	CPSC	Apr17-May22	10:00AM-11:00AM	6	Sa	\$129
132434	3-4	NP	Apr20-May25	5:00PM-6:00PM	6	Tu	\$129
132435	5-6	NP	Apr20-May25	6:00PM-7:00PM	6	Tu	\$129

#### **T-Ball League Ages 3-5**

#### For more information, call (510) 790-5520

This is a great introduction to the game of baseball/softball. We will cover the basics, teach the children to be part of a team, and demonstrate good sportsmanship! No score is kept-everyone is a winner! We will try to honor all requests for children to be placed on the same team. Requests must be made in writing and turned in at the time of registration (please include the barcode!). The games will be played at Centerville Park, 3350 Country Drive. Games will be one-hour, between 9 a.m.-1 p.m. Start time will vary each week.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
126998	3-5	CCC	Apr24-May29	9:00AM-1:00PM	6	Sa	\$99

#### Volleyball

For more information, call Joe (510) 791-4334

Level I Ages 8-12 and 12-16

This class is an introduction to volleyball. Youth will be taught how to pass, set, and spike in a fun atmosphere. It is our goal to create an encouraging environment while establishing the importance of the basics and teamwork on the court. Our hopes are to excite young people about volleyball and prepare them to continue into some of our more advanced classes.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131246	8-12	IRCC	Apr16-May21	5:30PM-6:30PM	6	F	\$85
131249	12-16	IRCC	Apr16-May21	5:30PM-6:30PM	6	F	\$85



#### Level II Ages 10-12 and 13-16

The goal of this class is to fine tune basic volleyball techniques and build confidence in young athletes so they can compete at a more competitive level. We create an atmosphere for each individual to improve their skills and understand the role of each player on a team. It is structured so participants become proficient at the basics and can apply them in real game situations. Each athlete should complete this class with the confidence to compete at their grade level.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131247	12-16	IRCC	Apr16-May21	6:30PM-7:30PM	6	F	\$85
131248	10-12	IRCC	Apr16-May21	6:30PM-7:30PM	6	F	\$85

# **Spring Break Sports Camps**

#### Multi-Sports Extravaganza Ages 4-7

For more information, call (510) 790-5520

Come join us for sports fun! We'll touch on a number of sports and start teaching the fundamentals. Sports may include soccer, t-ball, baseball, softball, football, lacrosse, hockey, basketball, and playground games. Wear tennis shoes and dress for sports.

 BAR
 AGE
 LOC
 DATES
 TIME
 # DAY
 FEE

 129679
 4-7
 CPSBC
 Apr5-9
 8:00AM-12:00PM
 5
 M-F
 \$105

#### Half Day Sports Camp Ages 8-12

For more information, call (510) 790-5520

We'll play a wide variety of sports including football, soccer, basketball, baseball, softball, lacrosse, street hockey, frisbee golf and more! Dress for play, bring water and a snack.

 BAR
 AGE
 LOC
 DATES
 TIME
 # DAY
 FEE

 129680
 8-12
 CPSBC
 Apr5-9
 8:00AM-12:00PM
 5
 M-F
 \$105

# Tennis Spring Break Full and Half Day Camps Ages 5-13

For more information, call (510) 790-5510

Days full of tennis, cross training skills and activities! In addition to fun stuff, there will be drills and games to enhance your child's



hand-eye coordination, footwork and balance. Our creative stroke of the day will keep the learning process fun and stimulating while enabling us to accommodate a variety of skill levels. Kids are placed into groups based on age, ability and friendships. Campers must be pre-registered. Fee includes instruction, certificate of completion and camp photograph. Campers should bring a racquet and wear sturdy tennis shoes. Full day campers should bring a lunch. Central Park Extended Care from 8-9 a.m. and/or 3-6 p.m. is available for longer day options (see page 11).

BAR AGE LOC DATES 9:00AM-12:00PM 128991 5-13 TC Apr5-9 5 M-F \$135 128988 5-13 TC 9:00AM-3:00PM \$199

# Open MAY 222-Se FREMONT BANK A OUT A DUE TO THE SECOND OF THE SECOND

# **Aqua Adventure Family Waterpark**

Buy a season of FUN with our spring promotion!

#### 2010 Season Pass Special

\$65/person 4 years of age and up (offer expires 4/4/10)

3 years & under: \$2

- Great location for birthdays, company picnics, and youth group activities call (510) 494-4331
- Group discounts available
- Schedule reservations now!

For more details, go to www.goAquaAdventure.com....or... Visit the City of Fremont Park and Recreation Dept Front Desk 3300 Capitol Ave. Bldg B (510) 494-4300

#### Fremont Tennis Center

The Place to Play, the Place to Learn!!
1110 Stevenson Boulevard

For more information, call (510) 790-5510

Winner of the prestigious
United States Tennis Association
"Outstanding Recreational Facility Award"

Open daily, weather permitting, the Fremont Tennis Center offers a wide variety of programs and services for all ages.

- 18 championship tennis courts
- Club house: full service pro shop
- Reserved courts: reservations accepted5 days in advance
- Lessons: private, semi-private, and group
- Adult recreational play M,W,F 9 a.m. to Noon, \$2/ person
- Tournaments
- Instructional, social, and competitive leagues
- Ball machine \$20 per hour
- Largest selection of WILSON Demo racquets in the Tri City Area
- Professional racquet stringing and repair



#### **DROP IN CLINICS**

These clinics are designed for all tennis levels from recreation to tournament players. Participants will improve fitness, footwork, strategy, and mental side of tennis. Clinics include drills and instruction focusing on ground strokes, volleys, overheads, serves, court positioning, and strategies. All clinics are held on a daily drop-in basis.

No pre-registration is required. Clinics are not for novice players.

#### ADULT CLINICS – \$15/clinic

WEEKDAY	WEEKEND			
Adult Clinic Ages 17 and over Intermediate/Advanced Tue 7:00 p.m8:00 p.m. (3.5-4.0) Wed 7:00 p.m8:00 p.m. (3.5-4.0)	Adult Clinic "Run and Gun" Ages 17 and over Intermediate/Advanced Sat 9:00 a.m10:30 a.m. Focus on rapid-fire drills/conditioning			



#### **Adult Clinic**

Ages 17 and over Advanced Beginner/ Low Intermediate Sun 9:00 a.m.-10:30 a.m. Focus on "Game Improvement" skills



#### **JUNIOR CLINICS**

WEEKDAY	WEEKEND				
Elite Junior Clinic \$20/clinic Jr. High and High School players W,F 4:30 p.m5:00 p.m. Sun 12:30 p.m2:00 p.m.	Junior Clinic \$7/hour Ages 8-15 Beginning/Low Intermediate Players Saturdays 9:00 a.m10:30 a.m.				
Junior Academy Clinic \$20/clinic, Ages 8-15 Advanced/Tournament players Tue/Thu 4:00 p.m5:00 p.m.	Junior Academy Clinic \$15/clinic, Ages 8-18 Advanced/Tournament players Saturdays 10:30 a.m12:00 p.m				

#### Tennis Small Group Lessons

Low cost Wilson junior rackets are available for purchase at the Tennis Center. If it is or has been raining, please contact the Tennis Center one half hour prior to your lesson time for an update on lesson status. Any lessons cancelled due to rain will receive a refund. 510-790-5510.

#### Pee Wee I Age 5 and 6-7

This course is especially created to introduce little people to the game of tennis in a fun and rewarding way. Games will emphasize immediate success in each of the major aspects of tennis.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131429	5 year olds only	TC	Apr3-24	9:00AM-9:45AM	4	Sa	\$65
131435	6-7	TC	Apr3-24	9:00AM-9:45AM	4	Sa	\$65
131426	5 year olds only	TC	Apr20-May6	4:00PM-4:45PM	6	Tu,Th	\$75
131432	6-7	TC	Apr20-May6	4:00PM-4:45PM	6	Tu,Th	\$75
131430	5 year olds only	TC	May1-22	9:00AM-9:45AM	4	Sa	\$65
131436	6-7	TC	May1-22	9:00AM-9:45AM	4	Sa	\$65
131427	5 year olds only	TC	May11-27	4:00PM-4:45PM	6	Tu,Th	\$75
131433	6-7	TC	May11-27	4:00PM-4:45PM	6	Tu,Th	\$75
131431	5 year olds only	TC	May29-Jun19	9:00AM-9:45AM	4	Sa	\$65
131437	6-7	TC	May29-Jun19	9:00AM-9:45AM	4	Sa	\$65
131428	5 year olds only	TC	Jun1-17	4:00PM-4:45PM	6	Tu,Th	\$75
131434	6-7	TC	Jun1-17	4:00PM-4:45PM	6	Tu,Th	\$75

#### Pee Wee II Ages 5 and 6-7

This course continues the Pee Wee experience. Kids will build on skills already developed in the Pee Wee I classes. Students must have taken a Pee Wee I class before advancing to Pee Wee II.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131441	5 year olds only	TC	Apr3-24	9:45AM-10:30AM	4	Sa	\$65
131447	6-7	TC	Apr3-24	9:45AM-10:30AM	4	Sa	\$65
131438	5 year olds only	TC	Apr20-May6	4:45PM-5:30PM	6	Tu,Th	\$75
131444	6-7	TC	Apr20-May 6	4:45PM-5:30PM	6	Tu,Th	\$75
131442	5 year olds only	TC	May1-22	9:45AM-10:30AM	4	Sa	\$65
131448	6-7	TC	May1-22	9:45AM-10:30AM	4	Sa	\$65
131439	5 year olds only	TC	May11-27	4:45PM-5:30PM	6	Tu,Th	\$75
131445	6-7	TC	May11-27	4:45PM-5:30PM	6	Tu,Th	\$75
131443	5 year olds only	TC	May29-Jun19	9:45AM-10:30AM	4	Sa	\$65
131449	6-7	TC	May29-Jun19	9:45AM-10:30AM	4	Sa	\$65
131440	5 year olds only	TC	Jun1-17	4:45PM-5:30PM	6	Tu,Th	\$75
131446	6-7	TC	Jun1-17	4:45PM-5:30PM	6	Tu,Th	\$75

#### Level I Ages 8-13, 13-17 and 16 & up

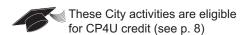
Introduction to tennis for students with little or no prior instruction and limited play experience.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131453	8-13	TC	Apr3-24	10:30AM-11:30AM	4	Sa	\$65
131465	13-17	TC	Apr3-24	12:30PM-1:30PM	4	Sa	\$65
131471	16 & up	TC	Apr3-24	12:30PM-1:30PM	4	Sa	\$65
131450	8-13	TC	Apr20-May 6	5:30PM-6:30PM	6	Tu,Th	\$75
131462	13-17	TC	Apr20-May 6	7:30PM-8:30PM	6	Tu,Th	\$75
131468	16 & up	TC	Apr20-May 6	7:30PM-8:30PM	6	Tu,Th	\$75
131454	8-13	TC	May1-22	10:30AM-11:30AM	4	Sa	\$65
131466	13-17	TC	May1-22	12:30PM-1:30PM	4	Sa	\$65
131472	16 & up	TC	May1-22	12:30PM-1:30PM	4	Sa	\$65
131451	8-13	TC	May11-27	5:30PM-6:30PM	6	Tu,Th	\$75
131463	13-17	TC	May11-27	7:30PM-8:30PM	6	Tu,Th	\$75
131469	16 & up	TC	May11-27	7:30PM-8:30PM	6	Tu,Th	\$75
131455	8-13	TC	May29-Jun19	10:30AM-11:30AM	4	Sa	\$65.
131467	13-17	TC	May29-Jun19	12:30PM-1:30PM	4	Sa	\$65
131473	16 & up	TC	May29-Jun19	12:30PM-1:30PM	4	Sa	\$65
131452	8-13	TC	Jun1-17	5:30PM-6:30PM	6	Tu,Th	\$75
131464	13-17	TC	Jun1-17	7:30PM-8:30PM	6	Tu,Th	\$75
131470	16 & up	TC	Jun1-17	7:30PM-8:30PM	6	Tu,Th	\$75

#### Level II Ages 8-13, 13-17 and 16 & up

Supervised and instructional play for graduates of Level I or students with some instruction and knowledge of basic stroke mechanics.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131459	8-13	TC	Apr3-24	11:30AM-12:30PM	4	Sa	\$65
131479	13-17	TC	Apr3-24	1:30PM-2:30PM	4	Sa	\$65
131485	16 & up	TC	Apr3-24	1:30PM-2:30PM	4	Sa	\$65
131456	8-13	TC	Apr20-May6	6:30PM-7:30PM	6	Tu,Th	\$75
131476	13-17	TC	Apr20-May6	8:30PM-9:30PM	6	Tu,Th	\$75
131482	16 & up	TC	Apr20-May6	8:30PM-9:30PM	6	Tu,Th	\$75
131460	8-13	TC	May1-22	11:30AM-12:30PM	4	Sa	\$65
131480	13-17	TC	May1-22	1:30PM-2:30PM	4	Sa	\$65
131486	16 & up	TC	May1-22	1:30PM-2:30PM	4	Sa	\$65
131457	8-13	TC	May11-27	6:30PM-7:30PM	6	Tu,Th	\$75
131477	13-17	TC	May11-27	8:30PM-9:30PM	6	Tu,Th	\$75
131483	16 & up	TC	May11-27	8:30PM-9:30PM	6	Tu,Th	\$75
131461	8-13	TC	May29-Jun19	11:30AM-12:30PM	4	Sa	\$65
131481	13-17	TC	May29-Jun19	1:30PM-2:30PM	4	Sa	\$65
131487	16 & up	TC	May29-Jun19	1:30PM-2:30PM	4	Sa	\$65
131458	8-13	TC	Jun1-17	6:30PM-7:30PM	6	Tu,Th	\$75
131478	13-17	TC	Jun1-17	8:30PM-9:30PM	6	Tu,Th	\$75
131484	16 & up	TC	Jun1-17	8:30PM-9:30PM	6	Tu.Th	\$75



#### **Elite Tennis with Joe Grech**

For more information, call (510) 378-1305 or JoeGrechTennis@hotmail.com

#### Private Tennis Lessons \$60/hour or \$35/half-hour

Are you a junior player looking to improve your USTA ranking or making your high school varsity team? A USTA league player trying to move up a level? Private lessons may be your answer. Joe Grech, tennis coach at Chabot College and a USPTA certified professional is ready to help you reach your goals!

#### Adult + Junior Group Lessons \$60/hour or \$35/half-hour

Not sure if you want to commit to a one on one session?

Do you have some friends interested in learning?

Perhaps more than one child? Then maybe
a group lesson makes more sense.

Coach Grech has a few evening and weekend times open for Group Lessons.

Call or email soon to reserve your spot.

#### **Elite Junior Clinic**

#### \$20/day Drop in

Junior High and High school players looking to train, practice, and improve in a structured competitive clinic environment.

Monday/Wednesday/Friday 4:00-5:30 p.m. Sunday 12:30 p.m.-2:00 p.m.

#### Junior Drop-in Clinic \$20/day Drop in

Perfect for the child that has completed Level 1 and 2 tennis classes. Coach Grech teaches the modern game and stresses proper technique and fundamentals from the very first ball.

Tuesday/Thursday 4:00-5:15 p.m.

#### Play Tennis...Have Fun! with Carol Conidi

#### cjc10s@aol.com

#### Private Tennis Lessons \$55/hour or \$30/half hour

Looking for one-on-one instruction from a certified professional? You set the schedule and frequency. For adults and juniors. Beginner to Advanced players.

#### Junior Group Tennis Lessons \$15-22/hour depending on the number of students

Looking for a group of juniors to drill and practice with?

- Monday/Wednesday 3:30-4:30 p.m. Ages 7-12 with some previous experience— "baseline"
- Monday/Wednesday 4:30-6:00 p.m.; Friday 4:00-5:30 p.m. Ages 10-16 ready for tournaments

- Monday/Wednesday 6:00-7:00 p.m. Ages 10-14 Ready for Matches
- Tuesday/Thursday 4:00-5:00 p.m.
  Ages 7-10 with some previous experience— "Service line"
- Saturday 5-6:30 p.m. Jr. Team Tennis This program is designed for juniors who can rally and serve consistently, who are starting to play tournaments or high school tennis.

#### Adult Drop-in Clinics \$15/hour

- Adult Intermediate to Advanced Intermediate. Tuesday evening 7-8:00 p.m. (3.5-4.0)
- Wednesday evening 7-8:00 p.m. (2.5-3.0)

130549

Mar27-Jun12

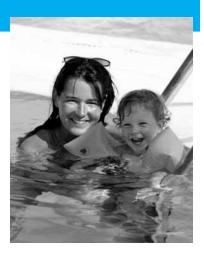
#### **Swimming**

#### For more information, call (510) 494-4371

Registration is open until 5:00 p.m. on Wednesday, March 17. To withdraw after March 17, you must contact the American Swim Academy. You will not receive a refund however, you will receive an American Swim Academy credit less a \$25 cancellation fee. All classes are 30 minutes each. The required ASA \$30 registration fee is included in the price listed. No class April 4 and May 31.

#### Agua Babies Ages 6 months-2 years

Maximum 7 per class. This is a parent participation class and all students must be accompanied by an adult in the water. This class combines water adaptation and safety. Once comfortable in the water, your child will learn safety skills, including holding his/her breath, floating, kicking and climbing out of the water. Non or newly potty trained children are required to wear a swim diaper.



Fremo	nt Location					Newark Location			
BAR	DATES	TIME	#	DAY	FEE	BAR DATES TIME	#	DAY	FEE
130526	Mar21-Jun6	9:00AM-9:30AM	11	Su	\$228	130550 Mar21-Jun6 9:00AM	И-9:30AM 11	Su	\$228
130527	Mar21-Jun6	10:00AM-10:30AM	11	Su	\$228	130551 Mar21-Jun6 9:30AM	И-10:00AM 11	Su	\$228
130528	Mar21-Jun6	10:30AM-11:00AM	11	Su	\$228	130552 Mar21-Jun6 10:30A	M-11:00AM 11	Su	\$228
130529	Mar21-Jun6	11:00AM-11:30AM	11	Su	\$228	130553 Mar21-Jun6 11:00A	M-11:30AM 11	Su	\$228
130530	Mar21-Jun6	2:00PM-2:30PM	11	Su	\$228	130554 Mar21-Jun6 1:00PN	И-1:30PM 11	Su	\$228
130531	Mar22-Jun7	9:30AM-10:00AM	11	M	\$140	130555 Mar22-Jun7 6:00PN	И-6:30PM 11	M	\$228
130532	Mar22-Jun7	6:30PM-7:00PM	11	M	\$228	130556 Mar22-Jun7 6:30PM	M-7:00PM 11	M	\$228
130533	Mar23-Jun8	9:30AM-10:00AM	12	Tu	\$150	130557 Mar23-Jun8 11:30A	M-12:00PM 12	Tu	\$150
130534	Mar23-Jun8	10:00AM-10:30AM	12	Tu	\$150	130558 Mar23-Jun8 6:00PN	M-6:30PM 12	Tu	\$246
130535	Mar23-Jun8	10:30AM-11:00AM	12	Tu	\$150	130559 Mar23-Jun8 6:30PN	M-7:00PM 12	Tu	\$246
130536	Mar23-Jun8	6:00PM-6:30PM	12	Tu	\$246	130560 Mar24-Jun9 5:30PN	M-6:00PM 12	W	\$246
130537	Mar24-Jun9	10:00AM-10:30AM	12	W	\$150	130561 Mar24-Jun9 6:30PM	M-7:00PM 12	W	\$246
130538	Mar24-Jun9	4:30PM-5:00PM	12	W	\$246	130562 Mar25-Jun10 5:30PN	M-6:00PM 12	Th	\$246
130539	Mar25-Jun10	10:00AM-10:30AM	12	Th	\$150	130563 Mar25-Jun10 6:30PN	M-7:00PM 12	Th	\$246
130540	Mar25-Jun10	4:30PM-5:00PM	12	Th	\$246	130564 Mar26-Jun11 10:30A	M-11:00AM 12	F	\$150
130541	Mar25-Jun10	6:30PM-7:00PM	12	Th	\$246	130565 Mar26-Jun11 11:00A	M-11:30AM 12	F	\$150
130542	Mar26-Jun11	9:30AM-10:00AM	12	F	\$150	130566 Mar26-Jun11 6:30PN	M-7:00PM 12	F	\$246
130543	Mar26-Jun11	5:30PM-6:00PM	12	F	\$246	130567 Mar27-Jun12 9:00AM	И-9:30AM 12	Sa	\$246
130544	Mar27-Jun12	9:00AM-9:30AM	12	Sa	\$246	130568 Mar27-Jun12 10:00A	M-10:30AM 12	Sa	\$246
130545	Mar27-Jun12	9:30AM-10:00AM	12	Sa	\$246	130569 Mar27-Jun12 10:30A	M-11:00AM 12	Sa	\$246
130546	Mar27-Jun12	10:30AM-11:00AM	12	Sa	\$246	130570 Mar27-Jun12 11:00A	M-11:30AM 12	Sa	\$246
130547	Mar27-Jun12	11:00AM-11:30AM	12	Sa	\$246				
130548	Mar27-Jun12	12:00PM-12:30PM	12	Sa	\$246				

\$246

# Aqua Adventure Family Waterpark

#### Get Set to Get Wet!

1:00PM-1:30PM



www.GoAquaAdventure.com

#### 2010 Season Pass buys you a SEASON OF FUN! Our SPRING PROMOTION is available until April 4.

For just \$65/PERSON you can visit the park and slide your way through the heat of summer. For a Family 4-Pk @ \$239 with additional passes at \$60/person, call (510) 494-4426.

A pass is required for each guest (age 3 & under: \$2/day). A picture will be taken and your pass issued on your 1st visit. Go to the Group Sales Window on any normal operating day to get your pass processed. Season Passes are non-refundable and non-transferable.

Passes are valid for any normal operating day from May 22–September 26. Park admission is not guaranteed and park may be closed due to reaching capacity, inclement weather, maintenance or park buy-out. Operating hours are subject to change without notice.

Passes are the property of Aqua Adventure Waterpark and may be revoked without refund for cause at any time.

For more details, go to www.goAquaAdventure.com....or... Visit the City of Fremont Park and Recreation Dept Front Desk 3300 Capitol Ave. Bldg B (510) 494-4300

#### **Swimming Ages 3-4**

Maximum 4 students per class. The ultimate goals for our preschool swimmers are water comfort, water movement, and water safety. Instructors incorporate games and positive reinforcement to make swimmers safe and comfortable in the water.

Fremont Location						Newark Location						
	BAR	DATES	TIME	#	DAY	FEE	BAR	DATES	TIME	#	DAY	FEE
	130576	Mar21-Jun6	11:30AM-12:00PM	11	Su	\$228	130623	Mar21-Jun6	11:30AM-12:00PM	11	Su	\$228
	130577	Mar21-Jun6	12:30PM-1:00PM	11	Su	\$228	130624	Mar21-Jun6	12:30PM-1:00PM	11	Su	\$228
	130578	Mar21-Jun6	1:30PM-2:00PM	11	Su	\$228	130625	Mar21-Jun6	1:30PM-2:00PM	11	Su	\$228
	130579	Mar21-Jun6	3:00PM-3:30PM	11	Su	\$228	130626	Mar21-Jun6	2:00PM-2:30PM	11	Su	\$228
	130580	Mar22-Jun7	10:00AM-10:30AM	11	M	\$140	130627	Mar22-Jun7	3:30PM-4:00PM	11	M	\$228
	130581	Mar22-Jun7	10:30AM-11:00AM	11	M	\$140	130628	Mar22-Jun7	4:30PM-5:00PM	11	M	\$228
	130582	Mar22-Jun7	3:30PM-4:00PM	11	M	\$228	130629	Mar22-Jun7	5:30PM-6:00PM	11	M	\$228
	130583	Mar22-Jun7	4:30PM-5:00PM	11	M	\$228	130630	Mar22-Jun7	6:30PM-7:00PM	11	M	\$228
	130584	Mar22-Jun7	5:30PM-6:00PM	11	M	\$228	130631	Mar22-Jun7	7:00PM-7:30PM	11	M	\$228
	130585	Mar22-Jun7	7:30PM-8:00PM	11	M	\$228	130632	Mar23-Jun8	9:00AM-9:30AM	12	Tu	\$150
	130586	Mar23-Jun8	9:30AM-10:00AM	12	Tu	\$150	130633	Mar23-Jun8	9:30AM-10:00AM	12	Tu	\$150
	130587	Mar23-Jun8	10:30AM-11:00AM	12	Tu	\$150	130634	Mar23-Jun8	10:30AM-11:00AM	12	Tu	\$150
	130588	Mar23-Jun8	11:00AM-11:30AM	12	Tu	\$150	130635	Mar23-Jun8	11:00AM-11:30AM	12	Tu	\$150
	130589	Mar23-Jun8	11:30AM-12:00PM	12	Tu	\$150	130636	Mar23-Jun8	3:30PM-4:00PM	12	Tu	\$246
	130590	Mar23-Jun8	4:30PM-5:00PM	12	Tu	\$246	130637	Mar23-Jun8	4:30PM-5:00PM	12	Tu	\$246
	130591	Mar23-Jun8	6:30PM-7:00PM	12	Tu	\$246	130638	Mar23-Jun8	5:30PM-6:00PM	12	Tu	\$246
	130592	Mar23-Jun8	7:30PM-8:00PM	12	Tu	\$246	130639	Mar23-Jun8	6:30PM-7:00PM	12	Tu	\$246
	130593	Mar24-Jun9	10:00AM-10:30AM	12	W	\$150	130640	Mar23-Jun8	7:00PM-7:30PM	12	Tu	\$246
	130594	Mar24-Jun9	10:30AM-11:00AM	12	W	\$150	130641	Mar24-Jun9	3:30PM-4:00PM	12	W	\$246
	130595	Mar24-Jun9	11:00AM-11:30AM	12	W	\$150	130642	Mar24-Jun9	4:30PM-5:00PM	12	W	\$246
	130596	Mar24-Jun9	3:30PM-4:00PM	12	W	\$246	130643	Mar24-Jun9	5:30PM-6:00PM	12	W	\$246
	130597	Mar24-Jun9	4:30PM-5:00PM	12	W	\$246	130644	Mar24-Jun9	6:30PM-7:00PM	12	W	\$246
	130598	Mar24-Jun9	5:30PM-6:00PM	12	W	\$246	130645	Mar24-Jun9	7:00PM-7:30PM	12	W	\$246
	130599	Mar24-Jun9	6:30PM-7:00PM	12	W	\$246	130646	Mar25-Jun10	10:00AM-10:30AM	12	Th	\$150
	130600	Mar24-Jun9	8:00PM-8:30PM	12	W	\$246	130647	Mar25-Jun10	10:30AM-11:00AM	12	Th	\$150
	130601	Mar25-Jun10	10:00AM-10:30AM	12	Th	\$150	130648	Mar25-Jun10	11:00AM-11:30AM	12	Th	\$150
	130602	Mar25-Jun10	10:30AM-11:00AM	12	Th	\$150	130649	Mar25-Jun10	3:30PM-4:00PM	12	Th	\$246
	130603	Mar25-Jun10	11:00AM-11:30AM	12	Th	\$150	130650	Mar25-Jun10	4:30PM-5:00PM	12	Th	\$246
	130604	Mar25-Jun10	11:00AM-11:30AM	12	Th	\$150	130651	Mar25-Jun10	5:30PM-6:00PM	12	Th	\$246
	130605	Mar25-Jun10	11:30AM-12:00PM	12	Th	\$150	130652	Mar25-Jun10	6:30PM-7:00PM	12	Th	\$246
	130606	Mar25-Jun10	3:30PM-4:00PM	12	Th	\$246	130653	Mar25-Jun10	7:00PM-7:30PM	12	Th	\$246
	130607	Mar25-Jun10	4:30PM-5:00PM	12	Th	\$246	130654	Mar26-Jun11	9:00AM-9:30AM	12	F	\$150
	130608	Mar25-Jun10	5:30PM-6:00PM	12	Th	\$246	130655	Mar26-Jun11	9:30AM-10:00AM	12	F	\$150
	130609	Mar25-Jun10	7:30PM-8:00PM	12	Th	\$246	130656	Mar26-Jun11	10:30AM-11:00AM	12	F	\$150
	130610	Mar25-Jun10	8:00PM-8:30PM	12	Th	\$246	130657	Mar26-Jun11	11:00AM-11:30AM	12	F	\$150
	130611	Mar26-Jun11	9:00AM-9:30AM	12	F	\$150	130658	Mar26-Jun11	1:00PM-1:30PM	12	F	\$150
	130612	Mar26-Jun11	10:00AM-10:30AM	12	F	\$150	130659	Mar26-Jun11	3:30PM-4:00PM	12	F	\$246
	130613	Mar26-Jun11	11:00AM-11:30AM	12	F	\$150	130660	Mar26-Jun11	4:30PM-5:00PM	12	F	\$246
	130614	Mar26-Jun11	11:30AM-12:00PM	12	F	\$150	130661	Mar26-Jun11	5:30PM-6:00PM	12	F	\$246
	130615	Mar26-Jun11	3:30PM-4:00PM	12	F	\$246	130662	Mar26-Jun11	6:30PM-7:00PM	12	F	\$246
	130616	Mar26-Jun11	5:30PM-6:00PM	12	F	\$246	130663	Mar27-Jun12	11:30AM-12:00PM	12	Sa	\$246
	130617	Mar26-Jun11	6:30PM-7:00PM	12	F	\$246	130664	Mar27-Jun12	12:30PM-1:00PM	12	Sa	\$246
	130618	Mar26-Jun11	7:30PM-8:00PM	12	F	\$246	130665	Mar27-Jun12	1:30PM-2:00PM	12	Sa	\$246
	130619	Mar27-Jun12	11:30AM-12:00PM	12	Sa	\$246	130666	Mar27-Jun12	2:00PM-2:30PM	12	Sa	\$246
	130620	Mar27-Jun12	12:30PM-1:00PM	12	Sa	\$246	130676	Mar27-Jun12	2:30PM-3:00PM	12	Sa	\$246
	130621	Mar27-Jun12	1:30PM-2:00PM	12	Sa	\$246						
	130622	Mar27-Jun12	2:30PM-3:00PM	12	Sa	\$246						







#### **Swimming Ages 5-9**

Maximum 4 students per class. The ultimate goals for our beginner swimmers are water comfort, water movement and safety and to begin learning the fundamentals of freestyle. All steps are broken down for easy learning and instructors make the classes fun with games and positive reinforcement.

Fremo	nt Location					Newark Location	
BAR	DATES	TIME	#	DAY	FEE	BAR DATES TIME # DAY FEE	
130726	Mar21-Jun6	11:00AM-11:30AM	11	Su	\$228	130763 Mar21-Jun6 12:00PM-12:30PM 11 Su \$228	8
130727	Mar21-Jun6	1:00PM-1:30PM	11	Su	\$228	130764 Mar21-Jun6 12:30PM-1:00PM 11 Su \$228	
130728	Mar21-Jun6	2:30PM-3:00PM	11	Su	\$228	130765 Mar21-Jun6 1:00PM-1:30PM 11 Su \$228	
130729	Mar21-Jun6	3:00PM-3:30PM	11	Su	\$228	130766 Mar21-Jun6 1:30PM-2:00PM 11 Su \$228	
130730	Mar22-Jun7	9:00AM-9:30AM	11	M	\$140	130767 Mar21-Jun6 2:30PM-3:00PM 11 Su \$228	
130731	Mar22-Jun7	4:00PM-4:30PM	11	M	\$228	130768 Mar22-Jun7 4:00PM-4:30PM 11 M \$228	
130732	Mar22-Jun7	5:00PM-5:30PM	11	M	\$228	130769 Mar22-Jun7 5:00PM-5:30PM 11 M \$228	
130733	Mar22-Jun7	6:00PM-6:30PM	11	M	\$228	130770 Mar22-Jun7 6:00PM-6:30PM 11 M \$228	
130734	Mar22-Jun7	7:00PM-7:30PM	11	M	\$228	130771 Mar22-Jun7 7:00PM-7:30PM 11 M \$228	
130735	Mar23-Jun8	9:00AM-9:30AM	12	Tu	\$150	130772 Mar23-Jun8 9:00AM-9:30AM 12 Tu \$150	
130736	Mar23-Jun8	9:30AM-10:00AM	12	Tu	\$150	130773 Mar23-Jun8 9:30AM-10:00AM 12 Tu \$150	
130737	Mar23-Jun8	4:00PM-4:30PM	12	Tu	\$246	130774 Mar23-Jun8 10:00AM-10:30AM 12 Tu \$150	
130738	Mar23-Jun8	5:00PM-5:30PM	12	Tu	\$246	130775 Mar23-Jun8 4:00PM-4:30PM 12 Tu \$246	
130739	Mar23-Jun8	6:00PM-6:30PM	12	Tu	\$246	130776 Mar23-Jun8 5:00PM-5:30PM 12 Tu \$246	
130740	Mar23-Jun8	7:00PM-7:30PM	12	Tu	\$246	130777 Mar23-Jun8 6:00PM-6:30PM 12 Tu \$246	
130741	Mar24-Jun9	9:00AM-9:30AM	12	W	\$150	130778 Mar23-Jun8 7:00PM-7:30PM 12 Tu \$246	
130742	Mar24-Jun9	4:00PM-4:30PM	12	W	\$246	130779 Mar24-Jun9 4:00PM-4:30PM 12 W \$246	
130743	Mar24-Jun9	5:00PM-5:30PM	12	W	\$246	130780 Mar24-Jun9 5:00PM-5:30PM 12 W \$246	
130744	Mar24-Jun9	6:00PM-6:30PM	12	W	\$246	130781 Mar24-Jun9 6:00PM-6:30PM 12 W \$246	
130745	Mar24-Jun9	7:00PM-7:30PM	12	W	\$246	130782 Mar25-Jun10 9:00AM-9:30AM 12 Th \$150	
130746	Mar25-Jun10	9:00AM-9:30AM	12	Th	\$150	130783 Mar25-Jun10 9:30AM-10:00AM 12 Th \$150	
130747	Mar25-Jun10	9:30AM-10:00AM	12	Th	\$150	130784 Mar25-Jun10 10:00AM-10:30AM 12 Th \$150	
130748	Mar25-Jun10	4:00PM-4:30PM	12	Th	\$246	130785 Mar25-Jun10 4:00PM-4:30PM 12 Th \$246	
130749	Mar25-Jun10	5:00PM-5:30PM	12	Th	\$246	130786 Mar25-Jun10 5:00PM-5:30PM 12 Th \$246	
130750	Mar25-Jun10	6:00PM-6:30PM	12	Th	\$246	130787 Mar25-Jun10 6:00PM-6:30PM 12 Th \$246	
130751	Mar25-Jun10	7:00PM-7:30PM	12	Th	\$246	130788 Mar26-Jun11 9:00AM-9:30AM 12 F \$150	
130752	Mar26-Jun11	9:00AM-9:30AM	12	F	\$150	130789 Mar26-Jun11 9:30AM-10:00AM 12 F \$150	
130753	Mar26-Jun11	10:00AM-10:30AM	12	F	\$246	130826 Mar26-Jun11 10:00AM-10:30AM 12 F \$150	
130754	Mar26-Jun11	10:30AM-11:00AM	12	F	\$246	130827 Mar26-Jun11 10:30AM-11:00AM 12 F \$150	
130755	Mar26-Jun11	4:00PM-4:30PM	12	F	\$246	130828 Mar26-Jun11 12:00PM-12:30PM 12 F \$150	
130756	Mar26-Jun11	5:00PM-5:30PM	12	F	\$246	130829 Mar27-Jun12 12:00PM-12:30PM 12 Sa \$246	
130757	Mar26-Jun11	6:00PM-6:30PM	12	F	\$246	130830 Mar27-Jun12 12:30PM-1:00PM 12 Sa \$246	
130758	Mar26-Jun11	7:00PM-7:30PM	12	F	\$246	130831 Mar27-Jun12 1:00PM-1:30PM 12 Sa \$246	
130759	Mar27-Jun12	12:00PM-12:30PM	12	Sa	\$246	130832 Mar27-Jun12 1:30PM-2:00PM 12 Sa \$246	
130760	Mar27-Jun12	1:00PM-1:30PM	12	Sa	\$246	130833 Mar27-Jun12 2:00PM-2:30PM 12 Sa \$246	
130761	Mar27-Jun12	2:00PM-2:30PM	12	Sa	\$246	130834 Mar27-Jun12 2:30PM-3:00PM 12 Sa \$246	
130762	Mar27-Jun12	3:00PM-3:30PM	12	Sa	\$246		-

#### Swimming Ages 10-14

Maximum 4 students per class. Grouped primarily by age, this class allows our young teens to progress individually. Instructors determine their ability during the first class

Fremo	Fremont Location							Newark Location				
BAR	DATES	TIME	#	DAY	FEE	BAR	DATES	TIME	#	DAY	FEE	
130856	Mar21-Jun6	12:00PM-12:30PM	11	Su	\$228	130871	Mar21-Jun6	12:00PM-12:30PM	11	Su	\$228	
130857	Mar21-Jun6	1:30PM-2:00PM	11	Su	\$228	130872	Mar21-Jun6	1:30PM-2:00PM	11	Su	\$228	
130858	Mar21-Jun6	2:30PM-3:00PM	11	Su	\$228	130873	Mar21-Jun6	2:00PM-2:30PM	11	Su	\$228	
130859	Mar22-Jun7	5:30PM-6:00PM	11	M	\$228	130874	Mar22-Jun7	5:00PM-5:30PM	11	M	\$228	
130860	Mar22-Jun7	7:30PM-8:00PM	11	M	\$228	130875	Mar22-Jun7	6:00PM-6:30PM	11	M	\$228	
130861	Mar23-Jun8	5:00PM-5:30PM	12	Tu	\$246	130876	Mar23-Jun8	5:00PM-5:30PM	12	Tu	\$246	
130862	Mar23-Jun8	7:00PM-7:30PM	12	Tu	\$246	130877	Mar23-Jun8	6:00PM-6:30PM	12	Tu	\$246	
130863	Mar24-Jun9	4:00PM-4:30PM	12	W	\$246	130878	Mar24-Jun9	5:00PM-5:30PM	12	W	\$246	
130864	Mar24-Jun9	8:00PM-8:30PM	12	W	\$246	130879	Mar24-Jun9	6:00PM-6:30PM	12	W	\$246	
130865	Mar25-Jun10	5:30PM-6:00PM	12	Th	\$246	130880	Mar25-Jun10	5:00PM-5:30PM	12	Th	\$246	
130866	Mar25-Jun10	8:00PM-8:30PM	12	Th	\$246	130881	Mar25-Jun10	6:00PM-6:30PM	12	Th	\$246	
130867	Mar26-Jun11	3:30PM-4:00PM	12	F	\$246	130882	Mar26-Jun11	5:00PM-5:30PM	12	F	\$246	
130868	Mar26-Jun11	6:30PM-7:00PM	12	F	\$246	130883	Mar26-Jun11	6:00PM-6:30PM	12	F	\$246	
130869	Mar27-Jun12	1:00PM-1:30PM	12	Sa	\$246	130884	Mar27-Jun12	12:00PM-12:30PM	12	Sa	\$246	
130870	Mar27-Jun12	2:00PM-2:30PM	12	Sa	\$246	130885	Mar27-Jun12	1:30PM-2:00PM	12	Sa	\$246	
						130886	Mar27-Jun12	2:00PM-2:30PM	12	Sa	\$246	

#### Swimming Ages 15 & up

Maximum 4 per class. Our adult classes are small, personal and self-paced. Classes meet the individual need of every adult ranging from those who have a life-long fear of water to students wanting to perfect their stroke.

#### Fremont Location

BAR	DATES	TIME	#	DAY	FEE
130926	Mar21-Jun6	12:00PM-12:30PM	11	Su	\$228
130927	Mar21-Jun6	12:30PM-1:00PM	11	Su	\$228
130928	Mar22-Jun7	8:00PM-8:30PM	11	M	\$228
130929	Mar23-Jun8	10:30AM-11:00AM	12	Tu	\$150
130930	Mar24-Jun9	10:00AM-10:30AM	12	W	\$150
130931	Mar24-Jun9	7:00PM-7:30PM	12	W	\$246
130932	Mar25-Jun10	8:00PM-8:30PM	12	Th	\$246
130933	Mar25-Jun10	8:30PM-9:00PM	12	Th	\$246
130934	Mar26-Jun11	10:30AM-11:00AM	12	F	\$150
130935	Mar26-Jun11	6:00PM-6:30PM	12	F	\$246
130936	Mar26-Jun11	7:00PM-7:30PM	12	F	\$246
130937	Mar27-Jun12	12:30PM-1:00PM	12	Sa	\$246
130938	Mar27-Jun12	1:00PM-1:30PM	12	Sa	\$246
Newark	Location				
BAR	DATES	TIME	#	DAY	FEE
130939	Mar22-Jun7	7:30PM-8:00PM	11	M	\$228
130940	Mar22-Jun7	8:00PM-8:30PM	11	M	\$228
130941	Mar23-Jun8	11:30AM-12:00PM	12	Tu	\$150
130942	Mar23-Jun8	12:00PM-12:30PM	12	Tu	\$150
130944	Mar23-Jun8	8:00PM-8:30PM	12	Tu	\$246
130945	Mar24-Jun9	8:00PM-8:30PM	12	W	\$246
130946	Mar25-Jun10	9:00AM-9:30AM	12	Th	\$150
130947	Mar25-Jun10	11:30AM-12:00PM	12	Th	\$150
130948	Mar25-Jun10	12:00PM-12:30PM	12	Th	\$150
130949	Mar25-Jun10	8:30PM-9:00PM	12	Th	\$246



**DATES** 

**BAR** 

# Stroke Swimming Ages 7-14

Maximum 6 per class. Stroke training classes are for American Swim Academy graduates or summer league swimmers. The program focuses on stroke technique and the importance of learning proper form. Students will perform drills that isolate specific fundamentals for each of the four competitive strokes

DAY

FEE

#### **Fremont Location**

130982	Mar21-Jun6	8:30AM-9:00AM	11	Su	\$228
130983	Mar21-Jun6	3:00PM-3:30PM	11	Su	\$228
130984	Mar21-Jun6	3:30PM-4:00PM	11	Su	\$228
130985	Mar23-Jun8	8:00PM-8:30PM	12	Tu	\$246
130986	Mar23-Jun8	8:30PM-9:00PM	12	Tu	\$246
130987	Mar26-Jun11	8:00PM-8:30PM	12	F	\$246
130988	Mar26-Jun11	8:30PM-9:00PM	12	F	\$246
130989	Mar27-Jun12	8:30AM-9:00AM	12	Sa	\$246
130990	Mar27-Jun12	3:00PM-3:30PM	12	Sa	\$246
130991	Mar27-Jun12	3:30PM-4:00PM	12	Sa	\$246
Newark	Location				
BAR	DATES	TIME	#	DAY	FEE
130992	Mar21-Jun6	3:00PM-3:30PM	11	Su	\$228
130993	Mar21-Jun6	3:30PM-4:00PM	11	Su	\$228
130994	Mar25-Jun10	8:00PM-8:30PM	12	Th	\$246
130995	Mar27-Jun12	8:00AM-8:30AM	12	Sa	\$246
130996	Mar27-Jun12	8:30AM-9:00AM	12	Sa	\$246

TIME



#### Home-Schooled Swim Lessons Ages 5-9 and 10-14

Maximum 4 per class. We offer four levels of beginner classes ranging from first time in the water to perfecting the front crawl stroke. All steps are broken down for easy learning and instructors make classes fun with games and positive reinforcement. Earn Physical Education credits for your home-schooled child.

#### **Fremont Location**

BAR	DATES	TIME	#	DAY	FEE				
Ages 5-9	)								
130841	Mar22-Jun7	11:30AM-12:00PM	11	M	\$140				
130842	Mar24-Jun9	11:30AM-12:00PM	12	W	\$150				
130843	Mar26-Jun11	11:30AM-12:00PM	12	F	\$150				
Ages 10	-14								
130850	Mar22-Jun7	11:00AM-11:30AM	11	M	\$140				
130851	Mar25-Jun10	11:00AM-11:30AM	12	Th	\$150				
130852	Mar26-Jun11	11:00AM-11:30AM	12	F	\$150				
Newark Location									
BAR	DATES	TIME	#	DAY	FEE				
Ages 5-9	)								
130844	Mar23-Jun8	10:30AM-11:00AM	12	Tu	\$150				
130845	Mar25-Jun10	10:30AM-11:00AM	12	Th	\$150				
130846	Mar26-Jun11	10:00AM-10:30AM	12	F	\$150				
130847	Mar26-Jun11	11:30AM-12:00PM	12	F	\$150				
130848	Mar26-Jun11	12:00PM-12:30PM	12	F	\$150				
130849	Mar26-Jun11	1:30PM-2:00PM	12	F	\$150				
Ages 10	-14								
130853	Mar23-Jun8	11:00AM-11:30AM	12	Tu	\$150				
130854	Mar25-Jun10	11:00AM-11:30AM	12	Th	\$150				



#### Women Only 15 & up

Maximum 4 per class. Taught by female instructors, our Women Only classes are small, personal, and self-paced. Classes meet the individual need of every female, ranging from those with a lifelong fear of water to those wanting to perfect their stroke.

#### Fremont Location only

BAR	DATES	TIME	#	DAY	FEE
130976	Mar22-Jun7	8:45PM-9:15PM	11	M	\$228
130978	Mar22-Jun7	8:45PM-9:15PM	11	M	\$228
130979	Mar23-Jun8	8:45PM-9:15PM	12	Tu	\$246
130977	Mar24-Jun9	8:45PM-9:15PM	12	W	\$246
130980	Mar24-Jun9	8:45PM-9:15PM	12	W	\$246

# Swimming-Men Only 15 & up Maximum 4

students per class.
Taught by men, for
men.These classes can
help you get in shape,
conquer a fear or perfect
your swimming technique.

#### **Newark Location**

····	=0000:0::	
BAR	DATES	TIME
130981	Mar26-Jun11	8:00PN



TIME	#	DAY	FEE
8:00PM-8:30PM	12	F	\$246

# **COLLEGE PREP 4U!**

This spring, the City of Fremont is launching College Prep 4U!, A program designed to get you ready for the college experience—whether you are going to live your life away from home or go to a school nearby. Find out what to expect and be ready to change what you think you know about life after high school.

College Prep 4U is a certificate program whereby you earn credit for school activities, extra curricular activities, your job, community services and a variety of classes designed specifically to prepare you for what lies ahead. There are six learning components to be fulfilled:



Look for the small graduation cap. These City activities are eligible for CP4U credit.

#### AREA A-APPLYING STEP BY STEP

College Application Job Applications and job Skills Financial Aid Application Scholarships

# AREA B—THRIVING IN THE REAL WORLD

Life Away from Home Time Management/Organization What Else College Offers

#### AREA C-PROTECTING YOUR MIND

Stress Management/Burn Out; Self treatment; Sleep

#### AREA D—HEALTH AND YOU

Eating/Nutrition; Fitness, Cooking

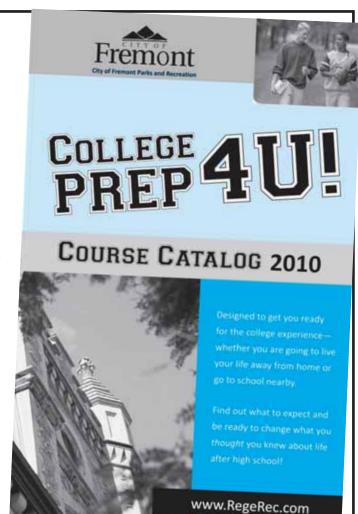
#### AREA E—GAINING RESPECT IN COLLEGE

Emails and Internet College and Professors Professional Communication

# AREA F—ESSENTIALS OF SOCIAL INTERACTION

Social Life and Recreation Dealing with Alcohol, Tobacco or Other Drugs (ATOD)

SEMINAR FORMAT: Part I of the seminar can be signed up for separately or combined with Part II. Part I involves a lecture/discussion presentation style, whereas Part II goes more in depth to the subject matter and involves specific followup projects—writing sample applications, problem solving, practice sessions and much more. There will be handouts for each workshop to help you in the future.



#### INSTRUCTORS

**SARAH HENRY** is a recent graduate of Boston University, cum laude in Biology and Psychology and currently works at Stanford University's School of Medicine.

NYSSA BACA is a Fremont native and is a recent graduate of the University of Arizona's School of Journalism. She also served as the Director of Programming at her residence hall and is currently a tutor for elementary and high school students.

VANESSA TORRES is a recent college graduate from Cal State East Bay with a B.S. in Health Sciences, a minor in Psychology and an emphasis in Community Education. She is a Certified Nurse's Assistant and has served as a Peer Advocate in CSUEB's Wellness program.

For complete details, visit www.fremont.gov/teens. For a catalog, email rdein@fremont.gov or call (510) 494-4344.



## AREA A—APPLYING STEP BY STEP

College Application Job Applications and job Skills Financial Aid Application Scholarships

## AREA B—THRIVING IN THE REAL WORLD

Life Away from Home Time Management/Organization What Else College Offers



## AREA C—PROTECTING YOUR MIND

Stress Management/Burn Out; Self treatment; Sleep

#### AREA D-HEALTH AND YOU

Eating/Nutrition; Fitness, Cooking



## Area E—Gaining Respect in College

Emails and Internet College and Professors Professional Communication

#### Area F—Essentials of Social Interaction

Social Life and Recreation
Dealing with Alcohol, Tobacco or Other Drugs (ATOD)

**SEMINAR FORMAT:** Part I of the seminar can be signed up for separately or combined with Part II. Part I involves



a lecture/discussion presentation style, whereas Part II goes more in depth to the subject matter and involves specific followup projects—writing sample applications, problem solving, practice sessions and much more. There will be handouts for each workshop to help you in the future.

For complete details, visit www.fremont.gov/teens. For a catalog, email rdein@fremont.gov or call (510) 494-4344.





# JOB SEARCH AND INTERVIEWING SKILLS SEMINAR

So if a soon-to-be college student wants to earn some extra spending money, chances are that Mom and Dad won't always give it to you. This is where a job comes in! In Part I, seminar students will learn how to fill out job applications and how to showcase themselves in an interview. Internships and other volunteer opportunities will also be shared. Part II will include a mock interview practice session. Instructor: Nyssa Baca (This helps fulfill the Area A requirement for College Prep 4U).

	BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE	
Part I	132391	13-17	CPVSC	Apr17	1:00PM-2:30PM	1	Sa	Baca	\$19	
Part II	132392	13-17	CPVSC	Apr17	2:40PM-3:50PM	1	Su	Baca	\$12	

#### COLLEGE BEGINNINGS SEMINAR

In Part I, the application process for college, financial aid, grants, and scholarships is reviewed
There will be some activities to help students gain a

better understanding of how to do these tasks in Part II. Instructor: Sarah Henry (This helps fulfill the Area A requirement for College Prep 4U).

	BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
Part I	132388	13-17	CPVSC	April 25	1:00PM-2:30PM	1	Su	Henry	\$19
Part II	132389	13-17	CPVSC	April 25	2:40PM-3:50PM	1	Su	Henry	\$12

### Home Alone in Your Dorm Seminar



The question to ask is 'Do you have what it takes to live on your own?' Many think it's a simple transition. This class will illustrate the many decisions

you now need to make and will cover the basics of living alone or with roommates—such as creating a healthy home and proper budgeting and banking skills. In Part II, students gain a better understanding of how to do these tasks through some specific activities. Instructor: Nyssa Baca (This helps fulfill the Area B requirement for College Prep 4U).

	BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
Part I	134128	13-17	CPVSC	May1	1:00PM-2:30PM	1	Sa	Baca	\$19
Part II	134129	13-17	CPVSC	May1	2:40PM-3:50PM	1	Sa	Baca	\$12

## ORGANIZING YOUR TIME AND COLLEGE LIFE SEMINAR

Part I shows students how to balance a wildly busy life. Whether it's using a planner or getting cell phone updates, this class is designed to help students discover what works



## Teen Band Night East Bay Blend

#### For more information, call (510) 494-4344

Come watch a great show featuring local bands from Fremont and throughout the SF Bay Area! Support local music! There are four to five bands per show and doors open at 6:30 p.m. Snacks are available for purchase. These shows are for all age fans. Most fans who attend are high school/college age. If you want to get a gig at the next show, contact rdein@fremont.gov.

BAR	AGE	LOC	DATES	TIME
132015	13 & up	TNC	May7	7:00PM



#	DAY	FEE
1	F	\$8



#### SAT Preparation-Critical Reading and Writing Ages 13 & up

#### For more information, call (510) 791-4318

SAT-Critical Reading and Writing Tips + practice + personalized feedback = a higher score on one of the most important exams of a student's life. Students will learn the basic concepts of & strategies for the Critical Reading & Writing sections. Each session includes practice exam sections graded with personalized feedback from the instructor. This class also prepares students for the PSAT. Upcoming 2010 SAT Exam Dates: May 1 and June 5, 2010. FULL SET of handouts (worksheets, practice exam sections, homework, & some class notes) included in class fee. No material fee..

	,							
BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132044	13 & up	WSCC	Apr7-28	3:45PM-5:45PM	4	W	Wang	\$109
132043	13 & up	WSCC	May1-22	10:00AM-12:00PM	4	Sa	Wang	\$109



## SAT Preparation-Math Ages 13 & up For more information, call (510) 791-4318

An in-depth review of all 4 math topics covered by the SAT. This class can also help students review/re-learn all the important math topics that should be mastered for future math classes. Sample problems—both multiple choice and grid-ins-will be demonstrated in class. Practice exam sections will be given and graded in-class and personalized feedback will be given to the students. This class also prepares students for the PSAT. Upcoming 2010 SAT Exam Dates: March 13, May 1 and June 5, 2010. FULL SET of handouts (worksheets, mini-practice exam, homework, & some class notes) included in class fee. No material fee.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132045	13 & up	WSCC	Apr3-24	10:00AM-12:00PM	4	Sa	Wang	\$109
132127	13 & up	WSCC	May12-Jun2	3:45PM-5:45PM	4	W	Wang	\$109
132046	13 & up	WSCC	May29-Jun19	10:00AM-12:00PM	4	Sa	Wang	\$109



## Drivers Education On-line Class Ages 15 ½ & up

For more information, call (510) 494-4344



This course is an interactive, educational online course with the latest in animation, video and web technology. It sets the foundation for behind-the-wheel driver's training and is in accordance with the guidelines set by the California Department of Motor Vehicles. It covers the rules of the road, freeway driving, motorcycle & pedestrian safety, major causes of traffic collisions, alcohol & drugs, and much more. Upon successful completion, students will receive a DMV-approved certificate of completion (OL237) via mail of their choice. This course is a requirement for teens to obtain their learner's permit and driver's license. After enrolling call (510) 494-4344 to get started. You will be contacted by the agency the next business day. The date/time listed is not the actual day of the class-since class is in your home it can be anytime.

BAR LOC 132017 15 1/2 & up Your Home



#### Communication Academy's **Public Speaking Ages 11-14**

#### What is crucial to success in school and personal life? Good communication!

Spring 2010: Many of us are asked to give impromptu speeches at school, work or social engagements. The Impromptu Speech module teaches skills critical to speaking effectively on the spot. Students learn how to manage public speaking anxiety, analyze their audience quickly, organize ideas quickly and clearly, present themselves with confidence, deliver their speech effectively and use engaging nonverbal communication. Final speeches will be recorded on DVD. \$25 material fee due at first class.

BAR AGE LOC DATES TIME FEE Apr16-Jun4 5:15PM-6:15PM 8 132200 11-14 TNC \$195

## **Tiny Tots**

#### For more information, call (510) 494-4349

Please make your selections carefully. Refunds are allowed if requested up to one business day prior to the start of the activity. A \$10 per class service charge will be deducted from your refund.

A student may enroll in classes up to 12 hrs per week. Sorry, no unregistered siblings.

#### Open enrollment for new students begins online Friday, March 19 at 12:01 a.m.

#### Parent & Child Preschool Ages 12-18 Months

This class is a first introduction to a Tiny Tot preschool setting for infants and toddlers. One parent and their child participate in activities together that include movement, music, storytelling and circle time activities. Sorry, no siblings.

 BAR
 AGE
 LOC
 DATES
 TIME
 # DAY
 FEE

 131511
 12-18
 CCC
 Apr13-Jun1
 9:00AM-10:15AM
 8
 Tu
 \$85

#### Parent & Child Preschool Ages 18-24 Months and 2-3 years



Play and learn with your child in a creative environment. One parent and their child participate in activities together that include group activities, art and cooking projects, music and movement. Sorry, no siblings. Children enrolled in 3 hour classes must bring snack.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
18-24 n	nonths							
131513	18-24	CCC	Apr13-Jun1	10:45AM-12:00PM	8	Tu	Sheetu	\$85
131512	18-24	LCCC	Apr15-Jun3	9:00AM-10:15AM	8	Th	Chen	\$85
131515	18-24	NPC	Apr16-Jun4	9:00AM-10:15AM	8	F	Marcia	\$85
2-3 yea	rs							
131517	2-3	LCCC	Apr13-Jun1	9:00AM-12:00PM	8	Tu	Jennifer	\$205
131519	2-3	WSCC	Apr13-Jun1	9:00AM-12:00PM	8	Tu	Debra	\$205
131522	2-3	IRCC	Apr14-Jun2	5:45PM-7:00PM	8	W	Debra	\$85
131510	2-3	WSCC	Apr15-Jun3	9:00AM-10:00AM	8	Th	Sheetu	\$69
131520	2-3	WSCC	Apr15-Jun3	10:45AM-12:00PM	8	Th	Debra	\$85
131521	2-3	LCCC	Apr15-Jun3	10:45AM-12:00PM	8	Th	Jennifer	\$85
131516	2-3	NPC	Apr16-Jun4	10:45AM-12:00PM	8	F	Marcia	\$85

#### **Enrichment Ages 33 months-5 years**

This well balanced enrichment program includes exposure to pre-phonics, math concepts, science, dramatics, motor movement, arts and crafts, music plus field trips! Children must be toilet trained. Bring a snack to all classes.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131529	33-5	CCC	Apr12-Jun4	9:00AM-12:00PM	23	M,W,F	Vicki	\$449
131530	33-5	WSCC	Apr12-Jun4	9:00AM-12:00PM	23	M,W,F	Debra	\$449
131527	33-5	CCC	Apr12-Jun2	12:30PM-3:15PM	15	M,W	Ellen	\$269
131533	33-5	NPC	Apr12-Jun2	12:30PM-3:15PM	15	M,W	Marcia	\$269
131525	33-5	IRCC	Apr12-Jun2	12:30PM-3:15PM	15	M,W	Grace	\$269
131528	33-5	IRCC	Apr13-Jun3	9:00AM-12:00PM	16	Tu,Th	Grace	\$315
131524	33-5	CCC	Apr13-Jun3	9:00AM-12:00PM	16	Tu,Th	Ellen	\$315
131532	33-5	WSCC	Apr13-Jun3	9:00AM-12:00PM	16	Tu,Th	Reem	\$315
131526	33-5	LCCC	Apr13-Jun3	12:30PM-3:15PM	16	Tu,Th	Jennifer	\$285
131531	33-5	NPC	Apr13-Jun3	12:30PM-3:15PM	16	Tu,Th	Marcia	\$285
135191	33-5	CPGB	Apr15-Jun3	9:00AM-12:00PM	8	Th		\$159

#### Pre-K Ages 4-5 years

Children must turn 4 years old (by December 2, 2009). Proof of age is required. Pre-K classes incorporate kindergarten readiness skills by exposing the student to phonics, pre-writing, science, and math concepts. Along with songs and story-telling, your child will enjoy a well-balanced program. Bring a snack to all classes.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131583	4-5	CCC	Apr12-Jun4	9:00AM-12:00PM	23	M,W,F	Ellen	\$475
131586	4-5	WSCC	Apr12-Jun4	9:00AM-12:00PM	23	M,W,F	Reem	\$475
131587	4-5	IRCC	Apr12-Jun4	9:00AM-12:00PM	23	M,W,F	Grace	\$475
131589	4-5	LCCC	Apr12-Jun4	9:00AM-12:00PM	23	M,W,F	Grace	\$475
131590	4-5	NPC	Apr12-May 24	9:00AM-12:00PM	7	M	Marcia	\$145
131584	4-5	CCC	Apr13-Jun3	12:30PM-3:15PM	16	Tu,Th	Ellen	\$305
131585	4-5	IRCC	Apr13-Jun3	12:30PM-3:15PM	16	Tu,Th	Grace	\$305
131588	4-5	NPC	Apr13-Jun3	9:00AM-12:00PM	24	Tu,W,Th	Marcia	\$495

The following Tiny Tots classes' hours are not included in the maximum 12 hour/week limit.

#### Tiny Tots Pre-K Literacy Ages 3-5 and 4-5



Children must have turned 4 years old by December 2, 2009 to attend the 4-5 class. This literacy class has similar elements to our popular Tiny Tots Pre-K classes, with an emphasis on reading readiness and literacy development. Children will develop literacy

skills and readiness through children's literature, sequencing, storytelling and artistic expression, music and more.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131592	3-5	WSCC	Apr12-Jun2	12:30PM-3:15PM	15	M,W	Cindy	\$289
131593	4-5	LCCC	Apr12-Jun2	12:30PM-3:15PM	15	M,W	Jennifer	\$289
131591	4-5	WSCC	Apr13-Jun3	12:30PM-3:15PM	16	Tu,Th	Vicki	\$305

### Tots on Phonics Ages 3-4 and 4-5

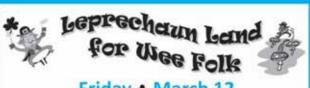
This class combines the nationally acclaimed Hooked on Phonics Learn to Read program in a language rich environment with language play (songs, word games, rhymes etc.) and storybooks. Hooked on Phonics award-winning programs are based on scientific research and



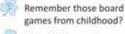
align with the National Reading Standards of the No Child Left Behind Act. Your child will learn valuable tools to learn to read. Children should possess language skills and know their alphabet. They must complete level I before taking level II.

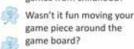
BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131602	3-4	WSCC	Apr12-May19	1:00PM-2:00PM	12	M,W	\$99
131595	4-5	CCC	Apr12-May19	4:00PM-5:00PM	12	M,W	\$99
131597	3-4	IRCC	Apr13-May20	9:30AM-10:30AM	12	Tu,Th	\$125
131594	4-5	CCC	Apr13-May20	4:00PM-5:00PM	12	Tu.Th	\$125

### Tiny Tots (cont'd)



## Friday & March 12





What if you and your child became the game piece and the board LIFE-SIZE??



As St Patrick's Day approaches, enjoy a magical maze, life-size board game filled with elusive magical leprechauns, pots of gold and shamrocks! Bring your wee folks to this special event to learn about Leprechauns and perhaps even catch one of their own in a Leprechaun Trap! Discover GOLD and have fun playing fairy, elfin, pixie and Leprechaun Games while enjoying Lucky Shamrock snacks! Each participant will leave with a smile and a bag full of Leprechaun goodies! \*The average time needed to complete all the activities is approximately

BAR	AGE	LOC	DATES	TIME		DAY	FEE
127076	2-7	TNC	Mar12	6:00PM-8:00PM	1		\$9 in advance/ \$15 at the door (if available)
125776	2-7	TNC	Mar12	5:00PM-7:00PM	1	F	\$ 9in advance/ \$15 at the door (if available)

Teen Center in Central Park, 39770 Paseo Padre Parkway (off Sailway Drive) Info: (510) 494-4349 (Register @ www.regerec.com, barcode #111390)

### Fishing in the City Ages 3-15

#### For more information, call (510) 790-5541

Back by popular demand! Once again the City of Fremont and the California Department of Fish and Game, in conjunction with the Environment Services Department and the Dawn Breakers Lions Club, will be offering 'Fishing in the City.' This program teaches children the fundamentals of fishing and allows them to practice their skills catching fish in a netted stocked area. Participants receive a starter tackle box to keep as a reminder of the day and as an inspiration to return on another day. This event is FREE, but you do need to preregister. Space is limited to the first 150 registrants, so sign up early! Children under 8 must be accompanied by an adult.

AGE LOC **DATES** 131940 3-15 CPVSC 8:00AM-12:00PM FREE Mar20

### Tyke Hikes Ages 2-5

#### For more information, call (510) 791-5541

Introduce your Tyke to nature on a hike with a Park Ranger around beautiful Lake Elizabeth and Stivers Lagoon! These outings encourage learning while allowing your Tyke to play and make new friends. A different location and experience will be explored each outing...the trees, lake, grass, animals, plants, OH MY! Itineraries will be available at the first class. Bring a snack. Fee is per parent/child pair.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
132882	2-5	CPVSC	May14	10:30AM-12:00PM	1	F	\$15
132883	2-5	CPVSC	Apr16	10:30AM-12:00PM	1	F	\$15
132884	2-5	CPVSC	Jun11	10:30AM-12:00PM	1	F	\$15

#### Bodyworks! Ages 3-5

#### For more information, call (510) 791-4318

Discover your body and senses in this series of workshops. Meet Mr. Bones and learn about the major organs and muscles in your body. Learn why some things are safe to touch and others are not. Experiment with magnifying glasses, kaleidoscopes and binoculars. Play with a wave motion model and twirling tubes to learn how sound travels in waves and can be heard in a variety of pitches. Join us on a journey through your nose and taste buds, and learn about primary colors and the rainbow. No class April 23.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131629	3-5	CCC	Apr16-May28	1:00PM-1:45PM	5	F	Mad Science	\$99

#### Earthworks! Ages 3-5

#### For more information, call (510) 791-4318

Discover the earth in this series of workshops. Get up close and personal with worms, and take one home for your garden! Become a Jr. Paleontologist as you go on your own dinosaur dig. Learn about animals and their habitats. Find out why opposites attract as you learn all about magnets. Play with water as you learn about floating, sinking and density, and experiment with bubbles and different bubble makers.

BAR	AGE	LOC DATES	TIME	#	DAY	INST	FEE
131628	3-5	WSCCApr16-May21	1:00PM-1:45PM	6	F	Mad Science	\$99

#### **Budding Biologists Ages 3-6**

#### For more information, call (510) 790-5541

If animals fascinate you, this is your class. Earthworms, Ladybugs, Squid, and Hamsters-OH MY! Are ladybugs really bugs? What is a male ladybug called? What color is the squid's

blood? Learn the habitat. explore the habits, study different parts and functions of these animals. Take home earthworms and lady bugs. This hands-on class is packed with information and satisfies even the most curious animal-loving kid! All students receive a worksheet with full details of the experiments. \$5



#### 131282 3-6 CCC May5-26 1:00PM-2:00PM 4

#### It's A Colorful World! Ages 3-6

#### For more information, call (510) 790-5541

Topics: Light, Color Wheel, Sharpie Science, & Kaleidoscopes! These exciting experiment-based classes will increase your child's curiosity about light and colors. Simple scientific concepts are introduced through easy, fun, and stimulating experiments. Children create a color wheel with primary, secondary, and tertiary colors; learn about UV rays and make a bracelet with UV beads; explore Sharpie science and make their own kaleidoscope with beautiful changing patterns. They will explore reflection and refraction, then home their experiments and a worksheet that explains the science behind each experiment. A \$5 lab fee due at first class.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131878	3-6	CCC	Apr7-28	1:00PM-2:00PM	4	W	\$69

## Tiny Tots (cont'd)

### **Tot Sports**

For more information, call Joe (510) 791-4334

#### Parent & Child Sports Play Date Ages 18 months-3 years

Get active and be active with your child. Develop motor and ball handling skills with games, relays and other lead-up activities to soccer, basketball and other sports. One parent must attend with each child. Sorry, no unregistered siblings. Fee is per parent/child pair. No class April 23.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131270	18-3	CCC	Apr9-May14	10:30AM-11:15AM	5	F	\$45
131271	18-3	CCC	May21-Jun18	10:30AM-11:15AM	5	F	\$45

#### **Small Fry Sports & Games Ages 3-5**

Are you wondering what kind of sports your children will love to play? Find out with this multi-sport introduction to soccer, basketball and other exciting games. This class will emphasize fun and skills while encouraging new friendships. No class April

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131274	3-5	CCC	Apr7-May5	5:00PM-5:45PM	5	W	\$55
131272	3-5	CCC	Apr9-May14	6:30PM-7:15PM	5	F	\$55
131275	3-5	CCC	May19-Jun16	6:00PM-6:45PM	5	W	\$55
131273	3-5	CCC	May21-Jun18	5:30PM-6:15PM	5	F	\$55

#### Small Fry Sports & Games II Ages 5-7

This class is a continuation of Small Fry Sports & Games. This NEW and FUN multi-sport program will advance the basic skills learned in Small Fry Sports & Games with NEW techniques and NEW skills. It is recommended for children who have taken Small Fry Sports & Games.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131280	5-7	CCC	Apr10-May8	11:00AM-11:45AM	5	Sa	\$55

#### Little Dribblers Basketball Ages 3-5

Lay-ups, free throws and dribbling Oh My! It's never too early to begin developing a basketball star! Kids will develop basic skills in passing, ball handling and team play. No class April 23.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131252	3-5	CCC	Apr9-May14	12:15PM-1:00PM	5	F	\$55
131253	3-5	CCC	May21-Jun18	12:15PM-1:00PM	5	F	\$55



#### Little Dribblers Basketball II Ages 5-7

This class is a continuation of Little Dribblers Basketball. If you want to advance the basic skills learned in Little Dribblers with NEW techniques and develop NEW skills, this is it! It is recommended for children who have taken Little Dribblers Basketball.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131254	5-7	CCC	Apr10-May8	9:00AM-9:45AM	5	Sa	\$55
131255	5-7	CCC	Mav22-Jun19	9:00AM-9:45AM	5	Sa	\$55

#### **Munchkin Soccer Ages 3-5**

Parents do you have the next David Beckham or Mia Hamm? Find out in this fun introduction to soccer skills class! Make new friends while learning about the game. No class April 23.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131260	3-5	CCC	Apr7-May5	6:00PM-6:45PM	5	W	\$55
131256	3-5	CCC	Apr9-May14	1:15PM-2:00PM	5	F	\$55
131257	3-5	CCC	Apr9-May14	5:30PM-6:15PM	5	F	\$55
131261	3-5	CCC	May19-Jun16	5:00PM-5:45PM	5	W	\$55
131259	3-5	CCC	May21-Jun18	1:15PM-2:00PM	5	F	\$55
131258	3-5	CCC	May21-Jun18	6:30PM-7:15PM	5	F	\$55

### **Munchkin Soccer II Ages 5-7**

This class is a continuation to Munchkin Soccer. Advance the basic skills learned in Munchkin Soccer with NEW techniques and develop NEW skills. It is recommended for children who have taken Munchkin Soccer.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131268	5-7	CCC	Apr10-May8	10:00AM-10:45AM	5	Sa	\$55
131269	5-7	CCC	May22-Jun19	10:00AM-10:45AM	5	Sa	\$55



## Discovery Cove Drop In Child Care

For more information call (510) 574-2010 or (510) 494-4381

Do you need some time for yourself? Do you have shopping, errands or appointments that you would rather do without the kids? Never fear, Discovery Cove is here! Discovery Cove offers drop-in, hourly childcare. Children can visit the center up to 12 hours a week. You can relax and enjoy your outing knowing that your children are experiencing a wonderful time filled with activities. Call for reservations.

Discovery Cove Family Resource Center 39155 Liberty Suite H850 **Hours:** Monday – Friday, 8:30 a.m.–5:00 p.m.

**Ages:** 2-10, \$8.50 per hour

## **Visual Arts**

For more information, call (510) 494-4322

#### **Littlefoot Learners Ages 3-6**

Your child will learn the basics of art for preschool readiness. Children enhance their listening skills and develop perceptual and motor skills while expanding their creative self. Preschoolers are exposed to new stories each week and given the tools to translate what they hear into art. Activities will focus on creative expression. They will have circle/story time to work on their social growth, development and communication skills. Parents do not participate in this class. Children must be potty-trained. Dress for messy fun!

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
131927	3-6	CCC	Apr15-May6	10:00AM-12:00PM	4	Th	\$95
131928	3-6	CCC	Apr15-May6	12:30PM-2:30PM	4	Th	\$95
131929	3-6	CCC	May13-Jun3	10:00AM-12:00PM	4	Th	\$95
131930	3-6	CCC	Mav13-Jun3	12:30PM-2:30PM	4	Th	\$95

#### **Young Rembrandts for Preschoolers** Ages 3 1/2-5



Young Rembrandts pre-school drawing classes will enhance a child's personal creativity, imagination, focus and attention to detail. In this step-by-step drawing class, children will learn basic fundamentals of drawing, which will give them the tools and techniques to become skillful artists. Lessons will include engaging subject matter and expose students to basic portraiture, still life and landscape drawing. No prior art class experi-

ence necessary. All materials are supplied by Young Rembrandts. New lessons each class and each session. \$10 material fee due at first class.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
132880	3 ½ - 5	CCC	Apr14-May5	2:30PM-3:15PM	4	W	\$69
132197	3 1/2 - 5	OHAC	Apr15-May6	2:30PM-3:15PM	4	Th	\$69
132881	3 1/2 - 5	CCC	May12-Jun2	2:30PM-3:15PM	4	W	\$69
132876	3 ½ - 5	OHAC	May13-Jun3	2:30PM-3:15PM	4	Th	\$69

#### **Dreams & Fairytales Ages 6-9**

We will celebrate all things colorful as we decorate, decoupage, design and delight! In this class, we'll make jewelry boxes and the jewels to go in them; create fairy sculptures and magic wands! Learn about fairytales from around the world and create artwork based on the stories including an origami object. Join us for fantasy and adventure.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131828	6-9	SHP	Apr30-May28	4:00PM-5:30PM	5	F	Kieft	\$89

Spring Break Dreams and Fairytales Camp - see p. 10

#### **Young Rembrandts Elementary Drawing Ages 6-13**

All children can, and should learn how to draw. Our elementary-age curriculum is designed to teach basic to advance drawing skills, art techniques, and vocabulary in a positive and nurturing environment that brings out the best in each child. We believe that drawing is the foundational skill required for future artistic success. Children are taught the skills they need to express their creativity through two-dimensional art. At the end of each one-hour class, students will leave with a completed drawing. No prior art class experience necessary. All materials are supplied by Young Rembrandts. New lessons each class and each session. \$10 material fee due at first class.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
132878	6-13	CCC	Apr14-May5	3:30PM-4:30PM	4	W	\$69
132198	6-13	OHAC	Apr15-May6	3:30PM-4:30PM	4	Th	\$69
132879	6-13	CCC	May12-Jun2	3:30PM-4:30PM	4	W	\$69
132877	6-13	OHAC	May13-Jun3	3:30PM-4:30PM	4	Th	\$69

#### **Art Workshop in Many Mediums** Ages 7-10 and 11-15

Beginning drawing and painting with watercolor, acrylics, or pencil as well as work with collage. We will explore art/design concepts: composition, shadow/ light contrast, 3-D contouring, texture and mixing colors. Relaxed pace-all levels welcome. Great opportunity in the afternoon class for older teens.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132776	7-10	CCC	Apr5-9	1:00PM-3:00PM	5	M-F	Benoit	\$109
132780	11-15	CCC	Apr5-9	3:00PM-5:00PM	5	M-F	Benoit	\$109

#### **Balloon Sculpting Workshop Ages 7-12**

Explore and discover some of the basics of 'one balloon animal' sculpting in this NEW special workshop! Participants will learn a simple three-step method to make the balloon animals and decorate them. The instructor has done animal balloon twisting for 20+ years and began teaching groups this art six years ago. \$2 lab fee is due at the workshop.

DATES BAR AGE LOC 132827 7-12 Apr14 \$19



## Beginning Illustration Ages 7-14

An introduction to illustrating through the use of pencils. Students will be studying basic, composition, perspective and anatomy. Art styles from classical to modern will also be covered in the course. Art journals will be kept throughout the class.

BAR AGE LOC **INST** 132326 7-14 Apr15-May13 6:30PM-8:30PM \$109 May20-Jun17 6:30PM-8:30PM 5 \$109

### Cartooning on the Cutting Edge Ages 7-14

Hone your cartooning skills: learn how to draw all kinds of cartoons, including manga and graphic novel illustrations. Learn about head and body proportion and how to create motion in your cartoons. If you are into drawing and cartooning, don't miss this opportunity!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132002	7-14	OHAC	Apr20-May18	6:00PM-8:00PM	5	Tu	Ansary	\$119

## Visual Arts (cont'd)



#### Charcoal Illustration Ages 8-16

Enjoy freestyle artwork through the use of

charcoals and charcoal pencils. Explore the fundamentals of light and shadow, technique, depth, and perspective while working on portraits and landscape. Instructor Haroon Ansary has a BA in Graphic Design and an Associates in Fine Arts. He has worked the past 8 years as a professional graphic design artist. You may have seen his work at your local grocery store on almost anything with a label!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132328	8-16	OHAC	Apr14-May12	4:30PM-6:30PM	5	W	Ansary	\$119
132329	8-16	OHAC	May19-Jun16	4:30PM-6:30PM	5	W	Ansary	\$119

## Painting Ages 7-14

Painting is a mode of expression, and the forms are numerous. Paintings can be naturalistic and representational. This course will introduce primary colors and layouts to begin a painting. Students will paint from life (painting from nature or from images in the classroom.) Different brushstrokes and techniques will be covered, as well as styles (realism, symbolism, expressionism, cubism, etc.).

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
132330	7-14	OHAC	Apr12-May10	6:00PM-7:30PM	5	M	Ansary	\$119
132331	15 & u	OHAC	May17-Jun21	6:00PM-7:30PM	5	M	Ansary	\$119



## Outdoor Sketching: Capture a Moment in Time Ages 15 & up

Outdoor Sketching: Capture a Moment in Time offers an enjoyable, creative environment to create works of art in an outdoor social setting. You'll find out how the eye, brain, and hands work together as you capture a scene, figure or still life in the natural setting of Lake Elizabeth @ Fremont Central Park. Included will be demonstrations, group exercises, and discussions of student artwork. It's a great change to meet others with the same interest in art. Materials required: please call to get the supply list.

BAR	AGE LOC	DATES	IIME	#	DAY	INST	FEE
132676	15 & up FCC	Apr17-24	9:00AM-12:00PM	2	Sa	Barker	\$119
132677	15 & up CPVSC	May8-15	9:00AM-12:00PM	2	Sa	Barker	\$119

# Drawing & Painting for Adults Beg/Int Ages 18 & up

Have you ever wanted to draw and only come up with sitck figures'? Do you want to improve what drawing skills you have? What about learning basic painting technique? In this class, we will study color, light, shadow while looking at works by the Masters for inspiration. Please join us in a class that encourages individuality and creativity!

	 TIME 10:00AM-12:00PM 5	 	
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# Pathways to Artwork in Fremont Ages 7-12

#### For more information, call (510) 494-4322

Learn about the Art that you see around the city of Fremont. What concepts is each piece based on and who are the Artists? We will focus on a few Artworks each week and create a project reflecting those pieces. We will be using many different mediums including clay, different types of paint, foil and other special materials. Emphasis will be on the Elements of Art: Design/Texture/Color/Line and Shape.

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#### **Ceramics**

#### **Creative Claywork Ages 4-6**

This popular class presents traditional clay working techniques including coiling, sculpting, slab building and free-form modeling. Children learn basic hand-building skills and complete a variety of fun projects while developing perceptual ability, motor skills and artistic confidence. This is not a parent participation class. Fee includes clay.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131039	4-6	LCCC	Apr14-May12	3:30PM-4:30PM	5	W	Gonzalez	\$95
131040	4-6	LCCC	Apr16-May14	3:00PM-4:00PM	5	F	Gonzalez	\$95
131041	4-6	LCCC	May26-Jun23	3:30PM-4:30PM	5	W	Gonzalez	\$95
131042	4-6	LCCC	May28-Jun25	3:00PM-4:00PM	5	F	Gonzalez	\$95

#### Hands Together Ceramics Ages 5 & up

Explore ceramics with your child! Together, you will create personal treasures and memories that will last a lifetime. This is a parent participation class. Fee is for adult/child pair. Additional clay is available for purchase in class: \$9.00/25 lbs.

BAR	AGE LOC	DATES	TIME	#	DAY	INST	FEE
131043	5 & up LCCC	Apr14-May12	7:00PM-8:30PM	5	W	Gonzalez	\$115
131044	5 & up LCCC	May26-Jun23	7:00PM-8:30PM	5	W	Gonzalez	\$115

## Ceramics Ages 7-14

Create three-dimensional art projects, both practical and artistic! You will learn handcrafted ceramic techniques while sculpting figures and pots. Build using slab procedures including scoring & slip techniques. Create vases and free forms using coil techniques. Pottery will be medium-fired with use of white clay and non-toxic glazes. Fee includes clay, firing, glazes and instruction.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131032	7-14	LCCC	Apr14-May12	4:45PM-6:45PM	5	W	Gonzalez	\$125
131033	7-14	LCCC	Apr16-May14	4:15PM-6:15PM	5	F	Gonzalez	\$125
131036	7-14	LCCC	May26-Jun23	4:45PM-6:45PM	5	W	Gonzalez	\$125
131037	7-14	LCCC	May28-Jun25	4:15PM-6:15PM	5	F	Gonzalez	\$125



### Ceramics Beg/Int Ages 13 & up

Perfect for both beginners and those with

experience! Beginning participants will learn hand-building techniques: building a pinch pot, coil pot and slab-built vessel, glazing and an introduction to wheel throwing. Intermediate / continuing students will receive instruction on current works and continuing instruction on the wheel. \$25 glazing and

firing fee due at first class. Additional clay is available for purchase in class: \$9/25 lbs.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
131038	13 & up	LCCC	Apr13-Jun15	7:00PM-9:30PM	10	Tu	Gonzalez	\$279

## Visual Arts (cont'd)

### Bobbin Lace Making Beg/Int Ages 12 & up

Bobbin Lace is a fascinating type of fiber art that has been around for centuries. This unique craft makes a great hobby that is fun to learn. Beginners' projects follow a clear, step-by-step course and include a series of specially selected designs. Intermediate students gain more experience by moving up to the next level. Starting class members will purchase a supply kit (\$39.00) at the first meeting.

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## Bobbin Lace Making-Continuing Ages 12 & up

Refine their skills while working on larger and more intricate patterns. Class projects include a variety of designs with both traditional and contemporary applications. A supply list will be given in class.

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# Creative Scrapbooking Ages 9-14 and 15 & up

Nowadays, it's common for people to keep their photos on their computer, never printing them out to display. This class would offer a time for people to gather their photos and learn to creatively display them in a book. Learn how to use cool layouts, funky fonts, and much, much more to break out into sizzling scrap book pages. \$20 material fee due at first class.

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 132427
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### Pathways to Public Art Ages 14 & up

Learn the public art process of artist selection design. View a portion of the City of Fremont's tory then create your own artwork using a simi-

public art inventory then create your own artwork using a similar medium. Instructor Alison Kieft shares her love of art in this informative and interesting new class.

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 14 & up
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 Apr25-May16
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#### Stained Glass Ages 15 & up

In this class for beginning and continuing students, each person will create his/her own beautiful stained glass projects. Learn glass cutting, foiling and soldering techniques of this timeless craft to create boxes, lamps and more. Lightbox and grinder available. Approximate cost of supplies is around \$75+. Most suppliers give students discounts; many are on-line.

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 15 & up
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### Beginning Floral Design Ages 18 & up

Create beautiful flower arrangements every week! You will learn basic design, color theory, care, and handling of flowers, and bow-making techniques. You may bring your own containers and floral tools. All supplies will be available at class.\$18-\$22 materials fee per week for flowers, ribbons, etc.

BAR AGE LOC DATES TIME # DAY INST FEE 131999 18 & up FF Apr15-May27 7:00PM-8:30PM 7 Th Jimenez \$99

### **Photography**

Instructor Len Cook has 15 years experience as a photojournalist and over 25 years as a photographer and instructor.

### Digital Photography Ages 14 & up

We will discuss camera basics and techniques for taking better pictures: portraits, family pictures, action pictures, travel pictures, and close-ups. Learn safe ways to store your pictures outside your camera so you won't lose your pictures! You'll also learn how to re-use the space on your memory card. We will answer questions like: What do the extra controls on my camera mean? How can I use the extra controls to make better pictures? What difference do they make? My camera can make lots of different sizes of pictures. Which size should I use? Should I always make the biggest size picture?

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 14 & up
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### Digital Photography II Ages 14 & up

You will learn to control your images and efficiently share them! Focal length, viewpoint, composition, lighting, sharpness and other controls contribute to the message in your photos. You will explore free and low-cost photo editing software as well as free and low-cost online photo sharing. Finally, you will learn how to get the best possible results from online or local printing services.

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 132182
 14 & up
 IRCC
 Apr18-May23
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 \$119



#### Outdoor Portraiture Ages 14 & up

People pictures are often best when simplest. Keeping portraits simple outdoors can be a challenge. Many distracting elements in the background, and shadows on the face spoil the photo. This workshop will focus on improving the photographer's eye for portraits, and simplifying the portrait image for pleasing results, free from shad-

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ows and distractions.

#### The Panorama Landscape Ages 14 & up

Whether your camera has built-in panorama capabilities or not, you can improve your techniques for creating decorative images from landscapes, whether grand as Yosemite or modest as a garden. This class will focus on tools and techniques in the field and will provide you with free resources to improve processing in the computer.

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### Advanced Floral Design Ages 18 & up

This class is a continuation of the beginning class and is for those who have some flower arranging experience. Based on new floral trends, this class focuses on color theory, design techniques, and styles such as Ikebana and Tropical. \$18-\$22 materials fee per week for flowers.

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## **Community Centers**

CCC Centerville Community Ctr	)) 791-4324
CPGB Centerville Community Ctr. Playground Bldg 3355 Country Dr., Fremont 94536 (510	)) 791-4324
FCC Fremont Community Ctr	)) 790-5541
FRC Family Resource Ctr	)) 574-2000
IRCC Irvington Community Ctr. (Wally Pond) 41885 Blacow Rd., Fremont 94538 (510	)) 791-4334
LCCC Los Cerritos Community Ctr	)) 791-4351
NPC Niles Program Ctr	
OHAC Olive Hyde Art Ctr	)) 494-4322
TNC Teen Ctr	)) 790-5541
WSCC Warm Springs Community Ctr	)) 791-4318
WSPGB Warm Springs Community Ctr. Playground Bldg 47300 Fernald St., Fremont 94539 (510	)) 791-4318

## Parks/Facilities at the Parks

AHF Ardenwood Historical Farm/Patterson House 34600 Ardenwood Blvd., Fremont 94555 (510) 791-4196
AAW Aqua Adventure Waterpark
CP Central Park
CPVSC Central Park Visitor Services Ctr 40000 Paseo Padre Parkway, Fremont 94538 (510) 790-5541
CPSBC Central Park Softball Complex
CPSC Central Park Soccer Complex
CCP Centerville Community Park
FPGPC Fremont Park Golf and Practice Ctr 39751 Stevenson Pl., Fremont 94539 (510) 790-1919
LE Lake Elizabeth
IRCP Irvington Community Park
NGCP Northgate Community Park Paseo Padre Parkway & Milton, Fremont 94555 N/A
NP Nordvik Park
SHP Shinn Historic Park & Arboretum
SPHP Sylvester P. Harvey Park
TC Fremont Tennis Ctr
WSCP Warm Springs Community Park

## **Other Locations**

AES Azevada Elementary School
AM Academy of Music
ASAF American Swim Academy, Fremont
ASAN American Swim Academy, Newark
CB City Beach
DGA Demaray's Gymnastics Academy
FF Fremont Flowers
HF Hillcrest Farms
MAA Martial Arts America
NVMH Niles Veterans Memorial Hall
PRDO Parks & Recreation Department Office 3300 Capitol Ave, Bldg B, Fremont 94538 (510) 494-4300
SIF Sharks Ice at Fremont
VYVR Vida Y Vino Restaurant
WTRS Western Trail Riding Services Sunol Regional Wilderness, Sunol 94586 (925) 862-9044



#### Recreation **Commission**

Meets first Wednesday of every month at 7 p.m. Council Chambers 3300 Capitol Ave Building A

Laura Winter, Chair Shawon Dunston, Vice Chair

#### **Commission Members**

Joyce Blueford John Christman Frank Pirrone Roman Reed Larry Thompson

#### Parks & Recreation Director

Annabell Holland

#### City Council

Meets first, second, and fourth Tuesday at 7 p.m. On the third Tuesday at 4 p.m. (times may vary).

Council Chambers 3300 Capitol Ave, Building A

Bob Wasserman, Mayor Bob Wieckowski, Vice Mayor

#### **Councilmembers**

Anu Nataraian Bill Harrison Suzanne Lee Chan

#### City Manager Fred Diaz

For City Council and Commission agendas, call (510) 284-4094

#### Parks & Recreation **Department Advisory Bodies**

**Patterson House Advisory Board** (510) 494-4451

**Youth Advisory** Commission (510) 494-4344

Look for the small graduation cap. These City activities are eligible for CP4U credit.

# **Facility Rentals**

Looking for a place to hold a party, reception, special event or business meeting?



#### **Centerville Community Center** 3355 Country Drive, (510) 791-4324 Dining up to 230-person capacity Meetings up to 275-person capacity

#### Fremont Community Center

40204 Paseo Padre Parkway, (510) 790-5541 Up to 110-person capacity



#### **Los Cerritos Community Center** 3377 Alder Avenue, (510) 791-4351 Dining up to 150-person capacity Meetings up to 175-person capacity



#### Olive Hyde Art Center

123 Washington Boulevard, (510) 494-4322 Dining/Meetings up to 75-person capacity

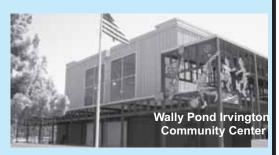
#### Vallejo Adobe

36500 Niles Boulevard, (510) 790-5541 Up to 50-person capacity inside/50 outside



#### **Teen Center**

39770 Paseo Padre Parkway, (510) 790-5541 Dining/Meeting up to 240-person capacity; smaller room for 50-60



#### Wally Pond Irvington Community Center 41885 Blacow Road, (510) 791-4334 Meetings up to 85-person capacity



#### **Warm Springs Community Center** 47300 Fernald Street, (510) 791-4318 Dining up to 150-person capacity Meetings up to 225-person capacity

#### **Shinn Historical Park**

1251 Peralta Boulevard, (510) 790-5541 Site is available for rentals April-September Up to 200-person outside capacity

#### Curious about one of our classes?



#### Discover a new interest without risking a lot!

Using our TRY-IT Pass you can register for any class showing the symbol for just \$5\*. Then if it's love at first try, pay for the rest of the course. Your \$5 payment will be credited toward the remaining registration fee. If you don't wish to continue, you have no further obligation.

Call (510) 494-4300 for more information.

#### **Terms and Conditions**

- PASS IS NONREFUNDABLE.
- Pass is only good for the first class of a course which has the my symbol.
- You must register for the TRY-IT Pass at the Main Recreation Office at 3300 Capitol Ave, Bldg. B - no online registration.
- Passes are limited Only two TRY-IT Passes are available per course per session. Be the first to sign up!

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(622 PALESTER)		FIRST NAME	Pa I		
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☐ VISA ☐ MasterC	ard Expiration date:	Card number:			
Cardholder signature:		Cardholde	r printed name:		
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THE CITY OF FRE from all liability to the damage, or claim to undersigned, wheth or undersigned's fa activity.  2. THE UNDER liability, claims, der establish the release	RSIGNED HEREBY RELEAS MONT, ITS EMPLOYEES, Cool of the control of	SES, WAIVES, DISC OFFICERS AND AG sonal representative to the person, und ct or omission of the in a City activity or S TO INDEMNIFY Al larges, expenses, a red on appeal) resul	DERSIGNED AGREES TO CHARGES AND COVE ENTS (hereinafter refe es, assigns, heirs, and re lersigned's family mem releasees or otherwise, using any City facilities ND HOLD HARMLESS and attorney fees (including from involvement in	NANTS N rred to as next of kin, iber, or pri , while the in connect the relea- uding atto	LOWING: "releasees, for any los operty of the undersignent of the common of the com
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#### **CANCELLATIONS**

The Parks & Recreation Department reserves the right to cancel a class for any reasonable cause. Should this happen, your fee will be refunded in full or you may transfer to any other open class.

#### **NON-RESIDENT FEES**

For persons not residing in Fremont the fee is \$5 in addition to the published fee per class.

#### **SENIOR CITIZEN DISCOUNT**

Seniors (age 60 or older) receive a 10% discount on all classes except those designated for seniors.

#### REFUND POLICY

Please make your selections carefully. Refunds are allowed if requested up to one business day prior to the start of the activity. A \$10 per class service charge will be deducted from your refund. Please allow up to two weeks for receipt of refund check.

#### TRANSFER POLICY

Transfers will be allowed up to one business day prior to start of class if requests are accompanied by the original registration confirmation card or online confirmation print out. There is no charge for this service.

Register early to help assure your activity choice. Activities may be cancelled if there is insufficient enrollment. All information in this schedule is subject to change.

### **Registration Form**

Now it is easier than ever to register!

- BY INTERNET www.regerec.com Master Card and Visa only
- Attention: Registration (510) 494-4375

  Master Card and Visa only
- City of Fremont
  Parks & Recreation Department
  Attention: Registration
  P.O. Box 5006
  Fremont, CA 94537-5006
- You may drop off your registration forms in the mail slot to the left of the door at 3300 Capitol Avenue, Bldg. B after hours. It will be treated as a mailed registration.
- IN PERSON City of Fremont Parks & Recreation Department 3300 Capitol Avenue, Bldg. B Fremont, CA 94538 Open 8:30 a.m.-5:00 p.m., Mon-Fri (510) 494-4300

#### **PAYMENT**

- IF PAYING BY CREDIT CARDS We accept Master Card and Visa. Fill out the registration form including expiration date, card number and signature. Incomplete registration forms will be mailed back to the customer.
- IF PAYING BY CHECK Make check payable to the City of Fremont.

#### **Financial Assistance**

The City of Fremont and the Fremont Cultural Arts Council have established a grant program which provides financial assistance for Fremont residents.

For information regarding registration for reduced fees, please call (510) 494-4300.

All requests are kept confidential. Should you or your business wish to contribute to this scholarship program, please contact us at the number listed above.

Donations are tax deductible.

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Learn to make SUSHI...p. 14

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